



2025 MPS OUTSTANDING PSYCHIATRIST AWARDS

EDUCATION - Todd Griswold, MD



Dr. Todd Griswold received his undergraduate education from Yale University with a B.S. in Molecular Biophysics and Biochemistry (cum laude) and earned his M.D. from Columbia University College of Physicians & Surgeons. He completed his psychiatry residency at the HMS program at The Cambridge Hospital and served as Chief Resident of the Psychiatric Emergency Service at the Cambridge Hospital.

Since completing his psychiatry residency, he has dedicated much of his career to medical student and psychiatric education. During residency, he began teaching in the second-year Harvard Medical School (HMS) Psychiatry 700M.J Introduction to Psychopathology course and has continued participating in that course almost every semester since then. In his PGY 4 year, at the recommendation of Dr. Leston Havens (his mentor), he started teaching medical students in the HMS pre-clerkship psychiatry course and has continued to teach in the course for the last 32 years. He has been HMS Director of Medical Student Education in Psychiatry overseeing psychiatry education across the 4-year HMS curriculum, HMS Psychiatry Clerkship Director for the past 10 years, and led the initiative to further develop and integrate a robust Substance Use and Pain curriculum at HMS. Since 2017, he has been the Course Co-Director for the Psychiatry component of Mind, Brain, and Behavior course at HMS and continues to be the Committee Chair for the Psychiatry Clerkship Committee at Harvard Medical School.

He has also been the psychiatry course co-director for the Psychiatry Core Clerkship at Cambridge Health Alliance (CHA) and by 2009, was the clerkship director for psychiatry in the HMS-Cambridge Integrated Clerkship (HMS-CIC). He is currently Psychopharmacology supervisor for PGY-3 Psychiatry residents at CHA and is clinical supervisor of Mindfulness Training for Primary Care groups and Mindfulness Based Cognitive Therapy groups at CHA, supervising residents, psychology trainees, and social work fellows.

Dr. Griswold has also been invited as presenter and/or speaker on medical student and psychiatry education for several conferences locally and nationally. For his excellence in teaching, he has been honored with numerous teaching awards, including the Alfred Margulies Award for Excellence in Medical Student Education at CHA; the Leston Havens Teaching Award, Department of Psychiatry, CHA; the Nancy A Roeske, MD Certificate of Recognition for Excellence in Medical Student Teaching, American Psychiatric Association; the Cynthia N. Kettyle Teaching Award for medical student education in psychiatry, HMS; and the Sandra and Arnold Gold Award for Humanistic Teaching, HMS.

Dr. Griswold's clinical work has been based in public sector community psychiatry, mostly at Cambridge Health Alliance, and at Tewksbury Hospital and the Edith Nourse Rogers Memorial Veterans Hospital. He has worked in outpatient, partial hospital, inpatient, and emergency settings. He is currently Medical Director at the Center for Mindfulness and Compassion at Cambridge Health Alliance, where he works to integrate mindfulness into outpatient mental health treatment and has taught in the advanced clinical mindfulness fellowship program. He is the author of 20 publications from his research investigations and work on education. He is Assistant Professor of Psychiatry at Harvard Medical School (HMS), a member of the American Psychiatric Association, Massachusetts Psychiatric Society, and the Association of Directors of Medical Student Education in Psychiatry.

In recognition of his outstanding achievement and dedication to Psychiatric Education, the Massachusetts Psychiatric Society is proud to honor Dr. Todd Griswold with the 2025 Outstanding Psychiatrist Award for Education.



CLINICAL PSYCHIATRY – Suzanne Bird, MD, DLFAPA



Dr. Suzanne Bird is currently Assistant Professor of Psychiatry at Harvard Medical School and a Staff Psychiatrist at Massachusetts General Hospital. She is a graduate of Amherst College and Dartmouth Medical School and completed her psychiatry residency training at Tufts Medical School. Following Psychiatry residency training where Dr. Bird met her husband Dr. Bob Joseph, they moved together to Cambridge Hospital where she worked in a variety of outpatient settings until becoming Director of the Psychiatric Emergency Service there in 1997 – a position that she held for 16 years until moving in 2013 to MGH to take on the role of Director of the Acute Psychiatry Service in the Massachusetts General Hospital Emergency Department.

