



2023 MPS OUTSTANDING PSYCHIATRIST AWARDS

EDUCATION - Richard Gomberg, MD



Dr. Richard Gomberg was graduated Summa Cum Laude from Yale University where he was elected to Phi Beta Kappa during his junior year. He then went on to Harvard Medical School from which he was graduated in 1995. During a summer he served as Congressional Fellow in the office of Senator Paul Wellstone, where Dr. Gomberg wrote legislation which addressed national mental health care and substance abuse treatment needs.

After completing a medical internship at Boston's Beth Israel Hospital, Dr. Gomberg began a psychiatric residency at the Cambridge Health Alliance where he was appointed chief resident in psychopharmacology. Following residency, he worked as an attending at Cambridge Health Alliance. The residents there awarded him the Outstanding Early Career Psychiatrist Award for his mentorship and integrative teaching of psychopharmacology and psychodynamic psychotherapy. Dr. Gomberg also taught at Harvard Medical School in the Psych- 700 Course and in the four-week Psychopharmacology Seminar.

During his last year of residency, Dr. Gomberg was accepted for training at the Boston Psychoanalytic Institute (BPSI). Upon completion of training, he applied for and received certification as a psychoanalyst by the American Psychoanalytic Association in 2013. He was appointed as Training and Supervising Analyst at BPSI in 2015. For the last 12 years Dr. Gomberg has been the Director of Psychotherapy Training and co-chair of the Education Division at BPSI. In that role he has overseen the one-year fellowship in Psychoanalytic Psychotherapy and the three-year Advanced Training Program in Psychoanalytic Psychotherapy. He was also instrumental in creating the Child Fellowship in Psychoanalytic Psychotherapy. These programs which provide psychodynamic psychotherapy education to psychiatrists, psychiatric residents, psychologists, social workers, and other mental health clinicians are nationally recognized for their excellence. Dr. Gomberg has also mentored generations of new teachers and helped recent BPSI graduates begin their careers.

Dr. Gomberg became a Training Analyst in 2015 and has taught a wide variety of courses to analytic candidates at all levels. Students have repeatedly commented on his ability to explain complicated, abstract theories in ways that make them come alive and feel clinically relevant.

Dr. Gomberg has also served as Chair of BPSI'S Academic Lecture Committee, where he helped many students give their first public presentations. He has served on the Inclusion and Diversity in Education Committee at BPSI, and he is committed to increasing the diversity of students, graduates, and faculty in our academic institutions.

Students have repeatedly commented on his ability to explain complicated, abstract theories in ways that make them come alive and feel clinically relevant. One of his students recently wrote: "Richard was hands down the most phenomenal instructor I've ever had in all my graduate and post graduate training. He set the tone for a safe, playful, curious atmosphere, and skillfully facilitated a group process wherein we all took up the work joyfully together with respect and camaraderie. He was incredibly supportive and encouraging, while delivering feedback that was clearly grounded in a wealth of expertise and commanding knowledge of theory and technique. His contributions regularly called me to think about clinical material in a new way, consider a new angle, with deep and authentic compassion for the patient as the foundation. He did a deft job of bringing in manageable pieces of theory to understand a formulation. or an intervention and was a wonderfully organizing and synthesizing force in the room."

The Massachusetts Psychiatric Society is pleased to present Dr. Richard Gomberg with the 2023 MPS Outstanding Psychiatrist Award for Education.



CLINICAL PSYCHIATRY - Alexandra Pinkerson, MD



Dr. Alexandra Pinkerson received her MD from Boston University School of Medicine (cum laude), where she also completed a Residency in Adult Psychiatry, a Fellowship in Consultation Liaison Psychiatry, and an Advanced Fellowship in Geriatric Neurology. During this training, she also completed a Fellowship in Psychoanalytic Psychotherapy at the Boston Psychoanalytic Institute and was a Faculty Scholar at the Center of Excellence in Geriatrics at Boston University Medical Center.

