



## 2020 MPS OUTSTANDING PSYCHIATRIST AWARDS

### PSYCHIATRIC EDUCATION - Lewis Kirshner, MD, DLFAPA



Dr. Lewis Kirshner received his BA in anthropology with honors and distinction from Wesleyan University. He earned his medical degree at Jefferson Medical College and did his internship at Mt. Zion Hospital in San Francisco. He then pursued a residency in psychiatry on the Albert Einstein College of Medicine service at the Bronx Municipal Hospital Center.

After serving as Captain in the USAF for two years, Dr. Kirshner came to Boston where he did a fellowship at the Harvard University Health Service. He also trained in psychoanalysis at the Boston Psychoanalytic Institute where he later attained the rank of Training and Supervising Analyst.

Dr. Kirshner was certified by the American Board of Psychiatry and Neurology and, also by the Board of Professional Standards of the American Psychoanalytic Association; and is a distinguished life fellow of the American Psychiatric Association.

Dr. Kirshner was founding director of the inpatient psychiatric service at Mt. Auburn Hospital where he served for five years before becoming director of the Metropolitan Beaverbrook Community Mental Health Center. He later moved to the Harvard Community Health Plan in Wellesley where he served for 11 years as Chief of Mental Health Services. During this time, Dr. Kirshner was also developing his private practice of psychotherapy and psychoanalysis.

In 1992, Dr. Kirshner joined the staff of the Brockton VA Medical Center. At that time the Harvard South Shore Psychiatry Residency Training Program was seeking independent accreditation, and Dr. Kirshner was recruited to design and to implement the psychotherapy training module and to serve as part-time faculty on this Harvard Medical School service. He did an excellent job. His teaching was very much appreciated and his consultations highly valued.

Dr. Kirshner held a faculty appointment at Tufts Medical School but in 1976 when he joined the staff of Mt. Auburn Hospital, he was appointed to the Harvard Medical School Faculty. In 2014 he was elevated to the rank of Clinical Professor of Psychiatry at Harvard Medical School. He also held an affiliate Professorship in the Department of Clinical Psychology, University Lyon 2, Lyon, France.

Dr. Kirshner's academic interests included theoretical developments in French psychoanalysis, especially with regard to conceptions of trauma, affect, and narcissism. When working with traumatized patients, Dr. Kirshner advocated an engaged approach which he characterized as "intersubjective."

Dr. Kirshner authored three books: *Having a Life; Between Winnicott and Lacan*; and *Intersubjectivity in Psychoanalysis*. He has also authored over 30 peer-reviewed publications.

He has served on the editorial boards of the Journal of the American Psychoanalytic Association; Frontiers in Neuroscience and Neuropsychology, and the International Journal of Psychoanalysis.

Dr. Kirshner is currently living in the Netherlands (555 Prinseneiland, 1013EC Amsterdam) and continues to do distance teaching and psychotherapy on-line.

We are pleased to present Dr. Lewis Kirshner with the 2020 Massachusetts Psychiatric Society Outstanding Psychiatrist Award for Education especially for his contributions to developing curricula in psychodynamics for residency training.