



# Massachusetts Psychiatric Society

*your information source for psychiatry in Massachusetts*

Issue 236 October 2023

[www.psychiatry-mps.org](http://www.psychiatry-mps.org)

## FROM THE PRESIDENT

**John A. Fromson, MD, DLFAPA**



### Psychedelics in Psychiatry: the Massachusetts Connection

The exploration of psychedelics in psychiatry began in the mid-20th century. Drs. Timothy Leary and Richard Alpert, aka Ram Dass, conducted groundbreaking, if not extremely controversial, studies at Harvard. They explored the therapeutic potential of LSD and psilocybin, leading to the emergence of the field of psychedelic psychiatry.<sup>1</sup> NIH funded more than 130 studies exploring their efficacy, with positive results for anxiety, depression, and alcoholism.<sup>2</sup> However, as the counterculture movement embraced psychedelics in the 1960s, they were classified as Schedule I substances under the Controlled Substances Act of 1970. This marked the beginning of a long period of stigmatization and suppression of research into psychedelic therapies.

In recent years, there has been a resurgence of interest in psychedelics for psychiatric treatment. Research has focused on MDMA and psilocybin in treating PTSD, depression, and anxiety disorders. In Massachusetts, psychedelic-assisted therapy has gained traction using ketamine-assisted therapy for mood disorders. While not a classic psychedelic, ketamine has shown rapid-acting antidepressant effects and is legal for medical use intravenously and esketamine via nasal spray.

At the federal level, the FDA has granted breakthrough therapy designation for MDMA-assisted psychotherapy for PTSD and has shown openness to further research on psychedelics. The DEA has also eased some restrictions for research purposes. Introduced in the House (05/25/2023), the Douglas “Mike” Day Psychedelic Therapy to Save Lives Act of 2023 bill requires the Department of Defense to award grants to eligible entities to research the treatment of certain members of the Armed Forces through the use of specified psychedelic substances (e.g., MDMA). Specifically, the research must focus on members of the Armed Forces who are serving on active duty and have been diagnosed with PTSD, a traumatic brain injury, or chronic traumatic encephalopathy. Under the bill, eligible participants include federal or state government entities, academic institutions, and nonprofit entities.<sup>3</sup> From the Senate, bipartisan legislation has been proposed that would expand access to psychedelic substances like MDMA and “magic mushrooms” for medical purposes.

In Massachusetts, state legislation has mirrored these shifts. In 2020, a law was passed decriminalizing the possession and use of entheogenic plants and fungi, such as psilocybin-containing mushrooms. While this did not legalize their recreational use, it reduced the criminal penalties associated with possession and opened the door to potential medical use. In July 2023, two proposals have been put forward as 2024 ballot initiatives to legalize the possession of certain psychedelics and allow for licensed facilities to provide supervised treatment. The two proposals are similar, but one would make it legal for adults 21 and older to cultivate their own psychedelics like psilocybin and ayahuasca.

This discussion will now be in the ballot question arena. Attorney General Andrea Campbell has reviewed and approved these two questions to potentially be placed on the 2024 ballot. Collecting the first round of signatures will be a hurdle necessary for ballot placement. If the proponents collect approximately 75,000 certified signatures, these petitions go back to the Legislature where they have one more chance to pass this into law before it goes to the ballot. If the Legislature does not act by June of 2024 the proponents have a month to collect an additional 12,000 certified signatures and the question(s) will be placed on the ballot in November of 2024.

Your MPS Council member Dr. Madelyn Hicks along with MPS legislative consultant Lisa Simonetti have been leading our deliberations regarding the role and position MPS should take with pending legislation and future policy planning. The current APA position statement re-affirms much of what we discussed in terms of:

There is currently inadequate scientific evidence for endorsing the use of psychedelics to treat any psychiatric disorder except within the context of approved investigational studies. APA supports continued research and therapeutic discovery into psychedelic agents with the same scientific integrity and regulatory standards applied to other promising therapies in medicine. Clinical treatments should be determined by scientific evidence in ac-

*(continued on page 4)*

From the President .....	1
Resident Fellow Member .....	2
Call for Nominations for MPS Leadership.....	4
MPS Awards Nominations for 2024.....	6

MPS Committee Happenings.....	7
34 <sup>th</sup> Annual Psychopharmacology Update.....	8
MPS Classifieds.....	10
MPS Calendar.....	16

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### Chatbot Class of 2024: The Role of Artificial Intelligence in the Match

When I typed into ChatGPT, "Write a personal statement for my Child and Adolescent Psychiatry residency application," I had no idea what to expect. Nevertheless, I had my answer in an unsettling matter of seconds.