Dr. Pinkerson has dedicated much of her medical career to working with patients suffering from severe mental illness, trauma and social stressors. Following her training, she has worked in Quincy, Massachusetts as a Staff Psychiatrist at the South Shore Mental Health Center's Clinic for Outpatient Services and as an Attending Psychiatrist on a Department of Mental Health inpatient psychiatry unit. She had a concurrent private practice in adult psychiatry. Since 2009, she has been an Attending Psychiatrist for the Veterans Administration Boston Healthcare System (VABHS). She currently serves as Medical Director of Inpatient Psychiatry for VABHS. Her clinical skills in psychopharmacology, psychotherapy and inpatient milieu management have helped move the inpatient service in its constant refinement of veteran-centered care, evidenced-based treatment, multi-disciplinary care, and safety. She created a transparent on-line rotation for acute inpatient admissions, which ensured staff fairness in workload and improved the system of clinical handoffs between services. During this COVID 19 pandemic, she led our clinical staff in providing in-person care for patients in crisis. She participated in policy-making as the inpatient service formulated and implemented the changing rules and protocols in partnership with Infectious Disease to provide safe inpatient care e.g., opening and closing Covid positive units and constantly educating our patients about best practices to keep everyone safe. Although meetings and classes moved on-line, she and the clinical staff were able to provide in-person masked care in the inpatient service. In addition to her clinical work, she has worked on many committees and work groups focused on improving patient care and safety.

In addition to her clinical and administrative duties, she is a dedicated teacher, working with residents from the Boston Medical Center and Harvard South Shore psychiatry residency programs and medical student clerks from Boston University. She has won multiple awards for her teaching at the Harvard South Shore Psychiatry Residency Training Program and in 2022, was awarded as Mentor of the Year. Her completion of a Master's in Fine Arts has allowed her to integrate art into her teaching of both residents and peers. She has used art to increase awareness of and develop new skills in clinical supervision. Each year, she would facilitate field trips for psychiatry residents to the Museum of Fine Arts and other art museums during our Residents' Program Day to focus on looking at art and addressing the role of the clinician.

For her consistent efforts to provide clinical care to our most needy citizens and her dedication to constant improvement in the provision of the best clinical care, the MPS is pleased to present Dr. Alexandra Pinkerson with the 2023 MPS Outstanding Psychiatrist Award for Clinical Psychiatry.



PUBLIC SECTOR - Hannah Larsen, MD



Hannah Larsen, MD has been a dedicated public sector servant-leader since her completion of residency at Harvard Longwood 10 years ago. Her commitment to the public sector is a springboard for her ongoing clinical, teaching, and advocacy work both within and outside Massachusetts Psychiatric Society. She has dedicated her career to promoting recovery of individuals with severe mental illness in community settings and has worked with Cambridge Health Alliance, Bay Cove Human Services and Eliot Community Human Services. She served as the Medical Director of the Gill Mental Health & Wellness Clinic and of the Center House Day Treatment program. Dr. Larsen formerly served as Medical Director of Eliot's outpatient, emergency services, and crisis stabilization programs. Currently, she provides team-based psychiatric care to patients in the adult Program for Assertive Community Treatment (PACT) at Eliot continuously since 2013. And since 2022, she became the first Director of Psychiatric Integration in Eliot's Adult Community Clinical Services (ACCS) where she continues to serve their psychiatric needs.

Her educational activities include developing and teaching Resident Wellness Workshops, Transition to Practice Seminars about Community Psychiatry at the Harvard Longwood Residency which evolved into separate seminars in the BIDMC and BWH residencies. She supervises nurse practitioners and psychiatric residents rotating on PACT electives. With her commitment and passion for teaching about Recovery and Wellness, she has presented on these topics in regional community settings as well as at the APA's Institute of Psychiatric Services' Annual meetings. Her role with Eliot as their Director of Psychiatric Education and Research is well established.

