



# Massachusetts Psychiatric Society

your information source for psychiatry in Massachusetts

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**FROM THE PRESIDENT**  
**Jhilam Biswas, MD, FAPA**



## Presidential Address at the MPS Annual Meeting *Standing Together*

I am honored to take on the role as the incoming President of this incredible organization. I am grateful for the trust you have placed in me, and I am committed to upholding the values that define our organization and define us as a profession.

I want to take a moment to thank my lovely family for being here with me tonight. To my partner, my parents, and my husband's parents—your unwavering support means everything, and it is why I can be here today. And to my two wonderful children, thank you for staying up late on a school night to be here. My first grader and third grader, you both bring so much light and joy into my life. My hope is that seeing this room full of dedicated doctors, who keep people healthy every day, inspires you to believe in the power of community, compassion, and the importance of using your voice and being part of groups that make the world a better place.

I also want to thank the Massachusetts Medical Society President Dr. Hugh Taylor and Incoming Massachusetts Medical Society President Dr. Olivia Liao for being here today. I also want to thank two of our Past American Psychiatric Association Presidents, Dr. Rebecca Brendel and Dr. Paul Summergrad for being here today and supporting us in our great mission at MPS. We are deeply appreciative of what all of you have done for Medicine and for our subspecialty of Psychiatry.

To all of you here today, we gather not only to share knowledge and celebrate big achievements but to reaffirm our commitment to one another. We are living in uncertain times—globally, nationally, and of course, right here in Massachusetts. What once felt stable and workable now feels unpredictable, and navigating this shifting landscape is no easy task. As we try to practice psychiatry in this increasingly complex world, I think professional solidarity in psychiatry has never been more crucial. This time asks us to stand together to ensure that our work, our research, and our advocacy continue to make a difference for the betterment of our patients, our society and our profession.

2025 brings immense challenges and opportunities. Across the world, amid economic strains, political upheavals, and

technological advancements, how do we ensure psychiatry not only adapts but thrives? Personally, I think the answer lies in our unity and our ability to shape the future of mental health care proactively and together rather than simply reacting to external pressures.

Professional solidarity is the foundation upon which we advocate for patients, influence policy, and protect our ethical standards—this is why the Massachusetts Psychiatric Society exists. It is for us, by us; our dues are, for the most part, our operating budget. If we stand divided, or apathetic, external pressures will dilute our work. Together, we can work as a collective force, sharing knowledge and resources so that none of us feels alone in this ever-changing healthcare reality. As we herald in Mental Health Awareness Month in May, I think this is the right time to have this conversation... “Never Worry Alone.” Dr. Tom Gutheil, at our successful MPS Risk Management Conference, reminds all of us of that every year.

Our organization's impact has been undeniable this year. Recently, we were the first and the most effective in standing up against big money interests to defeat ballot question 4 on legalizing five psychedelic substances during the election season. While we believe promising research should continue, the ballot question was dangerous and unregulated, posing significant risks to public health. Thanks to our diligent media outreach, through a media consultant team, two of which are here with us tonight, David Ball and Izzy Nickel. This team was led by our president Nassir Ghaemi, we educated the public and ensured responsible science and patient safety prevailed. This was a major win—setting an example for other medical organizations and stakeholders. It demonstrated what can happen when psychiatrists come together with a unified voice: we influence policy, we protect our patients, and we reinforce the importance of evidence-based medicine. We get the word out!

To ensure our future in these uncertain times, we have launched a strategic plan, that was guided by our past presidents Grace Chang and John Fromson, using a professional group called

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TBD

**MPS STAFF**

Debbie Brennan  
Administrative Director

Mayuri Patel  
Member Relations Coordinator

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Curtis Strategies, to conduct a deep dive into our organizational processes. The consultation helped us focus our energies on four key areas: Membership, Education, Advocacy, and Communication, with goals to accomplish in each category. Strengthening membership builds a robust professional community, education keeps us at the forefront of clinical advancements, advocacy protects our field and patients, and communication gets our word out.

We are in the process of creating a larger Membership committee to make sure we are actively getting psychiatrists involved. This past year, we also used a media consultant to enhance communication to the public around legalizing psychedelics. We should pick and choose moments where we use consultation to move our collective MPS agenda forward. These are not just abstract goals—they are necessary steps, and money well spent, to ensure our profession remains strong and responsive to the needs of those we serve. I plan to work with our committees on this strategic plan this year and move it forward.

In advocacy, we are pushing forward the Timely Treatment Act to provide patients medications in a timely manner rather than letting courts delay care. We are also actively supporting Assisted Outpatient Treatment (AOT) programs that are considered critical community services for the seriously mentally ill. We hope that supporting these bills at the State House and working closely with Senator Cindy Friedman and the House Representative Ken Gordon for the Timely Treatment Bill and Representative Brad Jones for the AOT bill, we are going to gain real traction in providing better care and life-saving medications to our sickest psychotic patients in a timely manner so we can curtail the revolving door of psychiatric hospitalizations, homelessness and incarceration.

In other areas of advocacy, we are promoting healthier social media policies in schools. Dr. Ghaemi and I wrote a letter in support of MA Attorney General Andrea Campbell's "The Study Act," which restricts bell-to-bell access to smart phone use in schools and holds social media companies accountable for promoting safe and responsible use. We also held meetings with the Education Secretary to discuss our views. We are also spearheading bills, with intrepid members our Council, to rework parts of the Section 12 Statute, particularly the section 12e, to better serve people with mental illness.

Despite our society being strong, with the third largest memberships in the country, I do have worries. Our society's membership is aging—as of April 1, 50% of our membership is over the age of 65. Without professional solidarity, mentorship, and recruitment, psychiatry risks losing its future leadership. We must build a stronger, well-connected society that supports current members while attracting

new professionals. This requires financial investment to keep our society fiscally strong and prepared for uncertainties. We must encourage young professionals to see psychiatry as a fulfilling and essential field, one that is evolving with science and technology while remaining deeply human at its core.

For me, this work is personal in many ways. I was raised in the South Shore of Massachusetts, completing all my medical training, internships, residency, and work as an attending physician here. I have practiced, trained, and moonlit in hospitals in Central MA, Western MA, Southern MA, Metrowest, Boston and the North Shore. Massachusetts has shaped my journey, and I know firsthand the importance of strong professional networks. I have witnessed the power of collaboration in advancing psychiatric care, and I am committed to ensuring that our patient community continues to thrive in Massachusetts.

Benjamin Franklin's words remind us of a timeless truth: "We must all hang together, or assuredly we shall all hang separately." Psychiatry is facing challenges that no single physician can tackle alone. If we do not advocate for our field, others will shape it for us. Our ability to shape the future is only as strong as our willingness to stand up for the values that define us as medical professionals. Each of us carries the gift of healing, but it is only collectively, through groups like MPS, that we hold the strength to safeguard that gift and ensure it endures.

