



Massachusetts Psychiatric Society

your information source for psychiatry in Massachusetts

Issue 263 June 2026
www.psychiatry-mps.org

FROM THE PRESIDENT Anderson Chen, MD



Reflections from the Annual Meeting and the Future of Psychiatry

I am pleased to report that we had a highly successful Annual Meeting, where colleagues and friends from across the Commonwealth came together to celebrate our shared achievements and reflect on the evolving future of psychiatry. The meeting highlighted not only the strength of our profession, but also the importance of maintaining a sense of community, mentorship, and intellectual curiosity as we navigate a rapidly changing healthcare landscape.

One of the themes I reflected on following the presentation by our invited keynote speaker, Dr. Rebecca Brendel, was the reality that much psychiatric care in this country is delivered outside of psychiatry itself. Primary care physicians, pediatricians, neurologists, emergency physicians, therapists, nurses, social workers, schools, families, and community organizations all play critical roles in supporting mental health.

As psychiatrists, this reality presents both a challenge and an opportunity. It reminds us that the future of psychiatric care will increasingly depend on collaboration across disciplines and meaningful engagement with a broad range of stakeholders. Over the coming year, one of my goals as President will be to strengthen opportunities for cooperation and dialogue between psychiatry and other areas of medicine, particularly primary care, where so much frontline mental health care occurs. In that spirit, I also hope to expand access to the Society's outstanding academic and educational offerings so that they may benefit a wider professional audience.

One of the moments from the Annual Meeting that was especially meaningful to me personally was taking photographs alongside several of my own mentors who previously served as Presidents of MPS. Standing there beside Dr. Jhiliam Biswas, who herself was also surrounded by mentors and past presidents who helped shape her journey, I was struck by the deep sense of continuity within our organization. It served as a reminder that MPS is not simply an institution, but a living professional community built across generations of psychiatrists committed to supporting one another.

I was also deeply encouraged by the number of senior colleagues and mentors who approached me during the meeting not only to offer congratulations, but also to extend their support, mentorship, and willingness to help. Many encouraged me to reach out whenever they could be of assistance. Those interactions spoke volumes about the culture of collegiality and mentorship that continues to define MPS.

The culture of mentorship within MPS is one of its greatest strengths. Many of us can trace important moments in our professional development to guidance, encouragement, and opportunities that emerged through relationships formed within this Society. That sense of tradition, collegiality, and shared purpose is something worth preserving and continuing to build upon.

In addition to the many uplifting moments of collegiality and celebration at the Annual Meeting, we also heard an important message from our Treasurer, Dr. Mark Hauser, regarding the Society's financial position and the reality that MPS is currently operating at an estimated annual operating deficit of approximately \$65,281. Reflecting on those discussions, my own impression is that at least part of these financial pressures likely relates to broader inflationary trends and increasing operational costs that many professional organizations continue to face. At the same time, I believe it is important to recognize that these pressures may persist moving forward, and therefore we must think proactively and creatively about the long-term sustainability of our Society.

For many of us, MPS is more than a professional organization — it is a foundation, a home base, and a source of mentorship, continuing education, collaboration, and innovation. Personally, many of the relationships and opportunities that helped shape my own career emerged through connections I made within MPS.

As such, ensuring the long-term sustainability of our Society will be a major priority for me this year. I want to reassure our members that our leadership is taking this issue seriously and thinking carefully about how we can continue strengthening the organization for future generations of psychiatrists. Along those lines, I

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PSYCHIATRIC SOCIETY

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Member Relations Coordinator

believe it will be important for MPS to continue exploring opportunities for meaningful collaboration and synergy with healthcare organizations, educational institutions, community partners, and other stakeholders in ways that further our mission while also helping alleviate financial pressures facing the Society.

I would also encourage those reading this message to consider supporting the Society in whatever ways may be possible — whether through donations, encouraging colleagues to renew membership, introducing non-members to MPS and its many benefits, or reaching out regarding opportunities for collaboration and partnership. Donations to support the Society can also be made directly through the MPS website. The continued strength of our Society depends on all of us.