At MGH, Dr. Bird continued to expand her clinical leadership skills as an emergency psychiatrist, building close collaborations with both internal and external stakeholders, creating a dedicated team of psychiatric nurse practitioners to provide more longitudinal care for long-stay ED psychiatric patients, and working with hospital and emergency medicine leadership to create a dedicated 20-bed acute psychiatry service where emergency psychiatric patients could receive more private and therapeutic care. Throughout years of relentless systemic challenges, the extreme demands of the COVID pandemic on healthcare delivery, and the weight of bearing witness to the suffering of acutely ill patients, she has been sustained by her close working relationships with colleagues in all roles and disciplines, and by her active involvement in research, teaching, training and mentorship.

Over the past 30 years Dr. Bird has taught pre-clinical medical students, rotating students from Harvard and elsewhere, acted as a core faculty member for the psychiatric residency programs first at Cambridge and then at MGH, while also providing active mentorship to more junior faculty. After almost 12 years as APS Director, in 2024 she stepped back from this role. She is currently seeing outpatients in the private practice she has maintained since finishing residency, acting as an expert legal consultant, and continuing to provide bedside teaching and mentorship to Harvard Medical students during their core rotation in psychiatry.

As an English major and lifelong reader, Dr. Bird has always been drawn to individual narratives and curious about how people experience and make sense of their lives. As a psychiatrist and as a teacher, she has maintained these interests working with individuals in acute distress in the emergency department while also getting to know her outpatients on a longitudinal basis. She considers these human stories the foundation of her career and feels privileged that psychiatry has offered her the opportunity for such meaningful connection with others.

The MPS is pleased to present Dr. Suzanne Bird with the Massachusetts Psychiatric Society 2025 Outstanding Psychiatrist Award for Clinical Psychiatry.



PUBLIC SECTOR – Siu Ping Chin Feman, MD, DLFAPA



Dr Siu Ping Chin Feman graduated from Tulane University School of Medicine in 2010. She then completed the Harvard Longwood Residency Program in Psychiatry in 2014 and subsequently the Partners Healthcare Addiction Fellowship in 2015. She currently is Voluntary Assistant Professor at the University of Massachusetts Medical School. Her career has focused on the severely mentally ill with emphasis on addiction and homelessness. Since 2021, she has served as Medical Director of Homeless Services at Eliot Community Health Center, a human services agency that provides comprehensive mental health, addictions, and case management services to unhoused individuals across the state. Utilizing psychopharmacology, harm reduction, and public health approaches, Dr. Chin Feman has offered street outreach, telehealth services, home visits, and respite care to individuals at various stages of their housing journeys. She has offered care to some of the most marginalized people in our society, including those living at Boston's Mass & Cass and in the now-shuttered residential harm reduction program at the Shattuck Cottages. Prior to her work with Eliot, she provided psychiatric and addiction services at Community Healthlink and UMass' Homeless Outreach and Advocacy Program (HOAP). She also previously served as Medical Director at the Bedford VA Substance Use Disorder Service and as Medical Director at the Gavin Foundation. In her clinical and leadership roles, she is known to be compassionate, person-centered, and fiercely devoted to supporting the wellbeing of her patients.

Dr. Chin Feman has been an educator and mentor in community psychiatry, hosting trainees from UMass Chan Medical School, providing lectures to residents, and giving grand rounds at Harvard Medical School's Beth Israel Deaconess Medical Center, entitled "From Street to Home: Homeless Outreach and Psychiatry in Boston." She is Course Director of the Addiction and Psychiatry Module of the Addiction Psychiatry fellowship at the University of Massachusetts Medical School.

Dr Chin Feman has also been a coinvestigator on SAMHSA grants focused on maintaining individual independence and sobriety through systems integrating, outreach and Networking. Her research informs and guides her clinical work.