Innovation is key for us. As Artificial Intelligence, personalized medicine, and digital therapeutics evolve, we must guide their ethical use, ensuring technology enhances, not replaces, the human connection central to our field. Psychiatry cannot afford passivity—we must lead research, shape policy, and define the future of mental health care. This is an exciting time for our profession, with groundbreaking discoveries on the horizon. However, if we do not remain actively involved, and all do our own thing, we risk losing the voice of psychiatrists in conversations that directly affect our patients, and ultimately, ourselves.

Just a few weeks ago, the U.S. Department of Health and Human Services announced significant cuts to SAMHSA as part of a broader reorganization. These reductions threaten programs on which countless individuals with mental health and substance use disorders rely on. If you haven't already, I urge you to contact your members of Congress. Let them know that preserving SAMHSA and other federal mental health programs is essential. While the current administration may appear disengaged, my experience participating in APA Advocacy Days in Washington DC on Capitol Hill has shown that bipartisan support for mental health, suicide prevention, and substance use care is not only possible—it's happening. Recent mental health legislation under the Biden administration passed with support from both parties. Mental illness

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does not discriminate by political affiliation, and neither should our response. This issue is on all our minds, and I want you to know it's a priority on my agenda for MPS this year. Just as an example, we have many of our Council members writing letters to their congressman and tapping the APA on this issue regarding cutting SAMHSA.

As Dr. Ghaemi stated in his second to last newsletter in getting everyone to renew their membership, "Massachusetts is the Spirit of America, not just because of Bunker Hill and the Boston Tea Party. We are number one in the country in the number of psychiatrists per capita. Our state branch can be, and should be, a leader for new thinking and change for our national organization, the APA." I love that. That kind of grassroots up thinking is inspiring!

In these uncertain times, as we advocate tirelessly for our patients and profession, we must not forget to care for ourselves. Physician well-being is not a luxury—it is a necessity. Burnout, compassion fatigue, and moral injury are very real threats to our ability to practice effectively. Prioritizing self-care is not selfish; it is a critical act of sustainability. We must normalize seeking support, setting boundaries, and investing in our mental and physical

health. A healthier workforce means better care for our patients, and stronger leadership and collective action for our field. When our cups are filled, we do our best work in filling the cups of others. That is on my agenda this year to promote and house within the society.

As your president, I am committed to championing a robust agenda that I have outlined today that propels our society forward. Together, let's unite in purpose and action to advance psychiatry and make a lasting impact on the lives we touch.

Thank you.

*Jhilam Biswas*

President, Massachusetts Psychiatric Society  
Jhilam Biswas, MD, FAPA

## PRESIDENTIAL AWARDS

### **Edward M. Hallowell MD**

Internationally renowned psychiatrist, expert clinician, enthusiastic leader, innovative thinker, and bestselling author

### **Madelyn Hicks, MD, FRCPsych, DFAPA**

In recognition of your outstanding contributions to MPS, the APA, and the field of psychiatry

### **Ronald W. Pies, MD**

Humanist, teacher, clinician, and scholar - in the tradition of Maimonides

### **Harrison G. Pope, Jr., MD, MPH**

Researcher, iconoclast, clinician, creative thinker, and esteemed mentor to generations of trainees

Presented April 29, 2025

Nassir Ghaemi, MD, MPH, DLFAPA

President, Massachusetts Psychiatric Society



## 2025 MPS OUTSTANDING PSYCHIATRIST AWARDS

### EDUCATION Todd R. Griswold, MD



Dr. Todd Griswold received his undergraduate education from Yale University with a B.S. in Molecular Biophysics and Biochemistry (cum laude) and earned his M.D. from Columbia University

College of Physicians & Surgeons. He completed his psychiatry residency at the HMS program at The Cambridge Hospital and served as Chief Resident of the Psychiatric Emergency Service at the Cambridge Hospital.

Since completing his psychiatry residency, he has dedicated much of his career to medical student and psychiatric education. During residency, he began teaching in the second-year Harvard Medical School (HMS) Psychiatry 700M.J Introduction to Psychopathology course and has continued participating in that course almost every semester since then. In his PGY 4 year, at the recommendation of Dr. Leston Havens (his mentor), he started teaching medical students in the HMS pre-

clerkship psychiatry course and has continued to teach in the course for the last 32 years. He has been HMS Director of Medical Student Education in Psychiatry overseeing psychiatry education across the 4-year HMS curriculum, HMS Psychiatry Clerkship Director for the past 10 years, and led the initiative to further develop and integrate a robust Substance Use and Pain curriculum at HMS. Since 2017, he has been the Course Co-Director for the Psychiatry component of Mind, Brain, and Behavior course at HMS and continues to be the Committee Chair for the Psychiatry Clerkship Committee at Harvard Medical School.

He has also been the psychiatry course co-director for the Psychiatry Core Clerkship at Cambridge Health Alliance (CHA) and by 2009, was the clerkship director for psychiatry in the HMS-Cambridge Integrated Clerkship (HMS-CIC). He is currently Psychopharmacology supervisor for PGY-3 Psychiatry residents at CHA and is clinical supervisor of Mindfulness Training for Primary Care groups and Mindfulness Based Cognitive Therapy groups at CHA, supervising residents, psychology trainees, and social work fellows.

Dr. Griswold has also been invited as presenter and/or speaker on medical student and psychiatry education for several conferences locally and nationally. For his excellence in teaching, he has been honored with numerous teaching awards, including the Alfred Margulies Award for Excellence in Medical Student Education at CHA; the Leston Havens

Teaching Award, Department of Psychiatry, CHA; the Nancy A Roeske, MD Certificate of Recognition for Excellence in Medical Student Teaching, American Psychiatric Association; the Cynthia N. Kettle Teaching Award for medical student education in psychiatry, HMS; and the Sandra and Arnold Gold Award for Humanistic Teaching, HMS.

Dr. Griswold's clinical work has been based in public sector community psychiatry, mostly at Cambridge Health Alliance, and at Tewksbury Hospital and the Edith Nourse Rogers Memorial Veterans Hospital. He has worked in outpatient, partial hospital, inpatient, and emergency settings. He is currently Medical Director at the Center for Mindfulness and Compassion at Cambridge Health Alliance, where he works to integrate mindfulness into outpatient mental health treatment and has taught in the advanced clinical mindfulness fellowship program. He is the author of 20 publications from his research investigations and work on education. He is Assistant Professor of Psychiatry at Harvard Medical School (HMS), a member of the American Psychiatric Association, Massachusetts Psychiatric Society, and the Association of Directors of Medical Student Education in Psychiatry. In recognition of his outstanding achievement and dedication to Psychiatric Education, the Massachusetts Psychiatric Society is proud to honor Dr. Todd Griswold with the 2025 Outstanding Psychiatrist Award for Education.