At the same time, I believe there are genuine reasons for optimism. Psychiatry occupies an increasingly important role within medicine and society at large, something reflected in the outstanding leadership of our own Dr. Rebecca Brendel, who will serve as the incoming President of the Massachusetts Medical Society. Conversations surrounding mental health, trauma, substance use, loneliness, physician burnout, and access to care are now occurring more openly than perhaps at any other point in recent history. While there remain, many challenges facing our profession, there is also tremendous opportunity for psychiatry to help shape broader conversations about health, resilience, and human well-being. Organizations such as MPS play an important role in ensuring that psychiatrists continue to have a thoughtful, evidence-based, and compassionate voice within those discussions.

I am also excited that in June we will be hosting an event in Western Massachusetts as part of our ongoing effort to strengthen connections with members across the Commonwealth. One of my priorities this year is ensuring that the Society remains engaged with psychiatrists practicing in diverse settings and communities throughout Massachusetts. These opportunities to meet, listen, and collaborate with colleagues across regions are essential as we continue building a strong and connected professional community. Psychiatry is practiced in many different environments — academic medical centers, community hospitals, outpatient clinics, private practices, public sector settings, schools, and integrated care systems — and each perspective adds important value to our collective understanding of the field.

I also plan to continue working closely with our Membership Committee to ensure that members across the Commonwealth have meaningful opportunities to connect with one another, both professionally and socially. In a field that can at times feel isolating, fostering collegiality and professional community remains deeply important. I have heard time and time again

from colleagues that since the COVID-19 pandemic, the shift toward constant virtual meetings has contributed to a growing sense of professional isolation and disconnection. While virtual platforms certainly offer convenience and accessibility, there is still tremendous value in gathering together in person — sharing conversations, exchanging ideas, mentoring one another, and strengthening the relationships that sustain us both personally and professionally. I certainly look forward to creating more opportunities for us to come together face-to-face in the year ahead.

Additionally, I look forward to continuing to work closely with psychiatry program directors across Massachusetts to better understand how MPS can continue playing a meaningful role in resident education and professional development. Equally important is helping trainees appreciate the value of advocacy and organized psychiatry early in their careers. Psychiatry does not exist in a silo, and many of the forces shaping our ability to care for patients — including healthcare policy, reimbursement structures, workforce challenges, and access to care — require thoughtful engagement beyond the walls of our clinics and hospitals.

I am also grateful for the opportunity to continue working closely with our outstanding leadership team, including our Immediate Past President, Dr. Jhilam Biswas, and our President-Elect, Dr. Margaret Tuttle, as we continue advancing the mission of the Society together. Dr. Tuttle will also be representing the Massachusetts Psychiatric Society at the 2026 State Advocacy Conference, and we look forward to hearing updates from that important work. Having attended the conference, myself last year as President-Elect, I saw firsthand the value of strengthening our engagement with advocacy efforts affecting both our profession and our patients across the Commonwealth.

Advocacy remains one of the most important responsibilities of organized psychiatry. Whether the issues involve access to care, insurance barriers, workforce shortages, parity legislation, or the care of our most vulnerable patients, psychiatrists have an essential perspective that deserves representation within public policy discussions. MPS has long played an important role in helping amplify that voice, and I hope we will continue building meaningful partnerships with legislators, healthcare organizations, educators, and community stakeholders in the years ahead.

I also hope we continue creating opportunities for younger psychiatrists, trainees, and early career physicians to become more involved within organized psychiatry. My own involvement with MPS began during residency through committee participation and educational events, and over time those experiences opened doors to mentorship, collaboration, leadership, and friendship. I believe strongly that organizations

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remain healthy when they actively cultivate the next generation of leaders, and I look forward to supporting those efforts moving forward.

I remain deeply optimistic about the future of our field. Psychiatry continues to occupy a uniquely important place within medicine — one that demands scientific rigor, compassion, advocacy, and partnership. I look forward to continuing these conversations with many of you in the months ahead and to working together to strengthen psychiatry across the Commonwealth.