Her active clinical practice with Eliot Community Human Services is balanced with her avocational interests pursued through her activities with Massachusetts Psychiatric Society. She has been a member of MPS since 2009 and continuously serves on the Public Sector Committee since 2015. She spent a year as a member of the MPS Legislative Committee which helped inform her ongoing advocacy efforts. Hannah raises her voice with surety to state the obvious about gun control, nurse practitioners functioning as physicians, and no short cuts to treating mental illness. She served as the Secretary of the Executive Committee between 2020-2022 spanning the challenges of the COVID-19 pandemic. During that same period, she was called to action concerning Race, Equity and Inclusion resulting in her Co-Chairing the Antiracism Committee, organizing the MPS Antiracism Webinar Series and since 2022 Chairing the Antiracism Committee. She served as the Conference Chair for the MPS Envisioning and Equitable Mental Health Crisis Response presentation and webinar and a Councilor on the MPS Council. She received the Presidential Award last year (2022) for her advocacy efforts to advance diversity and racial equity in our profession.

On a national level, Dr. Larsen has been an active member of the American Association of Community Psychiatrists and is a strong, inspiring, and contributing presence on their listserv. Internationally, she has shared her innovative thinking about recovery at a Canadian ACT conference.

Dr. Larsen earned her medical degree from Emory University School of Medicine and prior to that a BA in Psychology also from Emory University. She then completed her residency training at the Harvard Longwood Psychiatry Residency Training Program, where she served as Chief Resident for the Massachusetts Mental Health Center Partial Hospital and spearheaded several wellbeing initiatives for residents.

Dr. Larsen is just winding up for a pitch that in concert with many around her, with similar interests and commitments, will knock it out of the ballpark to change both the face of MPS and the Behavioral Healthcare Delivery System to meet the diversity and equity needs in our communities.

Given her significant contributions to both MPS and the public sector behavioral healthcare system, it is with great pleasure that MPS awards Dr. Hannah Larsen with the 2023 Outstanding Psychiatric Award for Public Sector Psychiatry.



LIFETIME ACHIEVEMENT – Paul Summergrad, MD, DLFAPA



Paul Summergrad, M.D. is the Dr. Frances S. Arkin professor and chairman of the Department of Psychiatry and professor of psychiatry and medicine at Tufts University, School of Medicine, and psychiatrist in chief at Tufts Medical Center positions he has held since 2004 and from which he will step down this Spring. He also served as the chairman of the Tufts Medical Center Physicians Organization. He is the Secretary for Finances and a member of the executive committee of the World Psychiatric Association Among other leadership roles Dr. Summergrad is a past president of the American Association of Chairs of Departments of Psychiatry.

Dr. Summergrad earned his medical degree from the Jacobs School of Medicine at the University at Buffalo in 1978 where he was elected to Alpha Omega Alpha in his junior year. He first completed training in internal medicine at Boston City Hospital and Boston University School of Medicine and later completed psychiatry training at the Massachusetts General Hospital and Harvard Medical School. He is also a graduate of the Boston Psychoanalytic Society and Institute. Dr. Summergrad is board certified in psychiatry, internal medicine, and psychosomatic medicine.

Dr. Summergrad is an international leader in medical psychiatric disorders and care with research focused on medical-psychiatric comorbidity. He has published over 150 peer reviewed articles and book chapters. He has edited three books: *The Textbook of Medical Psychiatry*, *Integrative Care in Psychiatry*, and *Primary Care Psychiatry*.

He currently serves on the editorial boards of *World Psychiatry*, *Current Psychiatry* and *Personalized Medicine in Psychiatry*. He was a member of the APA DSM-5 Scientific Review Committee and the DSM-5 Steering Committee. He also chaired the APA Work Group on the Role of Psychiatry in Health Care Reform.

Dr. Summergrad is the recipient of many awards in the field of Psychiatry. These awards reflect the considerable impact he has had on our field. They include: being a Distinguished Life Fellow of the APA, a Fellow of the American College of Psychiatry, a Fellow of the American College of Physicians, a Fellow of the Royal College of Physicians Edinburgh and the Leadership award of the American Association of Chairs of Departments of Psychiatry. In 2011 he was the recipient of the MPS Outstanding Psychiatrist award for the Advancement of the Profession. In 2015 he received the Distinguished Faculty Award from Tufts University School of Medicine. In 2020, he was elected to the Honorary Fellowship of the Royal College of Psychiatrists, their highest honor.