### CLINICAL PSYCHIATRY Suzanne Bird, MD, DLFAPA



Dr. Suzanne Bird is currently Assistant Professor of Psychiatry at Harvard Medical School and a Staff Psychiatrist at Massachusetts General Hospital. She is a graduate of Amherst College and Dartmouth Medical School,

and completed her psychiatry residency training at Tufts Medical School. Following Psychiatry residency training where Dr. Bird met her husband Dr. Bob Joseph, they moved together to Cambridge Hospital where she worked in a variety of outpatient settings until becoming Director of the Psychiatric Emergency Service there in 1997 – a position that she held for 16 years until moving in 2013 to MGH to take on the role of Director of the Acute Psychiatry Service in the Massachusetts General Hospital Emergency Department.

At MGH, Dr. Bird continued to expand her clinical leadership skills as an emergency psy-

chiatrist, building close collaborations with both internal and external stakeholders, creating a dedicated team of psychiatric nurse practitioners to provide more longitudinal care for long-stay ED psychiatric patients, and working with hospital and emergency medicine leadership to create a dedicated 20-bed acute psychiatry service where emergency psychiatric patients could receive more private and therapeutic care. Throughout years of relentless systemic challenges, the extreme demands of the COVID pandemic on healthcare delivery, and the weight of bearing witness to the suffering of acutely ill patients, she has been sustained by her close working relationships with colleagues in all roles and disciplines, and by her active involvement in research, teaching, training and mentorship.

Over the past 30 years Dr. Bird has taught pre-clinical medical students, rotating students from Harvard and elsewhere, acted as a core faculty member for the psychiatric residency programs first at Cambridge and then at MGH, while also providing active mentorship to more junior faculty. After almost 12 years as APS Director, in 2024 she stepped back from this role. She is currently seeing outpatients in the private practice she has maintained since finishing residency, acting as an expert legal consultant, and continuing to provide bed-side teaching

and mentorship to Harvard Medical students during their core rotation in psychiatry.

As an English major and lifelong reader, Dr. Bird has always been drawn to individual narratives and curious about how people experience and make sense of their lives. As a psychiatrist and as a teacher, she has maintained these interests working with individuals in acute distress in the emergency department while also getting to know her outpatients on a longitudinal basis. She considers these human stories the foundation of her career and feels privileged that psychiatry has offered her the opportunity for such meaningful connection with others.

The MPS is pleased to present Dr. Suzanne Bird with the Massachusetts Psychiatric Society 2025 Outstanding Psychiatrist Award for Clinical Psychiatry.

## 2025 MPS OUTSTANDING PSYCHIATRIST AWARDS

### PUBLIC SECTOR

Siu Ping Chin Feman, MD, DFAPA



Dr. Siu Ping Chin Feman graduated from Tulane University School of Medicine in 2010. She then completed the Harvard Longwood Residency Program in Psychiatry in 2014

and subsequently the Partners Healthcare Addiction Fellowship in 2015. She currently is Voluntary Assistant Professor at the University of Massachusetts Medical School. Her career has focused on the severely mentally ill with emphasis on addiction and homelessness. Since 2021, she has served as Medical Director of Homeless Services at Eliot Community Health Center, a human services agency that provides comprehensive mental health, addictions, and case management services to unhoused individuals across the state. Utilizing psychopharmacology, harm reduction, and public health approaches, Dr. Chin Feman has offered street outreach, telehealth services, home visits, and

respite care to individuals at various stages of their housing journeys. She has offered care to some of the most marginalized people in our society, including those living at Boston's Mass & Cass and in the now-shuttered residential harm reduction program at the Shattuck Cottages. Prior to her work with Eliot, she provided psychiatric and addiction services at Community Healthlink and UMass' Homeless Outreach and Advocacy Program (HOAP). She also previously served as Medical Director at the Bedford VA Substance Use Disorder Service and as Medical Director at the Gavin Foundation. In her clinical and leadership roles, she is known to be compassionate, person-centered, and fiercely devoted to supporting the wellbeing of her patients.

Dr. Chin Feman has been an educator and mentor in community psychiatry, hosting trainees from UMass Chan Medical School, providing lectures to residents, and giving grand rounds at Harvard Medical School's Beth Israel Deaconess Medical Center, entitled "From Street to Home: Homeless Outreach and Psychiatry in Boston." She is Course Director of the Addiction and Psychiatry Module of the Addiction Psychiatry fellowship at the University of Massachusetts Medical School.

Dr. Chin Feman has also been a coinvestigator on SAMHSA grants focused on maintaining

individual independence and sobriety through systems integrating, outreach and Networking. Her research informs and guides her clinical work.

Dr. Chin Feman is a distinguished Fellow of the APA and was awarded a Travel Fellowship by the American Academy of Addiction Psychiatry. She has served the Massachusetts Psychiatric Society in several capacities, most notably as the chair of the Public Sector Committee from 2015-2020, advocating for improved policies and practices. She has served as both Secretary (2015-2020) and Councilor (2022-present) of the MPS Council. She has testified before the state legislature on MPS legislative initiatives. Nationally, she has been an active participant in the Judges and Psychiatrists Leadership initiative, an effort to improve outcomes for those with mental illness and/or addictions and justice involvement. She has engaged extensively in educating her fellow physicians, her patients, our legislators, and the public about how to treat and care for some of our most challenged and challenging patients. Her approach is a remarkable blend of practical compassionate care with careful academic rigor. The Massachusetts Psychiatric Association is pleased to recognize her excellent contributions to our field with the 2025 Outstanding Psychiatrist Award for Public Sector.

### ADVANCEMENT OF THE PROFESSION

Gary Chinman, MD



Gary Chinman, M.Ed., M.D., a graduate of Hobart College, received his master's degree in education from University of Massachusetts, and his medical degree from The Dartmouth Geisel School of Medicine. Fol-

lowing the completion of his residency training in Adult Psychiatry at the Massachusetts Mental Health Center, he did fellowships in Psychopharmacology at the Harvard Community Health Plan, and Psychotherapy and Student Health at the Harvard University Health Services. Dr. Chinman also obtained a certificate in Physician Leadership through the Brigham Women's/Harvard Business School, a certificate in Quality Improvement in Healthcare from Intermountain Healthcare, Salt Lake City Utah, and a certificate in the Executive and Personal Coaching Intensive from the College of Executive Coaching.

After completing residency, Dr. Chinman served as outpatient staff psychiatrist with the Harvard Community Health Plan and Harvard University Health Services. He then joined the staff of the Brigham and Women's Hospital, where he was Director of Managed Care, Quality Assurance/Compliance and Urgent Care and the Co-Director of the Outpatient Division for the Department of Psychiatry. From 2010-2016, he had an outpatient psychiatry practice where he sub-specialized in evaluating and treating physicians and served as Associate Director of Physician Health Services, an independent subsidiary of the Massachusetts Medical Society. Currently, he maintains a busy outpatient psychiatry practice focused on the sub-specialty of evaluating and treating physicians.