Warm regards,



Anderson Chen, MD
President
Massachusetts Psychiatric Society

You asked, we listened—because your learning matters

**For the first time, the
Annual Risk Avoidance & Risk Management Conference
is now offered online!**

The Massachusetts Psychiatric Society is pleased to offer the 2026 Risk Avoidance & Risk Management conference online giving you convenient access to the same trusted experts and high impact sessions you rely on each year!

This year, topics addressed will include: Dr. Thomas Gutheil reviewing major issues relevant to general risk management and fielding participant risk management questions; Dr. Kritika Kulkarni will discuss violence risk assessment and management in the psychiatric patient; Dr. Rohn Friedman will discuss implications of the American Law Institute's restatement for medical malpractice and general psychiatric practice; President Jhilar Biswas will provide guidance on issues facing our field in 2026 due to regulatory, economic, and political circumstances; Dr. Matthew Lahaie will discuss privacy, privilege and HIPAA as it pertains to psychiatric practice; Dr. Christopher Myers will discuss the forensic and correctional mental health system of the state and issues related to working with judicially and correctional system involved patients; Dr. Margarita Abi Zeid Daou will discuss vicarious trauma for clinicians and the importance of self-care; and Dr. Samia Osman will review an approach to collaborative safety planning for the suicidal and self-injurious patient; finally, Dr. Douglas Brennan will discuss practical firearm safety for the mental health professional. Please consider joining us for this tremendous line up of speakers while fulfilling your risk management credit requirement for licensure.

Click [HERE](#) to register for this online offering, or visit the MPS website at www.psychiatry-mps.org to access the program at your convenience. After completing the course and evaluation, MPS will send your CME certificate.

MPS COMMITTEE MEETINGS

MPS C-L Psychiatry Committee Meeting, Wednesday, June 3

Join the MPS C-L Psychiatry Committee on **Wednesday, June 3, from 6:30-7:45 pm** via Zoom for a panel discussion with incoming and graduating C-L fellows from programs across Massachusetts. Panelists will share what drew them to C-L and how they thought about fellowship, and graduating fellows will reflect on their experience and the advice they wish they'd had at the start. The session offers something for everyone in our community, whether you're considering fellowship, mentoring trainees, or simply curious to hear how the next generation of C-L psychiatrists is thinking about the field.

To RSVP or to join the committee, please contact Mayuri Patel at mpatel@mms.org.

MPS Women in Psychiatry Committee Meeting , Wednesday, June 17

Join the MPS Women in Psychiatry Committee on **Wednesday, June 17, from 12-1 pm via Zoom** for a session on negotiation strategies for success at work, featuring Dr. Brett Young, MD, MBA , Chair of the Department of Obstetrics and Gynecology at Mount Auburn Hospital, Maternal Fetal Medicine Attending, and Assistant Professor at Harvard Medical School. Dr. Young will share practical strategies for aligning priorities with your manager, creating leverage from a passion project, and coming to the table with solutions, followed by facilitated discussion and Q &A.

To RSVP or to join the committee, please contact Mayuri Patel at mpatel@mms.org.

Join Us: Evening with MPS Members at Austen Riggs Center, Friday June 5, 2026

We are delighted to invite you to a special Evening with MPS Members—a relaxed and engaging dinner gathering designed to reconnect colleagues and strengthen our Western Massachusetts Psychiatric Community.

Event Details

Date: Friday, June 5, 2026

Time: 6:30 PM

Location: Austen Riggs Center, 25 Main Street, Stockbridge, MA 01262

Please join us for an enjoyable evening of conversation, connection, and networking. This event offers a wonderful opportunity to reconnect with fellow members and meet new colleagues in the field.

Admission

- Free MPS members
- \$30 for non-members

We look forward to welcoming you for a memorable evening together.

Click [HERE](#) to Register

MPS NEWS

WMPS Chapter President Opportunity

MPS is seeking a member to volunteer as President of the Western Massachusetts Chapter (WMPS).

