



LIFETIME ACHIEVEMENT - Carl Salzman, MD, DLFAPA



Dr. Carl Salzman is a much-loved teacher of hundreds of residents and thousands of colleagues. He is not only a master psychopharmacologist but also a sophisticated psychotherapist steeped in psychodynamic tradition through his personal analysis and his long association with Dr. Elvin Semrad, first as resident and then as colleague at the Massachusetts Mental Health Center (MMHC).

Dr. Salzman graduated from Union College and the State University of NY, Upstate Medical Center in Syracuse. He did an internship in pediatrics at St. Luke's Hospital in Manhattan and in 1964 came to the Massachusetts Mental Health Center's Harvard affiliated psychiatric residency. He developed an interest in the then emerging field of psychopharmacology and studied with Gerald Klerman and Richard Shader. Following residency and two years directing a psychopharmacology research program at NIMH, Dr. Salzman returned to join the faculty at MMHC where he is today.

Dr. Salzman developed a long-standing educational program in psychopharmacology for psychiatric residents and psychology interns at MMHC. He also developed a highly successful psychopharmacology continuing education program for practicing clinicians. It is held several times per year and attracts participants from around the world. In addition, he has developed teaching programs for the Massachusetts Dept. of Mental Health and has lectured and consulted to many treatment facilities in Massachusetts as well as in New York and all of New England.

Dr. Salzman's research has included studies on benzodiazepines, geriatric psychopharmacology, and the treatment of patients with borderline personality disorder. He has published over 300 peer reviewed articles and 7 books. He has been honored with many visiting professorships and has given invited lectures nationally and internationally. He has served on leading editorial boards including the American Journal of Psychiatry and the Journal of Clinical Psychopharmacology.

Dr. Salzman is now full Professor of Psychiatry at Harvard Medical School. His current teaching activities are at the MMHC and at the Beth Israel Deaconess Medical Center where he is cherished for his stellar efforts in service to students, residents, faculty and patients. Over the years he has received many awards including the MMHC Outstanding Teacher Award, the Outstanding Psychiatrist in Education awards from the Mass Psychiatric Society and from the APA. He also received the national "Best Teacher of the Year" award sponsored by the Psychiatric Times. In addition to his teaching and clinical work, Dr. Salzman has served in many professional leadership positions including President of the Massachusetts Psychiatric Society.

Throughout his academic career, Dr. Salzman has also maintained a clinical practice doing individual dynamic psychotherapy, psychopharmacology, and consultation. He is the doctors' doctor. He feels that a clinical practice is essential to a productive academic and teaching career.

It is with great pleasure and affection that the Massachusetts Psychiatric Society awards its 2020 Lifetime Achievement Award to Dr. Carl Salzman.