As an educator, Dr. Chinman is known for his teaching and psychotherapy supervision skills. He is an Assistant Professor of Psychiatry at Harvard Medical School and has supervised psychiatric residents for over 20 years, taught clinical interviewing skills to first year Harvard medical students, and mentored junior faculty. He was on the Curriculum Committee for the Harvard Longwood Psychiatry Residency Training Program and the Cognitive Behavioral Therapy (CBT) Subcommittee and served as course Co-Director for the CBT course for PGY IIs and IIIs. He also taught PGY IVs on Health & Mental Health Care Delivery Sys-

tems in Psychiatry and supervised social workers on Psychodynamic Psychotherapy.

Dr. Chinman is a former president of Massachusetts Psychiatric Society and was the Massachusetts Representative to the American Psychiatric Association Assembly for four years.

A significant contribution to the advancement of our profession is his coaching skill. He was a member of the Accountability Leadership Healthcare Team for the Levinson Institute for over twelve years. As a board-certified coach, he served as a senior consultant at the Levinson Institute, and taught leadership skills to corporate and physician executives, many of whom also requested his coaching. Henceforth, he has a Private Coaching Practice in addition to his Private Psychiatric Practice. Given his strengths in health care delivery, he has been an invited speaker to several local presentations focusing on Medicare compliance, HIPAA and the use of the Longitudinal Medical Record. He has also contributed to the scientific literature with several publications, teaching exhibits and book chapters

In recognition of his dedication and major contributions to the profession, the Massachusetts Psychiatric Society is proud to honor Dr. Gary Chinman with the 2025 Outstanding Psychiatrist Award for Advancement of the Profession.



## 2025 MPS OUTSTANDING PSYCHIATRIST AWARDS

### RESEARCH

#### David Mischoulon, MD, DLFAPA



Dr. David Mischoulon completed his undergraduate education at Haverford College and received his MD and PhD (Biochemistry) degrees from Boston University School of

Medicine, graduating in 1994. He completed residency in adult psychiatry at Massachusetts General Hospital (MGH) in 1998, serving as Chief Resident in Psychopharmacology. He later received additional training in hypnosis and medical acupuncture. David has continued his prolific career at MGH over the past 27 years, now serving as Director of the Depression Clinical and Research Program (DCRP) and the Joyce Root Tedlow Professor of Psychiatry at Harvard Medical School.

Dr. Mischoulon's research has focused on various areas of depression, including psychopharmacology and complementary

and alternative medicine. His research on omega-3 fatty acids has been funded by NARSAD, NCCAM/NCCIH, and the NIH. He mentors researchers from all over the world. He has published more than 360 articles, a textbook on natural medications, and a guide to treatments of depression. He has been an invited speaker at various sites around the country and internationally. He is a Distinguished Life Fellow of the American Psychiatric Association.

In addition to his research activities, Dr. Mischoulon teaches and supervises MGH/McLean psychiatry residents and Harvard medical students, and lectures in various MGH/Harvard continuing medical education programs. He serves as Director of Training in the MGH Clinical Trials Network and Institute (CTNI), where he educates research clinicians on the proper administration of diagnostic instruments in clinical trials. He also cares for patients through the DCRP clinical practice and is regularly sought out for consultation regarding management of treatment-resistant depression and use of complementary therapies for psychiatric disorders.

As one of his nominators writes, "I am recommending Dr. Mischoulon because of his impact, generativity, and creativ-

ity. Dr. Mischoulon has been responsible for many clinical innovations in the treatment of psychiatric disorders. These include the application of natural and herbal remedies, acupuncture, medical devices [e.g., cranial electrical stimulation], and heat as treatments. He has also developed novel strategies in the management of special populations such as Spanish and French speaking patients, patients with comorbid medical conditions, and the utilization of medications for substance abuse such as acamprosate and naltrexone as potential antidepressant agents. He has served as mentor to over 30 doctoral level professionals who have gone onto successful, independent clinical research careers." A second nominator adds, "We are fortunate to have so many talented psychiatrists in Massachusetts and it may be difficult to identify who should be honored. I believe that Dr. Mischoulon is unique because in addition to his evident accomplishments as a physician and researcher, he is also a wonderful colleague who has never lost his commitment to the community."

In recognition of his outstanding achievements and dedication, the Massachusetts Psychiatric Society is proud to honor Dr. David Mischoulon with the 2025 Outstanding Psychiatrist Award for Research.

### EARLY CAREER PSYCHIATRY

#### Margarita Abi Zeid Daou, MD



Margarita Abi Zeid Daou, M.D., is a forensic psychiatrist and assistant professor in the Department of Psychiatry at the University of Massachusetts Chan Medical School (UMass).

Dr. Daou graduated from the University of Balamand, El-Koura in Lebanon in 2012, completed a psychiatric internship at the St. Georges Hospital University Medical Center in Ashrafieh, Lebanon, and her psychiatric residency at the Vanderbilt University Medical Center in Tennessee. She then pursued fellowship training in Forensic Psychiatry at UMass completing her studies in 2018.

Since 2018, Dr. Daou has been prolific in her academic, clinical, teaching, and administrative roles within the Department of Mental Health's Worcester Recovery Center and Hospital (WRCH), UMass, nationally and internationally. Her current position with WRCH is Associate Faculty Medi-

cal Director and Training Director for the Forensic Psychiatry Fellowship of UMass Chan. She is a Designated Forensic Psychiatrist with DMH and an Expert Witness for Massachusetts Courts. And she has a private practice.

Dr. Daou is richly involved in the academic life of her peers and trainees at UMass, Mass Psychiatric Society, American Academy of Psychiatry and the Law (AAPL), Association of Directors of Forensic Psychiatry, and the American Psychiatric Association. She is the Program Chair for AAPL's 2026 Annual Meeting in Tampa FL. She reviews manuscripts for and serves as a member of the Editorial Board of the *Journal of American Academy of Psychiatry and the Law* and is co-editor for two special issues of *Behavioral Sciences and the Law*. Since the start of her membership with AAPL in 2016, she has been on the Ethics Committee, Research Committee, Cross-cultural Committee, and serves on the Annual Meeting Program Committee.

She is first author of four of her nine peer reviewed publications while also publishing non-peer reviewed contributions in Psychiatric News, book reviews, book chapters, a legal digest, and Policy Statement concerning telepsychiatry for the APA. Dr. Daou has been invited to give Grand Rounds presentations and participates in the Law and Psychiatry Seminar series at UMass, and she extends herself regularly to train psy-

chiatric residents at Boston Medical Center, Cambridge Health Alliance, and Boston University. Her peer education efforts reach internationally to Spain, Austria, France, and Italy as well as throughout the United States.