We are looking for an enthusiastic individual to help plan WMPS meetings, which are typically held on the third Wednesday of each month and are currently virtual. You will have full support from MPS staff and leadership.

As President, you will also serve as a voting member of the MPS Council and be invited to attend all Council meetings.

If you are interested, please contact Mayuri Patel at mpatel@mms.org
We hope to have a new president in place soon to help re-energize the WMPS chapter.

Interested in Writing?

Do you enjoy writing? Have a topic you think MPS members would find engaging?

Reach out to Mayuri Patel at mpatel@mms.org for details on how to contribute an article to the MPS newsletter.

Education

The APA Monthly Free CME Webinar is now available on the MPS website. Visit www.psychiatry-mps.org and click on the Education link.

APA/MPS Membership

If your APA/MPS membership lapsed as of March 31, you can still renew. Dues may be paid by credit card using a monthly payment plan.

Please call 1-888-357-7924, Monday–Friday, 8:30 AM–6:00 PM.

MPS Newsletter – Electronic Option

The MPS Newsletter is available electronically.

If you prefer to receive your newsletter by email, please contact Mayuri Patel at mpatel@mms.org or (781) 237-8100, ext. 1.

Committee Meetings

MPS members are welcome to attend committee meetings listed in the calendar section.

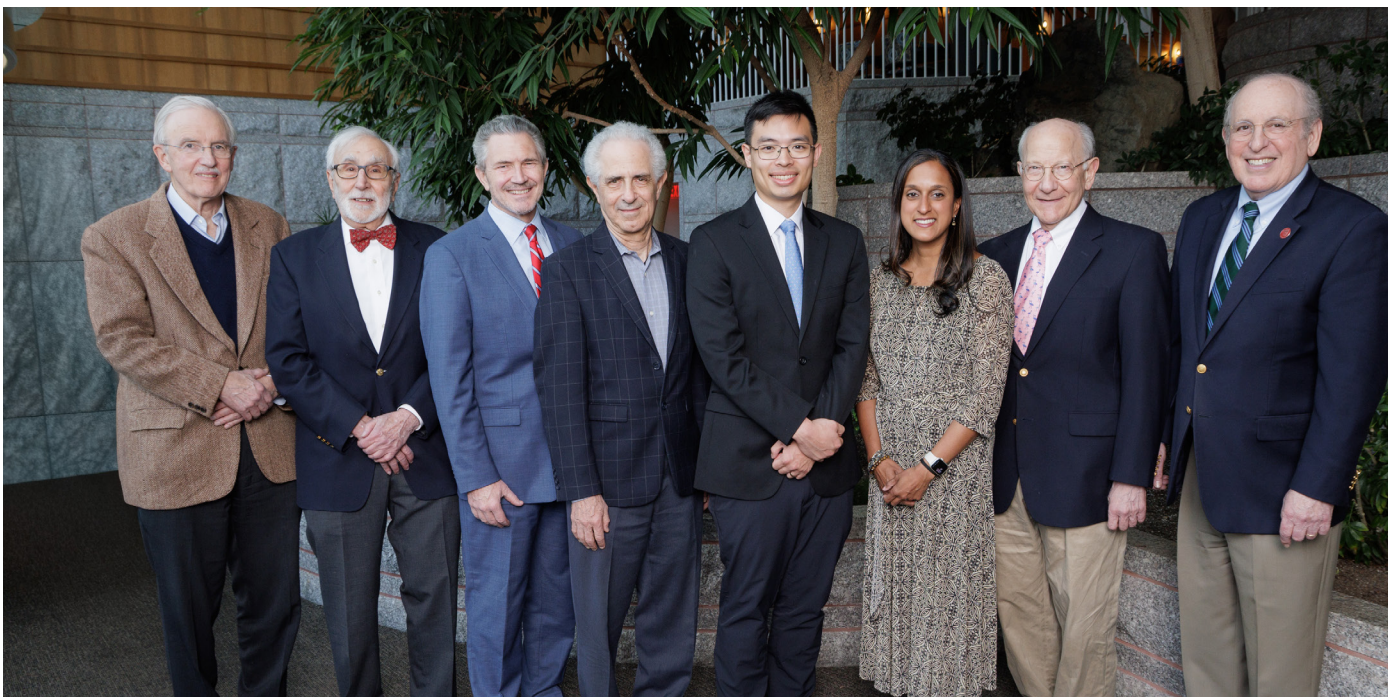
Please email the staff contact listed for the meeting to receive the Zoom link. You may also request to be added to any committees of interest so you don't miss future notices.

