



CLINICAL PSYCHIATRY - Nancy Byatt, DO, MS, MBA, FACLP



Dr. Nancy Byatt graduated from Lehigh University with honorable distinction. She then simultaneously earned degrees at the NY Institute of Technology (MBA) and the NY College of Osteopathic Medicine (DO). She then completed a general psychiatry residency and chief residency at the University of Massachusetts Medical Center followed by a Consultation-Liaison fellowship at Brigham and Women's Hospital. Five years into her career, Dr. Byatt was awarded an MS degree in Clinical Investigation at the University of Massachusetts Graduate School of Biomedical Sciences.

Dr. Byatt has established nationally recognized, groundbreaking clinical programs for the treatment of perinatal mood and anxiety disorders. In her role as a reproductive psychiatric clinician, she has established diagnostic tools, treatment protocols, and ancillary educational services for hundreds of pregnant and postpartum patients. In her role as physician-scientist, she has focused on improving health care systems for the promotion of maternal mental health.

Dr. Byatt is the founder and current director of the Massachusetts Child Psychiatry Access Program (MCPAP) for Moms (www.mcpapformoms.org). The program addresses the problem of finding psychiatric care for pregnant or postpartum patients who are either exhibiting clinical signs of a mood or anxiety disorder or who have tested positive on a screening tool for depression during the perinatal period. The MCPAP for Moms program helps front-line medical providers learn how to address perinatal mental health and substance use disorders, it provides expert consultation with reproductive psychiatrists, and provides resources and referrals. This program has increased access to mental health care for thousands of perinatal women; become a national model for perinatal mental health care and has had an impact on state and national policies and funding.

Dr. Byatt is also the founder and current executive director of Lifeline4Moms (www.lifeline4moms), a center focused on helping the health care community optimize maternal mental health. This program has had ongoing federal funding for research focused on developing scalable interventions for addressing perinatal mental health and substance use disorders in medical settings.

Dr. Byatt's research has led to over 60 peer-reviewed publications and book chapters, over 200 presentations, and numerous national awards including the Gold Service Award from the APA.

She is currently an Associate Professor of Psychiatry, Ob/Gyn, and Population/Quantitative Health Sciences at the UMass Medical School and is the Director of the Division of Women's Mental Health in the UMass Medical School, Dept. of Psychiatry.

Many pregnant or post-partum women's lives and mental health have improved tremendously through the work which Dr. Byatt has done throughout the course of her career. The MPS is pleased to present Dr. Nancy Byatt with the Massachusetts Psychiatric Society Outstanding Psychiatrist Award for Clinical Psychiatry.