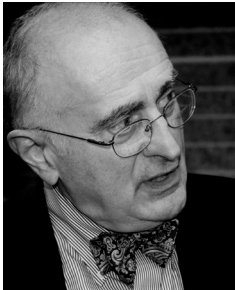
Her involvement with MPS and the APA since starting residency in 2014 includes service as a Council Member and now as an APA Representative for MPS. Other activities with the APA that benefit from Margarita's keen discernment and problem-solving talent include participation on the Correctional Committee, Judicial Action Committee, Racial and Social Justice Workforce, as well as the Scientific Program Committee.

Dr. Daou continues to step up as a leader who goes the extra mile for patients, colleagues, and the needs of the institutions she serves. Her ethical foundation is matched with impeccable clinical skill, mentorship, and leadership potential. On a personal note, she married earlier this year and enjoys a full and rich life as she continues to integrate her generous contribution of her expertise and skills to patients, trainees, peers, and the larger public while maintaining her resilience and care for herself, family, and community. MPS is proud to honor Dr. Daou with the 2025 Outstanding Psychiatrist Award for an Early Career Psychiatrist!

## 2025 MPS OUTSTANDING PSYCHIATRIST AWARDS

### LIFETIME ACHIEVEMENT

Ross J. Baldessarini, MD, DLFAPA



Dr. Ross Baldessarini graduated from Williams College with highest honors and was elected to Phi Beta Kappa in his junior year. He received his MD from

Johns Hopkins Medical School followed by post-doctoral training in neuroscience at the NIH and a psychiatry residency at Hopkins Phipps Psychiatric Clinic, where he served as chief resident. In 1969, he helped establish the Laboratories for Psychiatric Research at MGH which he directed before moving to the new Mailman Research Center at McLean Hospital in 1977. There he directed a new bipolar and psychotic disorder program and programs for clinical psychopharmacology training and founded the International Consortium for Mood and Psychotic Disorders Research. He is a tenured Professor of Psychiatry and Neuroscience at Harvard Medical School and holds an honorary M.A from Harvard University and an

honorary D.Sc. from Massachusetts College of Liberal Arts. He is also currently a MGH consulting psychiatrist.

An internationally known research neuropsychopharmacologist, Dr. Baldessarini has made many seminal contributions to basic scientific understanding of central monoaminergic neurotransmitter systems, their involvement in the pathophysiology of neuropsychiatric disorders and actions of antipsychotic and mood altering medicines with contributions to causes of tardive dyskinesia and hepatic encephalopathy, evidence for an anti-suicidal effect of lithium and more effective uses of psychotropic medicines and their safer discontinuation. He has served on editorial boards of 45 leading neuroscience, pharmacology, and psychiatric journals, trained over 170 laboratory and clinical investigators, and has over 3400 scientific publications. He is on the Institute of Scientific Information list of most cited authors in pharmacology and psychiatry. Additionally, he authored three editions of *Chemotherapy and Psychiatry*. For several decades, he also wrote the chapters on psychopharmacology for the standard American textbook on pharmacology, Goodman and Gilman's *Pharmacologic Basis of Therapeutics*.

Dr. Baldessarini has received many local, national, and international awards, including Scholar of Johns Hopkins University,

Efron Prize from the ACNP, Falcone Prize for Bipolar Disorders Research from the NARSAD, the AFSP research prize on anti-suicide effects of lithium, Harvard Medical School Silen Lifetime Mentoring Award and Schou Lifetime Award for teaching on bipolar disorder, lifetime research award from the University of Rome, and lifetime achievement award from AACP.

Dr. Baldessarini has educated a generation of medical trainees, investigators, and psychiatrists in psychopharmacology and biological aspects of psychiatry. He is widely regarded as having an unusually broad and critical perspective on integrating basic research in neuroscience and pharmacology with problems in clinical research and contemporary psychiatric practice.

In recognition of his more than 50 years of outstanding contributions to the field of psychiatry, the Massachusetts Psychiatric Society is honored and privileged to present Dr. Ross J. Baldessarini with its 2025 Outstanding Psychiatrist Award for Lifetime Achievement.

MPS extends its appreciation to our departing Council and Executive Committee officers:

#### Immediate Past President

John A. Fromson, MD, DLFAPA

#### Executive Committee- Advisor

Paul Summergrad MD, DLFAPA

#### APA Representative

Madelyn Hicks, MD FRCPsych, DFAPA

Margarita Abi Zeid Daou, MD

## 2024-2025 MPS TREASURER'S REPORT

This report summarizes the financial position of the Massachusetts Psychiatric Society (MPS) for the year 2024, with updates on our status in 2025 and a view toward the future.

As a nonprofit organization with a budget under \$500,000, MPS is not required to undergo a formal audit; instead, we conduct a financial review. The Society's accounts were reviewed by Kathleen M. Hughes, Certified Public Accountant. Her review confirmed that our financial statements for 2024 are in accordance with generally accepted accounting principles (GAAP) in the United States.

### 2024 Financial Performance

In 2024, our total revenue from operations was \$376,036, while operating expenses totaled \$400,817, resulting in a net operating loss of \$24,781.

The approved 2024 budget had projected revenue of \$381,050.00 and projected expenses of 432,443, resulting in a projected deficit of \$51,393.00.

Our income is derived primarily from member dues, \$235,144, classified advertisements, in the newsletter and online, \$71,540, and meeting and exhibit fees \$68,345.

Our largest single expense remains our management services contract with Massachusetts Medical Society / Specialty Management Services.

### 2025 Budget and Outlook

For 2025, the approved budget anticipates revenue of \$358,750 and expenses of \$404,443, resulting in a projected net operating deficit of \$45,693. This shortfall is driven by a combination of increasing costs and ongoing challenges, including a decline in membership. At the same time, we remain committed to delivering meaningful benefits to our members.

Despite these financial pressures, the Society remains on solid financial footing.

### Investment Summary

Our investment funds are managed by Merrill Lynch, with the guidance of account executive Robert Patterson and his team. MPS maintains a moderate risk profile, with a diversified portfolio composed of Exchange-Traded Funds (ETFs) spread across a mix of equity and fixed-income holdings. Our current allocation is approximately Equities = 57%, Fixed Income & Cash = 43%. These assets span large-, mid-, and small-cap funds, with a mix of value and growth strategies, as well as some international exposure.

- Ending balance (12/31/2024): \$916,205
- Current balance as of 4/11/2025: \$903,523

As of December 31, 2024, the Society's total assets stood at \$1,110,510. While current market conditions are volatile and uncertain, our investment strategy remains focused on long-term stability and growth.

### Acknowledgments

We extend our thanks to Robert Patterson and his team for their thoughtful stewardship of our investment portfolio.

I would like to express my appreciation to Michelle Arsenault of Tinkel Rosenberg & Co., PC, for her accounting services, and to Kathleen M. Hughes, CPA, for her diligent review of our financial statements.