Please note: Executive Committee and Council meetings are limited to elected members.

2026 MPS Annual Meeting

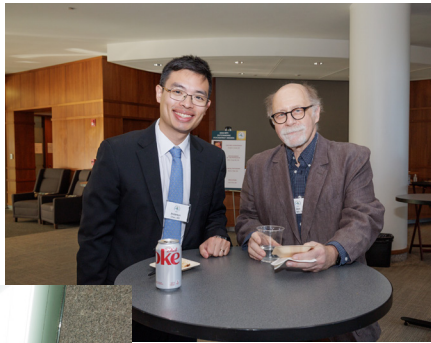


Past and current Presidents - Standing from left- right - Drs. David Osser, Carl Salzman, Donald Condie, Marie Hobart, Frederick Stoddard, Margaret Tuttle, Anderson Chen, Jhilam Biswas, Mark Hauser, Janet Osterman, John Fromson, Rohn Friedman, Donna Norris and John Bradley



Standing from left- right - Drs. Frederick Stoddard, Carl Salzman, John Bradley, David Osser, Anderson Chen, Jhilam Biswas, Rohn Friedman and John Fromson

2026 MPS Annual Meeting



2026 MPS Annual Meeting



Save the Dates

Upcoming Virtual Conferences

We're excited to share our upcoming lineup of engaging and informative **virtual conferences**—mark your calendars!

✦ **38th Psychopharmacology Update**
Saturday, November 7, 2026

✦ **Psychotherapy Committee Conference**
Saturday, January 30, 2027

✦ **Risk Avoidance & Risk Management Conference**
Saturday, February 27, 2027

Stay tuned for additional details and registration information in the coming months—we look forward to your participation!

MPS Funding Appeal

Consider making a voluntary donation to help keep MPS strong, vibrant, and impactful. Contributions of any size support advocacy efforts, media presence, mentorship programs, career fairs, podcasts, and other initiatives that advance the profession and benefit patients.

You can donate securely online at <https://maps.memberclicks.net/donations> or by mailing a check to:

Massachusetts Psychiatric Society, 860 Winter Street, Waltham, MA 02154

Thank you for your continued support and dedication to our profession and the patients we serve



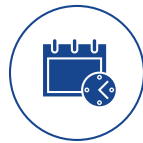
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Check Out These Ways to Save:



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Downtown Boston – The Therapy Room: Private psychotherapy offices for rent full-time, part-time, or by weekday at 185 Devonshire Street. Turn-key, fully furnished offices designed specifically for mental health practices, with flexible rental options and transparent pricing (see website for details). Optional access to a community of 75+ clinicians for referrals, resources, and support. View current availability and pricing, or book an office tour at www.txroom.com. Questions: Dr. Tomasz Vav, 617-706-2601 | txroom@txroom.com.



The MPS Executive Committee, Council and staff wish you a safe and happy summer!!!

MPS is pleased to welcome the Following New Members

General Member:

Karen Shields Brown, MD
Bradford Reich, MD
Timothy Edwin Wilens, MD

Resident Fellow Member:

Briana Noel Cortez, MD
Carol Coutinho, MD
Elisa Gonzalez Cuevas, MD
Molly Doernberg, MD, MPH
Pooja Dutta, MD
Roi Itzhak Sar El, MD
Caroline Ezekwesili, MD
Vincent Leonard Holstein, MD
Vivian Kim, MD
Evan Lieberman, MD
Meghana Vagwala, MD

Transfer In

Eli Nader, MD
Shahrazad Sims, MD

Find a Psychiatrist

Participate in APA's public online directory

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ASSOCIATION



Find a Psychiatrist is a searchable database for patients to find psychiatrists, like you.