Dr Chin Feman is a distinguished Fellow of the APA and was awarded a Travel Fellowship by the American Academy of Addiction Psychiatry. She has served the Massachusetts Psychiatric Society in several capacities, most notably as the chair of the Public Sector Committee from 2015-2020, advocating for improved policies and practices. She has served as both Secretary (2015-2020) and Councilor (2022-present) of the MPS Council. She has testified before the state legislature on MPS legislative initiatives. Nationally, she has been an active participant in the Judges and Psychiatrists Leadership initiative, an effort to improve outcomes for those with mental illness and/or addictions and justice involvement. She has engaged extensively in educating her fellow physicians, her patients, our legislators, and the public about how to treat and care for some of our most challenged and challenging patients. Her approach is a remarkable blend of practical compassionate care with careful academic rigor. The Massachusetts Psychiatric Association is pleased to recognize her excellent contributions to our field with the 2025 Outstanding Psychiatrist Award for Public Sector.



LIFETIME ACHIEVEMENT –Ross J. Baldessarini, MD, M.A. (hon.) D.Sc. (hon.), DLFAPA



Dr. Ross Baldessarini graduated from Williams College with highest honors and was elected to Phi Beta Kappa in his junior year. He received his MD from Johns Hopkins Medical School followed by post-doctoral training in neuroscience at the NIH and a psychiatry residency at Hopkins Phipps Psychiatric Clinic, where he served as chief resident. In 1969, he helped establish the Laboratories for Psychiatric Research at MGH which he directed before moving to the new Mailman Research Center at McLean Hospital in 1977. There he directed a new bipolar and psychotic disorder program and programs for clinical psychopharmacology training and founded the International Consortium for Mood and Psychotic Disorders Research. He is a tenured Professor of Psychiatry and Neuroscience at Harvard Medical School and holds an honorary M.A from Harvard University and an honorary D.Sc. from Massachusetts College of Liberal Arts. He is also currently a MGH consulting psychiatrist.

An internationally known research neuropsychopharmacologist, Dr. Baldessarini has made many seminal contributions to basic scientific understanding of central monoaminergic neurotransmitter systems, their involvement in the pathophysiology of neuropsychiatric disorders and actions of antipsychotic and mood altering medicines with contributions to causes of tardive dyskinesia and hepatic encephalopathy, evidence for an anti-suicidal effect of lithium and more effective uses of psychotropic medicines and their safer discontinuation. He has served on editorial boards of 45 leading neuroscience, pharmacology, and psychiatric journals, trained over 170 laboratory and clinical investigators, and has over 3400 scientific publications. He is on the Institute of Scientific Information list of most cited authors in pharmacology and psychiatry. Additionally, he authored three editions of *Chemotherapy and Psychiatry*. For several decades, he also wrote the chapters on psychopharmacology for the standard American textbook on pharmacology, Goodman and Gilman's *Pharmacologic Basis of Therapeutics*.

Dr. Baldessarini has received many local, national, and international awards, including Scholar of Johns Hopkins University, Efron Research Prize from the ACNP, Falcone Prize for Bipolar Disorders Research from the NARSAD, the AFSP research prize on anti-suicide effects of lithium, Harvard Medical School Silen Lifetime Mentoring Award and Schou Lifetime Award for teaching on bipolar disorder, lifetime research award from the University of Rome, and lifetime achievement award from AACP.

Dr. Baldessarini has educated a generation of medical trainees, investigators, and psychiatrists in psychopharmacology and biological aspects of psychiatry. He is widely regarded as having an unusually broad and critical perspective on integrating basic research in neuroscience and pharmacology with problems in clinical research and contemporary psychiatric practice.

In recognition of his more than 50 years of outstanding contributions to the field of psychiatry, the Massachusetts Psychiatric Society is honored and privileged to present Dr. Ross J. Baldessarini with its 2025 Outstanding Psychiatrist Award for Lifetime Achievement.



RESEARCH - DAVID MISCHOULON, MD, PhD, DLFAPA



Dr. David Mischoulon completed his undergraduate education at Haverford College and received his MD and PhD (Biochemistry) degrees from Boston University School of Medicine, graduating in 1994. He completed residency in adult psychiatry at Massachusetts General Hospital (MGH) in 1998, serving as Chief Resident in Psychopharmacology. He later received additional training in hypnosis and medical acupuncture. David has continued his prolific career at MGH over the past 27 years, now serving as Director of the Depression Clinical and Research Program (DCRP) and the Joyce Root Tedlow Professor of Psychiatry at Harvard Medical School.