It was grammatically flawless, lacked syntactical errors, and remained theoretically on-topic. However, while the writing was clean, it was flat and not *personal*. This essay was like an empty shell of a human, lacking emotion, contemplation, and opinions. At the very least, it laid a helpful structural outline for a personal statement.

I became increasingly uneasy when I typed, "Now make it more personal" to the Chatbot. The essay restructured itself to include a generic clinical experience about a fictional patient named 'Sarah.' My passion for Child and Adolescent Psychiatry was suddenly,

*"Ignited during my clinical rotation at [Name of Hospital or Clinic], where I encountered a young teenager named Sarah. Sarah was battling severe anxiety and depression, and her story left an indelible mark on my path towards child and adolescent psychiatry."*

At best, it was the skeleton of an essay, absent of my own distinct narrative.

It felt like a parody of a personal statement about a vacuous medical student. From the start, *"My journey into medicine began with a desire to make a meaningful impact on the lives of others,"* to the very clunky end when it divulged that *"Psychiatry is not just a career choice for me; it is my calling,"* the contrived essay strung together a series of clichéd and hollow statements.

Of course, I could spend several hours providing the Chatbot with tidbits about myself to concoct a colloquial and accurate story about my journey to residency or fellowship. I could also write an honest, heartfelt essay in my own words in the same amount of time. The experience left me with one primary question: How will ChatGPT and other forms of artificial intelligence (AI) affect the upcoming application cycle for the 2024 Match?

### What is Chat GPT?

Chat Generative Pre-Trained Transformer

(ChatGPT) is a conversational artificial intelligence (AI) program developed by OpenAI that generates dialogue with its users. Consider a consumer website where a chatbot pops up in the corner of the internet browser to answer questions like, "Why is my order delayed?". Typically, the bot responds with a generic response and some 'Rate your experience' following the completion of the exchange.

Now, think about this on a much larger and more profound scale. ChatGPT uses machine learning algorithms to process and analyze immense amounts of data to generate user responses. A user can message it to assist with a task virtually, generate content, and more.

This AI language processing program or large language model (LLM) can understand spoken and written language, process the ingested information, and produce a coherent response. Input a question like, "Can you briefly summarize Freud's theory of the human psyche?". Tell it to, "Write me a poem about love and loss." Provide more specific instructions, like, "Now make it in the style of a sonnet." In seconds, the results appear.

It can generate ideas for business proposals, develop code, converse with users as a travel agent, improve sales strategies, write professional resumes, provide analytic insights, and even create a reference page and format it based on the APA 7th edition. ChatGPT has even successfully passed the medical<sup>2</sup> and law school board exams<sup>1</sup>, the Bar Exam<sup>1</sup>, and an MBA exam administered by a professor at the Wharton School at the University of Pennsylvania<sup>3</sup>.

### What Can't Chat GPT Do?

While ChatGPT can be helpful and practical for several industries and professions, it has flaws. ChatGPT does not understand content in the way a human does. ChatGPT does not have beliefs, opinions, or desires. It generates responses by predicting what text should come next based on the specific input that it has received from its user.

ChatGPT provides readers with straightforward, easily digested language. In doing so, it struggles to provide reflection, creativity, and personality in its delivery. It can give ambiguous and impersonal descriptions but cannot integrate meaningful insight into who is composing the writing. It will not provide its readers with an unmistakable voice or idiosyncratic

(continued on page 3)



## (continued from page 2) - RESIDENT FELLOW MEMBER

perspectives. In short, ChatGPT can write a statement, but it will not write a *personal* statement.

ChatGPT also needs to be fact-checked.

In June 2023, a US judge imposed sanctions on two New York-based lawyers who submitted a legal brief with six fictitious case citations. It later emerged that the lawyers used ChatGPT to manufacture the faulty brief. As a result, US District Judge P. Kevin Castel in Manhattan ordered the lawyers Steven Schartz, Peter Loduca, and their law firm Levidow, Levidow & Oberman to pay a \$ 5,000 fine. They would also bear the burden of being “the lawyers who got fooled by Chat GPT”<sup>5</sup>.

Stephen Gillers, a legal ethics professor at New York University School of Law, said, “The case is the first, but not likely the last, warning to the bar not to get seduced by the siren call of generative AI”<sup>5</sup>. However, we can see that it is not just the bar. The fabricated cases are synonymous with imaginary patient Sarah. In years to come, the tantalizing temptation of ChatGPT will be dangling in front of every overworked student, burnt-out resident, and first-year law associate.