Once you opt-in, patients and families can search for a psychiatrist by:

- Location
- Disorders Treated
- Patient Population
- Languages Spoken
- Insurance/Medicare/Medicaid Participation

To opt-in, visit
psychiatry.org/fapoptin



Opt-in at psychiatry.org/fapoptin



1-888-35-PSYCH



apa@psych.org



BIDMC Psychiatry Vice Chair for Clinical Programs & Network Affairs

The Department of Psychiatry at Beth Israel Deaconess Medical Center (BIDMC), Harvard Medical Faculty Physicians, is a **Vice Chair for Clinical Programs & Network Affairs** to provide current and future-focused clinical and academic leadership across the Department's psychiatric clinical enterprise and to represent the Department across BIDMC-affiliated institutions and the Beth Israel Lahey Health (BILH) network.

This role will direct departmental clinical services, in addition to strategic planning and integrative activities, with a focus on process improvement, faculty support, long-term clinical vision, care model design, academic integration and network alignment. A Harvard Medical School appointment at the rank of assistant or associate professor would be commensurate with the record of accomplishments.

The Vice Chair will lead the development and advancement of the Department's clinical strategy across inpatient, emergency, consultation-liaison, outpatient, addiction, interventional, and specialty psychiatric programs, and oversee clinical operations of the Department's acute and intensive psychiatry services.

The Vice Chair will partner with departmental clinical and operational leaders responsible for program management, quality, safety, and regulatory functions. A central component of the role is senior strategic oversight of the Department's clinical services to ensure alignment with departmental priorities, system goals, and evolving standards of care. The position emphasizes innovation, scalability, and cross-institutional integration to support high-value, equitable, patient-centered psychiatric care across the continuum.

The Department of Psychiatry is deeply committed to delivering high-quality, safe, equitable, and accessible psychiatric care to a diverse patient population while advancing excellence in education, research, and innovation. This position will shape the future direction of the Department's clinical enterprise by designing and evaluating emerging models of care and facilitating their alignment with institutional and system priorities, with particular attention to the clinical, workforce, and system demands of psychiatric care.

The Vice Chair will work closely with the Department Chair, Vice Chairs, Service Chiefs, and institutional leaders across BIDMC, BIDMC-affiliated hospitals, academic partners, and the BILH system to align and integrate psychiatric clinical strategy across settings and sites, including coordination and strategic integration of acute and intensive psychiatric services across the network.

The Vice Chair will report directly to the Chair, serve as a member of the Department's Executive Leadership Team, and provide ongoing clinical care within the Department in one or more clinical settings consistent with departmental needs and the candidate's expertise. Preference is for clinical work to be provided in the acute and intensive psychiatric service setting.

Beth Israel Deaconess Medical Center, a 743-bed hospital and Level 1 Trauma Center, is a founding member of Beth Israel Lahey Health (BILH). BILH, a health care system with 14 hospitals, brings together academic medical centers and teaching hospitals, community and specialty hospitals, and more than 4,000 physicians and 39,000 employees in a shared mission to expand access and advance the science and practice of medicine through groundbreaking research and education.

Harvard Medical Faculty Physicians at Beth Israel Deaconess Medical Center (HMFP) is one of the largest physician organizations in New England, dedicated to excellence and innovation in patient care, education, and research. As a physician-led organization, HMFP partners with more than 2,400 providers to support the delivery of exceptional care, promote professional development, and foster balance at work and home. HMFP physicians have faculty affiliations with Harvard Medical School (HMS) and provide care throughout the BILH system and additional hospitals across Massachusetts.