Dr. Paul Summergrad's leadership contributions to our field locally and nationally are legion. His leadership in integrating psychiatry and medicine academically and clinically and his distinguished leadership of the Tufts University Department of Psychiatry for almost 20 years are among the most notable along with his service as a past President of the Massachusetts Psychiatry Society and as the 141st President of the American Psychiatric Association from 2014-15. In recognition of his outstanding contributions to our field, the Massachusetts Psychiatric Society is honored and privileged to present Dr. Paul Summergrad with its 2023 Lifetime Achievement Award.



RESEARCH - Alexandra C. Tsai, MD, Ph.D, DFAPA



Alexander Tsai, M.A., M.D., Ph.D. represents a unique selection for this year's MPS Outstanding Award for Research as his focus has been on empirical approaches for the development and implementation of mental health policy to mitigate the impact of stigma on vulnerable populations. His academic background is impressive. He graduated from Harvard College *cum laude* with an A.B. in Economics in 1998 and then was awarded a Rotary Ambassadorial Fellowship to study at the University of Toronto where he obtained an M.A. in Economics as a fellow of Massey College. He received a combined M.D.-Ph.D. in Health Services Research from Case Western Reserve University School of Medicine in 2010. After an internship in Medicine, Neurology and Psychiatry at the University of Washington in Seattle, he completed his residency in adult Psychiatry at the University of California, San Francisco. He then undertook post-doctoral research training in population health science as a Robert Wood Johnson Health and Society Scholar at Harvard University, the launching pad for leaders in health policy research. In 2012, Dr. Tsai joined the Department of Psychiatry at Massachusetts General Hospital/Harvard Medical School where he currently holds the rank of Associate Professor. He also has a secondary appointment at the Harvard T.H. Chan School of Public Health in Epidemiology as well as an Honorary Lectureship at the Mbarara University of Science and Technology in Uganda.

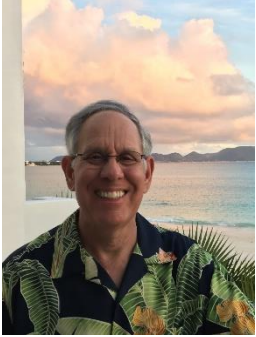
Dr. Tsai's research concerns understanding how large-scale social pathogens such as stigma, discrimination and structural violence affect mental health outcomes in vulnerable populations. He employs a multi-disciplinary approach, conducting field work in the U.S., Uganda and South Africa while relying on both econometric and ethnographic methods. An additional focus of his research has been to determine how social policy can be used to impact social determinants and improve mental health outcomes to protect the most vulnerable. He has published over 250 peer-reviewed articles. His findings have been cited in U.S. Congressional legislation, *amici curae* briefs filed with the U.S. Supreme Court and numerous State courts, policy statements issued by major medical and public health organizations and numerous news media outlets.

Dr. Tsai is remarkably generous with his expertise as demonstrated by his highly valued mentoring as has been recognized by the *Exceptional Mentorship in Research Award* from MGH, the *Young Mentor Award* from Harvard Medical School and the *Stephanie Robert Mentoring Award* from the Interdisciplinary Association for Population Health Science. Rare for a psychiatrist, he has been elected to membership to American Society for Clinical Investigation. In 2022, he received the Distinguished Alumni Award from the Case Western Reserve University School of Medicine.

The MPS is pleased to present Dr. Alexander Tsai, with the Massachusetts Psychiatric Society 2023 Outstanding Psychiatrist Award for Research.



ADVANCEMENT OF THE PROFESSION - David Adler, MD



Dr. David Adler graduated Summa cum Laude and Pi Beta Kappa from the University of Rochester and completed his medical education at Yale University where he was a member of the Alpha Omega Society. He completed his residency at The Massachusetts Mental Health Center where he served as chief resident in Community Psychiatry.