Dr. Mischoulon's research has focused on various areas of depression, including psychopharmacology and complementary and alternative medicine. His research on omega-3 fatty acids has been funded by NARSAD, NCCAM/NCCIH, and the NIH. He mentors researchers from all over the world. He has published more than 360 articles, a textbook on natural medications, and a guide to treatments of depression. He has been an invited speaker at various sites around the country and internationally. He is a Distinguished Life Fellow of the American Psychiatric Association.

In addition to his research activities, Dr. Mischoulon teaches and supervises MGH/McLean psychiatry residents and Harvard medical students, and lectures in various MGH/Harvard continuing medical education programs. He serves as Director of Training in the MGH Clinical Trials Network and Institute (CTNI), where he educates research clinicians on the proper administration of diagnostic instruments in clinical trials. He also cares for patients through the DCRP clinical practice and is regularly sought out for consultation regarding management of treatment-resistant depression and use of complementary therapies for psychiatric disorders.

As one of his nominators writes, "I am recommending Dr. Mischoulon because of his impact, generativity, and creativity. Dr. Mischoulon has been responsible for many clinical innovations in the treatment of psychiatric disorders. These include the application of natural and herbal remedies, acupuncture, medical devices [e.g., cranial electrical stimulation], and heat as treatments. He has also developed novel strategies in the management of special populations such as Spanish and French speaking patients, patients with comorbid medical conditions, and the utilization of medications for substance abuse such as acamprosate and naltrexone as potential antidepressant agents. He has served as mentor to over 30 doctoral level professionals who have gone onto successful, independent clinical research careers." A second nominator adds, "We are fortunate to have so many talented psychiatrists in Massachusetts and it may be difficult to identify who should be honored. I believe that Dr. Mischoulon is unique because in addition to his evident accomplishments as a physician and researcher, he is also a wonderful colleague who has never lost his commitment to the community."

In recognition of his outstanding achievements and dedication, the Massachusetts Psychiatric Society is proud to honor Dr. David Mischoulon with the 2025 Outstanding Psychiatrist Award for Research.



ADVANCEMENT OF THE PROFESSION Gary Chinman, MD



Gary Chinman, M.Ed., M.D., a graduate of Hobart College, received his master's degree in education from the University of Massachusetts, and his medical degree from The Dartmouth Geisel School of Medicine. Following the completion of his residency training in Adult Psychiatry at the Massachusetts Mental Health Center, he did fellowships in Psychopharmacology at the Harvard Community Health Plan, and Psychotherapy and Student Health at the Harvard University Health Services. Dr. Chinman also obtained a certificate in Physician Leadership through the Brigham Women's/Harvard Business School, a certificate in Quality Improvement in Healthcare from Intermountain Healthcare, Salt Lake City Utah, and a certificate in the Executive and Personal Coaching Intensive from the College of Executive Coaching.

After completing residency, Dr. Chinman served as outpatient staff psychiatrist with the Harvard Community Health Plan and Harvard University Health Services. He then joined the staff of the Brigham and Women's Hospital, where he was Director of Managed Care, Quality Assurance/I/Compliance and Urgent Care and the Co-Director of the Outpatient Division for the Department of Psychiatry. From 2010-2016, he had outpatient psychiatry practice where he sub-specialized in evaluating and treating physicians and served as Associate Director of Physician Health Services, an independent subsidiary of the Massachusetts Medical Society. Currently, he maintains a busy outpatient psychiatry practice focused on the sub-specialty of evaluating and treating physicians.

As an educator, Dr. Chinman is known for his teaching and psychotherapy supervision skills. He is an Assistant Professor of Psychiatry at Harvard Medical School and has supervised psychiatric residents for over 20 years, taught clinical interviewing skills to first year Harvard medical students, and mentored junior faculty. He was on the Curriculum Committee for the Harvard Longwood Psychiatry Residency Training Program and the Cognitive Behavioral Therapy (CBT) Subcommittee and served as course Co-Director for the CBT course for PGY IIs and IIIs. He also taught PGY IVs on Health & Mental Health Care Delivery Systems in Psychiatry and supervised social workers on Psychodynamic Psychotherapy.