Interested candidates should have:

- *MD from an accredited medical school*
- *Board-certified or eligible in Psychiatry*
- *A valid MA medical license or the ability to obtain one*
- *Federal DEA and Mass Controlled Substance certificate*
- *Ability to work collaboratively in a team-oriented environment*

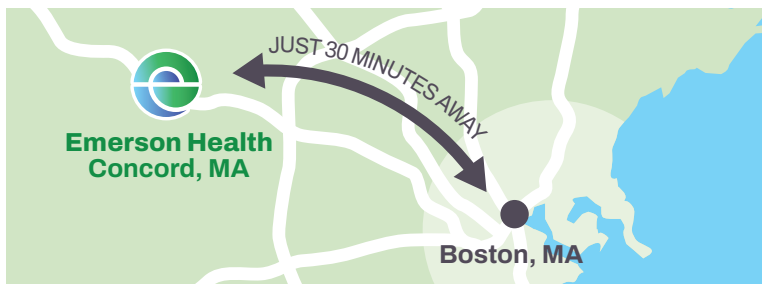
Please apply directly to this posting JR1585 with a separate cover letter and CV submitted to Caitlin O'Reilly at coreill3@bidmc.harvard.edu.

Equal Opportunity Employer

HMFP is an equal opportunity employer that does not discriminate on the basis of race, traits historically associated with race, including but not limited to, hair texture, hair type, hair length, and protective hairstyles, color, creed, religion, national origin, ancestry, citizenship status, age, disability, pregnancy (which includes pregnancy, childbirth, medical conditions related to pregnancy and childbirth, and breastfeeding), sex, gender, marital status, sexual orientation, gender identity or expression, veteran status, genetic information, or any other characteristic protected by applicable federal, state, or local laws.



Inpatient Psychiatry



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We have several exciting opportunities to join the Psychiatry Department at Emerson Hospital, a vibrant community hospital located in historic Concord, Massachusetts. Full-time attending, as well as moonlighting opportunities.

- **Treat patients on our adult inpatient unit**
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Emerson Health is recognized as a top employer in Massachusetts, offering a desirable practice location, strong relationships with academic medical centers, superb quality of life, competitive financial packages and more.

For inquiries, please contact:

Diane Forte Willis

Director of Physician Recruitment and Relations

dfortewillis@emersonhosp.org

Phone: 978-287-3002 | Fax: 978-287-3600

About Concord, MA and Emerson Health

Emerson Health is a regional health system providing advanced healthcare to more than 300,000 people across 25 towns in Massachusetts. We make high-quality healthcare more accessible to those who live and work in our community at Emerson Hospital in Concord, health centers in Bedford, Groton, Sudbury, Westford, and Concord, and Urgent Care settings in Hudson, Littleton, and Maynard.

Emerson has strategic alliances with several academic centers in Boston, including Mass General Brigham and Massachusetts Eye and Ear Infirmary.

Concord, MA and the surrounding communities are among the best places to live in Massachusetts, with several top-ranked school systems in the state and located just 20 miles west of Boston.



emersonhealth.org



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PSYCHIATRIC SOCIETY
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Waltham, MA 02451-1411

ADDRESS SERVICE REQUESTED

MPS Calendar of Events

SEMPs/WMPs	June 3 at 7:00 PM via Zoom	mpatel@mms.org
Consultation/Liaison	June 3 at 6:30 to 7:45 pm via Zoom	mpatel@mms.org
Austen Riggs - Join Us: Evening with MPS Members at Austen Riggs Center	June 5 at 6:30 - Austen Riggs Center, 25 Main Street, Stockbridge, MA	mpatel@mms.org
CME	June 8 at 7:00 pm via Zoom	dbrennan@mms.org
Council	June 9 at 5:00 pm via Zoom	dbrennan@mms.org
Healthcare Systems & Finance	June 16 at 7:00 pm via Zoom	dbrennan@mms.org
Women in Psychiatry	June 17 at 12-1 pm via Zoom	mpatel@mms.org
Psychotherapy	June 24 at 7:00 pm via Zoom	dbrennan@mms.org
Child & Adolescent Psychiatry	June 24 at 7:00 pm via Zoom	dbrennan@mms.org