### Can Admissions Committees Screen for AI-generated applications?

ChatGPT was released by Open AI in November 2022, after the Match for 2023 had already gotten underway. This year, medical students, residents, and admissions committees will be able to access LLMs, including ChatGPT. Not surprisingly, with this newfound world of AI-powered language models, many institutions are questioning how to regulate it. The centralized online service used to deliver all applications to US residency and fellowship programs, Electronic Residency Application Service (ERAS), will be following suit.

The ERAS website revised its policies and values related to AI, in that the personal statement, “Must be your own work and not the work of another author or the product of [AI]”<sup>4</sup>. The statement leaves much to the imagination. In many ways, it reflects how little we know about the reach of AI in the upcoming Match. But *how* does ERAS or an admissions committee identify a Student Doctor Chatbot?

Although plagiarism and AI detection software exist, we still need a foolproof method for detecting AI-generated text. It is possible that similar themes, sentence structures, or strikingly familiar stories about patient “Sarah” may tip off the plagiarism software. Perhaps there are discrepancies between a candidate’s responses and their application information at the interview stage. However, the latter may also be vulnerable to fraudulent responses, given that Zoom interviewers cannot see an applicant utilizing ChatGPT to respond to questions.

The admissions committee’s “holistic” approach to reviewing applications will consider personal statements, interviews, undergraduate GPA, MCAT scores, research, and other experiences in the medical profession. Letters of recommendation can also be helpful, assuming they are not a product of Professor Chatbot.

### Can LLMs be Helpful in the Match?

LLMs are not all that bad.

For applicants in this year’s Match, it may offer increased equity and accessibility for those who cannot access resources such as essay and application editing services. Programs like ChatGPT can help to synthesize and organize information. They can also provide ideas on telling one’s story or outline a clear essay structure while saving busy applicants’ significant time.

Admissions committees can also use LLMs. They can employ programs to screen applications for values, character strengths, and weaknesses. The technology can also mitigate potential plagiarism disputes. ChatGPT could even supplement the virtual interview process to help assess communication skills, critical thinking, and reasoning.

### Juggling AI and the Future of Match Applications

Although AI-language systems have their place as tools, it is easy to be led astray by unrealistic expectations of their utility. As LLMs develop rapidly and incorporate more human and real-world feedback, they will likely become a part of everyday life. While this evolves, ensuring that this technology aligns with human intentions, values, and safety research will be critical.

In terms of writing, AI can supplement personal statements for applicants, but it cannot replace human judgment. When students and residents begin to rely on AI to do their applications and interviews, they are misusing it. Applicants can work with the language and adapt it to their voices. The goal is that their story is authentically theirs. For admissions committees, consider that while LLMs have the potential to streamline the review process on several levels, this has drawbacks as well, including the premutation of existing biases and inequalities. In both arenas, layers of ethical concerns still need to be fully understood.

In the end, after scouring the internet and diving into the world of ChatGPT, I felt an obligatory urge to read my original residency application personal statement. I remember going through countless trashed ideas and editing a myriad of drafts. Why? There is real value in sharing your voice through writing. Those raw experiences, gritty truths, and sharp opinions vividly depict your character. Moreover, in a world that can often feel muted and over-reddited, that genuine personality permeating through words is refreshingly inimitable and human.

### Resources

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5. Weiser, Benjamin. “CHATGPT Lawyers Are Ordered to Consider Seeking Forgiveness.” *The New York Times*, The New York Times, 22 June 2023, <https://www.nytimes.com/2023/06/22/nyregion/lawyers-chatgpt-schwartz-loduca.html>

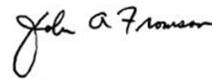
## (continued from page 1) - FROM THE PRESIDENT

cordance with applicable regulatory standards and not by ballot initiatives or popular opinion. References

At the September MPS Council meeting we were joined by our APA liaisons to discuss the Massachusetts ballot questions and what legislative efforts are taking place in other states. Using this information, MPS will devise a practical, sustainable, and thoughtful response.

Despite the growing acceptance of psychedelics in psychiatry, several challenges and considerations remain. The potential for misuse and the need for rigorous safety protocols are paramount concerns. Ensuring equitable access to psychedelic therapy and addressing affordability are also critical. Furthermore, Massachusetts, like other states, faces the challenge of reconciling state and federal laws. While the state has decriminalized certain psychedelics, they remain illegal under federal law, creating legal ambiguities.