Dr. Chinman is a former president of Massachusetts Psychiatric Society and was the Massachusetts Representative to the American Psychiatric Association Assembly for four years. A significant contribution to the advancement of our profession is his coaching skills. He was a member of the Accountability Leadership Healthcare Team for the Levinson Institute for over twelve years. As a board-certified coach, he served as a senior consultant at the Levinson Institute, and taught leadership skills to corporate and physician executives, many of whom also requested his coaching. Henceforth, he has a Private Coaching Practice in addition to his Private Psychiatric Practice. Given his strengths in health care delivery, he has been an invited speaker to several local presentations focusing on Medicare compliance, HIPAA and the use of the Longitudinal Medical Record. He has also contributed to scientific literature with several publications, teaching exhibits and book chapters.

In recognition of his dedication and major contributions to the profession, the Massachusetts Psychiatric Society is proud to honor Dr. Gary Chinman with the 2025 Outstanding Psychiatrist Award for Advancement of the Profession.



EARLY CAREER PSYCHIATRY - Margarita Abi Zeid Daou, M.D



Margarita Abi Zeid Daou, M.D., is a forensic psychiatrist and assistant professor in the Department of Psychiatry at the University of Massachusetts Chan Medical School (UMass). Dr. Daou graduated from the University of Balamand, El-Koura in Lebanon in 2012, completed a psychiatric internship at the St. Georges Hospital University Medical Center in Ashrafieh, Lebanon, and her psychiatric residency at the Vanderbilt University Medical Center in Tennessee. She then pursued fellowship training in Forensic Psychiatry at UMass completing her studies in 2018.

Since 2018, Dr. Daou has been prolific in her academic, clinical, teaching, and administrative roles within the Department of Mental Health's Worcester Recovery Center and Hospital (WRCH), UMass, nationally and internationally. Her current position with WRCH is Associate Facility Medical Director and Training Director for the Forensic Psychiatry Fellowship of UMass Chan. She is a Designated Forensic Psychiatrist with DMH and an Expert Witness for Massachusetts Courts. And she has a private practice.

Dr. Daou is richly involved in the academic life of her peers and trainees at UMass, Mass Psychiatric Society, American Academy of Psychiatry and the Law (AAPL), Association of Directors of Forensic Psychiatry, and the American Psychiatric Association. She is the Program Chair for AAPL's 2026 Annual Meeting in Tampa FL. She reviews manuscripts for and serves as a member of the Editorial Board of the *Journal of American Academy of Psychiatry and the Law* and is co-editor for two special issues of *Behavioral Sciences and the Law*. Since the start of her membership with AAPL in 2016, she has been on the Ethics Committee, Research Committee, Cross-cultural Committee, and serves on the Annual Meeting Program Committee.

She is first author of four of her nine peer reviewed publications while also publishing non-peer reviewed contributions in Psychiatric News, book reviews, book chapters, a legal digest, and Policy Statement concerning telepsychiatry for the APA. Dr. Daou has been invited to give Grand Rounds presentations and participates in the Law and Psychiatry Seminar series at UMass, and she extends herself regularly to train psychiatric residents at Boston Medical Center, Cambridge Health Alliance, and Boston University. Her peer education efforts reach internationally to Spain, Austria, France, and Italy as well as throughout the United States.

Her involvement with MPS and the APA since starting residency in 2014 includes service as a Council Member and now as an APA Representative for MPS. Other activities with the APA that benefit from Margarita's keen discernment and problem-solving talent include participation on the Correctional Committee, Judicial Action Committee, Racial and Social Justice Workforce, as well as the Scientific Program Committee.

Dr. Daou continues to step up as a leader who goes the extra mile for patients, colleagues, and the needs of the institutions she serves. Her ethical foundation is matched with impeccable clinical skill, mentorship, and leadership potential. On a personal note, she married earlier this year and enjoys a full and rich life as she continues to integrate her generous contribution of her expertise and skills to patients, trainees, peers, and the larger public while maintaining her resilience and care for herself, family, and community. MPS is proud to honor Dr. Daou with the 2025 Outstanding Psychiatrist Award for an Early Career Psychiatrist!