A special thank you goes to our dedicated staff—Debbie Brennan and Mayuri Patel—for their exceptional commitment and invaluable contributions to the Society throughout the year.

Respectfully submitted,  
Mark J. Hauser, M.D.  
Treasurer, Massachusetts Psychiatric Society



## 2024-2025 MPS SECRETARY'S REPORT

The Massachusetts Psychiatric Society (MPS) remains steadfast in its mission to advance psychiatric care, education, and advocacy across the Commonwealth. Over the past year, our initiatives have demonstrated a deep commitment to enhancing mental health services and supporting our members' professional development.

### **Educational Leadership and Innovation**

MPS has continued to prioritize high-quality educational programming. Our 35<sup>th</sup> Annual Psychopharmacology Update each year brings the experience of consulting psychiatrists specializing in various disciplines with this year which highlighted but was not limited to the differential diagnosis and treatment of bipolar depression, advances in treatment of major depressive disorder with psychotic features, and evidence-based approaches to medication management in older adults. Our 2024 Psychotherapy Conference, held on November 16, brought together leading experts to explore cutting-edge practices in psychotherapy. The event featured sessions on integrative psychotherapy curricula, the emerging field of psychedelic-assisted therapy, and strategies for addressing therapeutic dilemmas with suicidal youth. Additionally, the conference examined the impact of social determinants on mental health in urban communities. The strong attendance and positive feedback underscored the conference's value in equipping psychiatrists with practical, evidence-based insights.

Building on this momentum, MPS hosted the 2025 Risk Avoidance & Risk Management Conference virtually on March 8. This event addressed the evolving legal and regulatory landscape facing psychiatrists, with presentations on disability assessment, the integration of artificial intelligence in psychiatric practice, advances in neurotherapeutic treatments, and best practices for managing patient incapacity. The conference fostered robust dialogue on risk management and remains a cornerstone of our annual educational offerings.

### **Advocacy and Legislative Engagement**

MPS has remained proactive in monitoring and responding to legislative developments, thanks in large part to the dedicated efforts of Lisa Simonetti. The ongoing implementation of the Commonwealth's Roadmap for Behavioral Health Reform has significantly reshaped outpatient mental health care in Massachusetts. Notable achievements include expanded access to integrated primary care and crisis services, the broadening of MassHealth-covered behavioral health services, and targeted workforce development initiatives to address shortages in culturally competent providers. These reforms are streamlining access to care and addressing systemic gaps that were brought to light during the pandemic.

### **Membership Growth and Community Engagement**

Membership in MPS offers a comprehensive array of benefits, including opportunities for professional growth, collaboration, advocacy, and personal development within a vibrant psychiatric community. In 2024–2025, we welcomed a diverse group of new members across all categories, reflecting our strategic vision for growth and inclusivity. Looking ahead, MPS is committed to engaging all members of our community, reinvigorating our processes, and expanding our impact to ensure the continued success and relevance of our organization.

In summary, the Massachusetts Psychiatric Society continues to lead in education, advocacy, and member support, driving meaningful improvements in mental health care throughout the Commonwealth. We look forward to building on these achievements in the year ahead.

At this time, I would like to acknowledge our outgoing officers and Council members.

**Immediate Past-President** – Dr. John Fromson

**Sr. APA Representative** – Dr. Madelyn Hicks as well as APA Representative Dr. Margarita Daou

And our **Executive Committee Advisor** – Dr. Paul Summergrad

Our new leadership year begins at the close of our Annual Meeting. In addition to welcoming Dr. Jhilar Biswas, MD into her new role as President, please join me in congratulating our new leadership and Nominating Committee members:

**President-Elect** – Dr. Anderson Chen

**Treasurer** – Dr. Mark Hauser has been re-elected to another term.

**APA Representatives** – Dr. Cynthia Peng and Dr. Adrienne Taylor.

I'd also like to recognize Dr. Adeliza Olivero who is now a member of the Executive Committee as she is now the Sr. APA Representative for MPS.

**Councilors** – Drs. Siu Ping Chin Feman and Hannah Larsen who have been re-elected to their Council positions.

**Nominating Committee** – Daria Hanson, MD, MBA and Amy Harrington, MD, CPE, FAPA

Thank you all for your dedication to MPS.

Respectfully submitted,

Cristina Montalvo, MD, MBA

Secretary, Massachusetts Psychiatric Society



Are you  
eligible  
and interested  
in applying for  
Fellow  
or  
Distinguished  
Fellow Status?

Contact the MPS Office.

We would be glad to assist you  
in completing your application.

## The MPS staff

Congratulates all newly elected  
officers and looks forward to  
working with the Executive  
Committee, Council and all our  
members in the coming year!

### The Retirement Committee will meet Thursday, May 15 from 7:00 to 8:30 PM

Please join us for the next meeting of the MPS Retirement Committee on Thursday, May 15 from 7:00 to 8:30 on Zoom. Robyn Miller, Ph.D will be speaking on “Continuity of care for solo practitioners; should you have a professional will?” This is a topic that should interest clinicians at any stage in private practice.

Robyn did her pre-doctoral training at Massachusetts Mental Health Center and a postdoctoral fellowship at Harvard University Health Service. She is also the founder of Theraclosure, the first Therapist Professional Executor Service

If you don't receive the meeting announcement email, let Mayuri Patel know at [mpatel@mm.org](mailto:mpatel@mm.org)  
Looking forward to seeing you May15.

Joe McCabe, Monty Stambler  
Cochairs, Retirement Committee

### MPS Psychiatry and Law Committee Meeting - Tuesday, June 3 from 7pm-8pm

**Tuesday, June 3 from 7pm-8pm:** Attorney Nathan Frommer, JD and Dr. Danielle Rynczak, JD, PhD will do presentation on *Legal Updates in Massachusetts*.

If you're interested in attending, please RSVP to Mayuri Patel by email @ [mpatel@mms.org](mailto:mpatel@mms.org) or (781) 237-8100 x1 in order to receive the zoom link.

# MASSACHUSETTS PSYCHIATRIC SOCIETY ELECTION 2025/26 RESULTS



I certify that the following have been successful in the recent MPS election for Officers and Committee positions as noted below. Ballots closed as of 04/18/25.

**President-Elect:**

Anderson Chen, MD

**Treasurer:**

Mark J. Hauser, MD, DLFAPA

**Councilors:**

Siu Ping Chin Feman, MD, DFAPA

Hannah Larsen, MD

**APA Representative:**

Cynthia S. Peng, MD

Adrienne D. Taylor, MD

**Nominating Committee**

Daria Hanson, MD, MBA

Amy Harrington, MD, CPE, FAPA

Respectfully Submitted,  
Secretary  
Cristina Montalvo, MD, MBS



## APA 2025 DISTINGUISHED FELLOWS

### Siu Ping Chin Feman, MD, DFAPA



I am honored to be selected by Massachusetts Psychiatric Society as a Distinguished Fellow of the American Psychiatric Association. I am very grateful to Dr. Nitigna Desai, Dr. Eugene Fierman, and Dr. Marie Ho-

bart, who supported my nomination.