Forty- seven years ago, he began his career at Tufts Medical School where he has remained. Dr Adler currently serves as Senior Psychiatrist at Tufts Medical Center and Professor of Psychiatry and Medicine at Tufts Medical School. He is also the Director of the Mental Health Services Research Group at Tufts as well as the Senior Research Scientist at the Center for Health Solutions.

Dr. Adler has served Tufts Medical School, Tufts Medical Center and the Bay Cove Community for his entire career. He has excelled as a teacher, researcher and clinician. He has concentrated his research on Medical Outcomes in depression and its treatment in the primary care setting as well as the impact of psychiatric disorders in the workplace. Dr. Adler has been a teacher to medical students at every level, residents and clinicians in the community.

Dr Adler has also served as a reviewer for fourteen professional journals, including the New England Journal of Medicine, the Journal of the American Medical Association and the Journal of Nervous and Mental Diseases. He is the recipient of numerous awards including 25 Year, Distinguished Service Award at Bay Cove Human Services, and 25 Year Tufts University School of Medicine Distinguished Service Award, as well as the Department of Psychiatry Excellence in Teaching Award.

Dr Adler has managed to balance and excel in many areas. After 47 years he still remains a key element at Tufts Medical Center and at the Bay Cove Human Services. He demonstrated that when one commits one's professional life to serve an institution and community, extraordinary things can happen. The Massachusetts Psychiatric Society is pleased to honor Dr. David Adler with the 2023 Advancement of the Profession Award



EARLY CAREER PSYCHIATRY - Jhilam Biswas, MD



Dr. Jhilam Biswas is an early career psychiatrist who is engaged in inspiring contributions to forensic psychiatry. Dr. Biswas received board-certified in adult psychiatry in 2014 following training at the Harvard Longwood Psychiatry Training Program. She subsequently completed a Forensic Psychiatry fellowship through the University of Massachusetts, resulting in her second board certification. Dr. Biswas began her attending career practicing at Bridgewater State Hospital, a secure forensic hospital for individuals with complex legal needs. Since 2018, she also engaged in clinical work as a staff psychiatrist for Simmons University Health Center and as a consultation-liaison psychiatrist at Brigham and Women's Hospital.

Administratively, Dr. Biswas has served the Massachusetts Psychiatric Society as Chair of the Committee on Psychiatry and the Law since 2017. In 2018, she became the Director of the Psychiatry, Law, and Society Program at Brigham and Women's Hospital and accepted the position of Co-Director of the Harvard Mass General Brigham Forensic Psychiatry Fellowship in 2020. Dr. Biswas received the Brigham and Women's Psychiatry Residency Faculty Mentorship Award for Excellence in Psychiatric Teaching in 2022, which is strong evidence of the impact that she has on future generations of psychiatrists in their early exploration of forensic psychiatry. Dr. Biswas leads a critical yearly training on use of the cultural formulation interview in the context of forensic assessments to expand the holistic view of individuals within the judicial system.

Clinically, Dr. Biswas specializes in mental health consultation with the legal system and focuses on the nuances of both criminal and civil law. Since starting her practice, she serves and leads on multiple psychiatric, forensic, and medical committees statewide and nationally. Dr. Biswas focuses her research on improving mental health laws to better serve patients and families and in criminal justice reform. While at Bridgewater State Hospital, she conducted research around adverse events incurred during the waiting period for court-ordered treatments.

Dr. Biswas has testified many times in the courtroom and maintains a special role in the state of Massachusetts as a Designated Forensic Psychiatrist (DFP), an accreditation required to conduct court-ordered evaluations. Her expertise is in serious mental illness, risk assessment, violence prevention, cultural competence, and consulting with social institutions and organizations.

In recognition of her expansive contributions within forensic psychiatry during the first 10 years out of training, Massachusetts Psychiatric Society is thrilled to honor Dr. Jhilam Biswas with the 2023 Early Career Psychiatry Award.