As my fifteenth reunion from Tulane University School of Medicine approaches, I recall the four years I spent in New Orleans, arriving less than a year after Hurricane Katrina. Living in a community recovering from disaster, I first understood that my mission is to support people as they endure and recover from trauma. Through many rotations, (including one at Cook County Jail!), I learned that psychiatry was a natural way for me to further my mission.

From Louisiana, I moved back home to Mas-

sachusetts, completing residency at Longwood. My PGY3 community psychiatry rotation was changed at the last minute to St. Francis House (SFH). This switch was pivotal, as it was my first experience caring for people experiencing homelessness, in a specialized setting. A special thanks to Dr. Nina Calabresi, who helped me find my footing at SFH, where I first learned that I wanted to specialize in caring for people experiencing homelessness, and has been a mentor ever since!

Through the years, the MPS Public Sector Committee has always served as a professional home for me. There, I have had invaluable mentorship, as well as a community of psychiatrists who have been essential at guiding me along my winding path. This, in combination with my service to MPS as secretary, and councilor, have provided me with invaluable skills which I use every day to serve my patients and our community of psychiatrists.

Now, I work in the thick of the public sector, at the intersection of public and private agencies, local and state government, first responders and our patients. I am very grateful to have had such excellent training, peerless mentors, and a psychiatric society that stands behind me, the needs of my patients and our fellow psychiatrists.

Earlier today, a resident accompanied me to a transitional DMH shelter, and two permanent supported housing sites, where I provide direct patient care, consult to staff and advise leadership. After this, he asked me, "How can we help expose more residents to what work in the public sector can be?" As we work towards better answering this question, I am hopeful that more psychiatrists, at any career stage, will be more open to public sector work.

It can be daunting to consider work in the public sector, particularly when it is foreign territory, and when no two settings are alike. However, this variety is where you find beauty, joy and adventure. In this (sometimes uncharted) territory, there is room to build new programs and teams, and try novel approaches, tailored both to your patients, and to your needs and interests. Although parts of the public sector can move quite slowly, others can be most nimble, adapting as you, your patients, and your programs evolve.

For me, there is no greater fulfillment than helping someone along their journey of recovery. I am endlessly thankful to my family, mentors, supervisors, colleagues, and patients. Without all of you, this work would not be possible.

### Daniel Morehead, MD, DFAPA



Thank you to all of my colleagues for this honor, and thank you to the MPS and the APA – I am truly grateful that these organizations exist and advocate for us during these tumultuous times! Thanks also to those who have mentored me in

advocacy and leadership, including David Adler MD, Paul Summergrad MD, Nassir Ghaemi MD, and John Sargent MD, who also sponsored my nomination.

As someone who grew up vowing never to be a physician, my path to psychiatry was not a direct one. My father was a pediatrician and medical educator, and I observed his heavy workload and absences from home with some consternation. But during my adolescent years I superficially concluded that I would have to be a psychologist or psychiatrist because I lacked energy for anything more than sitting in a chair and listening to people talk! More deeply, I was drawn to the idea of reflect-

ing as honestly as possible about life and the human condition. Finding little of these as a college psychology major, I was drawn to philosophy and other liberal arts. However, I did not thrive in a hyper-intellectual setting, and turned to psychiatry in hopes of finding a synthesis of emotional, social, and intellectual life. I was not disappointed.

I found residency training at the Menninger Clinic to be stimulating, humane, and (believe it or not) nurturing. There was a culture of mutual support, growth, and healing there, and plenty of encouragement from lights such as Glen Gabbard MD and John Sargent MD. I remained on staff as Medical Student Director, Assistant Residency Program Director, and Clinical Researcher, but financial challenges proved to be too much for the organization, which literally left town to become part of Baylor Medicine in Houston, Texas.

I spent the next 20 years in private practice, learning mainly from my patients. I saw two things that astounded me there, slowly taking shape before my eyes: The first was the realization that long term mental health treatment (including psychotherapy) actually works quite well for patients who stay with it. The second was witnessing a scientific foundation for psychiatry fall neatly into place during the early 21st century. Psychotherapy went from 'psychobabble' to a fully validated

medical treatment, while medications and a host of other interventions proved to be as effective as most other treatments for chronic illness in the rest of medicine. As my enthusiasm for our field grew, I fell into advocacy, speaking to all sorts of community groups, writing for it in the Psych Times and other periodicals, and publishing a book on the subject with American Psychiatric Press.

Like the rest of us, I am privileged to work in this field, during a time that has seen a profound change in the public attitude toward mental health. Our culture has gone from a de facto denial that psychiatric illness exists to an overwhelming acceptance of mental illness as a medical reality equal to other kinds of medical illness in importance and seriousness. In this regard, I have come to deeply appreciate generations of patient work by people at organizations such as the APA, MPS, and NAMI (National Alliance on Mental Illness), as well as the advocacy and scientific efforts of countless people in our field.

Finally, having returned to academic medicine at Tufts, I am privileged to help train the next generation of psychiatrists in our residency program. My hope is to help them experience just how lucky they are to have a life in psychiatry in front of them, and to help them embody their role as true whole-person, biopsychosocial medical professionals.

## APA 2025 DISTINGUISHED FELLOWS

### Kerim Munir, MD, MPH, DSc, DLFAPA



I am honored to be selected as a Distinguished Life Fellow of the American Psychiatric Association. I am profoundly grateful to my mentors and colleagues. This journey has taken me across continents. Born

and raised on the Mediterranean island of Cyprus during a period of immense communal strife, I learned early that resilience is shaped by our teachers, as reflected in my experience at the bicultural English grammar school in Nicosia. This path led me to University College in Bloomsbury, London, before I crossed the Atlantic to begin my residency at Massachusetts General Hospital. I vividly recall my interviews at MGH, none of which would have been possible without the invitation extended by Jonathan Borus, undoubtedly the best residency training director anywhere.

The environment “under the Ether dome” was extraordinary – Tom Hackett, Ned Cassem, and Jerry Rosenbaum. As Gerald Klerman noted, the divide between the U.S. and the U.K. was not merely linguistic but deeply rooted in contrasting social systems. Klerman’s teaching

inspired me to pursue doctoral studies in psychiatric epidemiology at the Harvard School of Public Health (HSPH), a decision that would shape my career. At MGH, I had the privilege of being mentored by Chester (Chet) Pierce, who met weekly with me throughout my studies, and whose wisdom and generosity left an indelible mark. Chet wrote my recommendation for HSPH. When I expressed an interest in psychoanalytic training, he shared his own experience of being denied admission to BPSE because it was considered that he had “too big of a collective unconscious.” Chet continued his annual “follow-up” meetings in Harvard Square. We once walked over to Henry Murray’s home (of TAT fame). On many other occasions, we discussed global health, an uncommon pursuit at the time, beginning with my work with UNICEF after the Marmara earthquakes.

My path continued at McLean, where Skip Onesti, with his kindness and quiet strength, helped shape the foundations of Child and Adolescent Psychiatry (CAP). At HSPH, I became close to Leon Eisenberg and later Carola Eisenberg, whose brilliance and humanity my wife and I deeply cherished. Through these defining influences, I discovered my voice as an educator, as shown in the paper I co-wrote with Bill Beardslee titled “Developmental Psychiatry: Is There Any Other Kind?” Of course, I owe immense gratitude to Tony Earls, whose guidance helped me secure a NIMH K-award, and to Myron Belfer, who—along with Tony—provided the mentorship that gave my career in CAP its momentum. I helped establish and co-taught the course on “Development and Psychopathology” following an invitation from

Joe Coyle as Chair of the Consolidated Department, teaching alongside the invaluable Maria Sauzier, and serving on the Developmental Psychiatry Research Committee co-led by Stuart Hauser and Jerome Kagan, all involved in the course.

My transition to Boston Children’s marked a pivotal chapter in my career. I followed in Ludwik Szymanski’s footsteps in developmental psychiatry. Our Division of Developmental Medicine within Developmental-Behavioral Pediatrics grew to become one of the largest and most influential in the country. It served as a home for my clinical work and NIH-funded research at the intersection of Mental Health and Developmental Disabilities. It facilitated outreach to several low- and middle-income countries while promoting bi-directional exchanges and mentorship. Mentoring students at the Holmes Society at HMS also enriched my work, for which I am thankful to Anthony D’Amico and my fellow educators. Throughout this journey, I feel fortunate to have the support of my wife, Soizick, whose parents were both heroes of the Résistance in Brittany, and my two sons, who graciously and unconditionally accept my flaws.

### John J. Ratey, MD, DLFAPA



John J. Ratey, MD, is an Associate Clinical Professor of Psychiatry at Harvard Medical School and an internationally recognized authority in Neuropsychiatry. With over 60 peer-reviewed

articles and 11 books translated into 17 languages, his work has shaped the understanding of Attention Deficit Disorder (ADD/ADHD), brain fitness, and mental health.

Dr. Ratey co-authored the groundbreaking *Driven to Distraction* series with Dr. Ned Hallowell, a cornerstone resource for ADD/ADHD. Their seminal book, *Driven to Distraction* (1994), sold over 2 million copies, making ADD/ADHD research accessible worldwide. Together, they ex-

panded their work with *Delivered to Distraction* and *Answers to Distraction* and published a recent book, *ADHD 2.0*.

His best-selling book *Spark: The Revolutionary New Science of Exercise and the Brain* launched a global movement advocating exercise as a tool for mental health and cognitive performance. His latest book, *Go Wild*, delves into the importance of reconnecting with evolutionary health principles for optimal well-being.

A sought-after speaker, Dr. Ratey has delivered lectures across North America, Asia, Australia, and Europe, with his expertise featured on ABC, CBS, NBC, PBS, NPR, and in *The New York Times*, *Newsweek*, and *Men’s Health*.

Beyond academia, he has influenced education and neuroscience initiatives worldwide. He served as a consultant to the President of Taiwan and the South Korean Minister of Education, contributed to the South Korean Brain Institute, and held a position as Adjunct Professor of Sport Science at National Taiwan Sport University. Dr. Ratey also played a crucial role in launching *Spark Centers* in Japan, which now support 26 centers aiding children with developmental challenges.

His leadership extends to public health and fitness, including co-heading the California Governor’s Council on Physical Fitness and Sport and consulting for ANTA Kids in China. As an Ambassador for Reebok’s BOKS program and founder of the *Sparking Life* non-profit, he has championed the use of exercise in treating mental health disorders.

Dr. Ratey has been recognized as one of the Best Doctors in America since 1997. In 2016, the Massachusetts Psychiatric Society honored him as “Outstanding Psychiatrist of the Year for Advancing the Field.” He continues to practice in Cambridge, Massachusetts, and Los Angeles, California, remaining deeply committed to patient care and advancing mental health research.

## Congratulations to the following MPS members who have achieved Life Status

### Advancement to Life Member

- Alan Barry, MD
- Chand Bhan, MD
- Ellen Blumenthal, MD
- Eugene Cacciola, MD
- Charles Carl, MD
- Bruce Holstein, MD
- Lorenzo Lewis, MD
- Jay Stearns, MD
- Paul Menitoff, MD
- Jeffrey Speller, MD
- Henry White, MD

### Advancement to Distinguished Life Fellow

- Michael Bennett, MD
- William Falk, MD
- Jeffrey Geller, MD
- Kenneth Gruenberg, MD
- Anthony Jackson, MD
- Kenneth Jaffe, MD
- Martin Kafka, MD
- Jonathan Lieff, MD
- Steven Locke, MD
- David Osser, MD
- Robert Robinson, MD
- Jerrold Rosenbaum, MD
- Kenneth Talan, MD

### Advancement to Life Fellow

- Alan Sooho, MD

## Reminder.....

The MPS welcomes article submissions from its members! Your submission can be something you are passionate about and think members would like to read about. The deadline for submissions is the 10<sup>th</sup> of the month.

Reach out to Mayuri Patel at [mpatel@mms.org](mailto:mpatel@mms.org) for details to submit your article today!

## MPS 2026 Awards for Outstanding Achievement in Psychiatry

The MPS Awards Committee will be meeting to consider nominations from MPS members for outstanding achievement in psychiatry in the following categories:

**Advancement of the Profession**  
**Clinical Psychiatry**  
**Early Career Psychiatry**  
**Lifetime Achievement**  
**Psychiatric Education**  
**Public Sector Service**  
**Research**

If you have a nomination, please submit the name of the MPS member, with details of their achievements, and your reasons for nominating them. You should also include a CV summarizing their work. Send your nomination to the attention of the MPS Awards Committee by January 31, 2026.

**You can submit this by email to:**  
**[mpatel@mms.org](mailto:mpatel@mms.org)**





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**CHARLES D. CASH, JD, LLM, ARM**  
ASSOCIATE DIRECTOR OF RISK MANAGEMENT

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## MPS Calendar of Events

MPS Calendar of Events		
Antiracism Committee	May 1 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Women in Psychiatry	May 5 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Disaster Readiness	May 5 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
SEMPs	May 7 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Retirement Committee	May 15 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Public Sector	May 15 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Healthcare Systems & Finances	May 20 at 7:00 PM via Zoom	<a href="mailto:dbrennan@mms.org">dbrennan@mms.org</a>