1. Moreno, Jonathan D. "Acid Brothers: Henry Beecher, Timothy Leary, and the psychedelic of the century." *Perspectives in Biology and Medicine* 59(1): 107-121. Winter 2016.
2. Nutt D, Carhart-Harris R. The Current Status of Psychedelics in Psychiatry. *JAMA Psychiatry*. 2021;78(2):121–122. doi:10.1001/jamapsychiatry.2020.2171
3. <https://www.congress.gov/bills/118th-congress/house-bill/3684/text/ih?overview=closed&format=xml>



John A. Fromson, MD, DLFAPA  
President, Massachusetts Psychiatric Society

## Call for Nominations for MPS Leadership

Each year the MPS elects members to leadership positions for the next term beginning on May 1, 2024. The Nominating Committee would like to solicit nominations from the membership and encourage broad participation in the election process and to fully represent the diverse membership of our organization.

### Positions for Nomination:

- President-elect (3 years total – President-elect, President and Immediate Past President)
- Secretary (1 position - 2 years)
- APA Representatives (1 position - 3-year term)
- MPS Councilor (2 positions - 3-year term)
- Resident Fellow Member (1 position - 2-year term)
- Nominating Committee (2 positions – 2-year term)

### Information about Positions:

The MPS Council meets on the 2nd Tuesday of every month with some variation due to holidays. In addition, the Executive Committee (Presidents, Secretary, Treasurer and Senior APA Representative) meets on the 4th Tuesday of most months, also with some variation. Council members must participate in a minimum of 80% of the Council meetings each year. APA Representatives are expected to attend two Area 1 meetings in the New England Area and two APA Assembly meetings per year.

### The Nominating Process

The Nominating Committee will hold conference calls between October and November to set the slate of candidates for approval by Council on December 12, 2023.

To submit the name of a colleague or your name for a leadership position, please send a brief bio which includes your current practice setting, subspecialty (if appropriate), specific areas of interest, and past roles or participation in MPS to our Administrative Director, Debbie Brennan (dbrennan@mms.org). The deadline for nominations is Monday, October 23, 2023. All Nominating Committee correspondence is strictly confidential. If you submit someone else's name, please let us know if you have communicated your nomination to the person. The Nominating Committee will consider all nominations and will select a slate of candidates to be presented to the membership in the spring prior to the election which will take place via electronic ballots. The new leadership will be announced at the annual meeting on April 30, 2024.

If you have any questions, please do not hesitate to contact us.

Grace Chang, MD, MPH, Nominating Committee Chair  
John A. Fromson, MD, MPS President  
Nassir Ghaemi, MD, MPH, President-Elect

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AMERICAN  
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- Washington, D.C.
- Thursday, Oct. 12 - Friday, Oct. 13, 8:00 a.m. - 6:00 p.m.
- Saturday, Oct. 14, 8:00 a.m. - Noon ET

The Mental Health Services Conference brings together the whole team caring for those with mental illness, including psychiatrists, nurse practitioners, primary care physicians, social workers, and more, to collaborate on practical advice to influence systems-level change for their patients.

Beth Israel Lahey Health  
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HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL

## Attending Psychiatrist/Psychiatry Residency Associate Training Director

Beth Israel Deaconess Medical Center in Boston, a 650+ bed tertiary care teaching hospital of Harvard Medical School, is recruiting highly qualified full-time psychiatrist to occupy the combined role of Associate Director of the BIDMC Harvard Psychiatry Residency Training Program and attending psychiatrist on one of our clinical services. The successful candidate will spend approximately two-thirds of their time on one of our clinical services (General Ambulatory, Addictions, Consultation-Liaison, Inpatient and Addiction Psychiatry) and one-third in the educational leadership role.

The [BIDMC Harvard Psychiatry Residency Program](#) is a collaborative and supportive academic postgraduate medical education program designed to train future leaders in the field of psychiatry. A Harvard Medical School appointment at the rank of instructor, assistant, or associate professor would be commensurate with the record of accomplishments.

Applications are made online at [www.hmfphysicians.org/careers](http://www.hmfphysicians.org/careers). Please respond to requisition #R0488 for the position. We are an equal opportunity employer, and all qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability status, protected veteran status, gender identity, sexual orientation, pregnancy and pregnancy-related conditions or any other characteristic protected by law.

## Call for Nominations 2024 MPS Outstanding Psychiatrist Awards

MPS Awards Committee is soliciting nominations for the 2024 MPS Outstanding Psychiatrist Awards

Please consider nominating a colleague who you believe is deserving of this honor. Self-nominations are also welcome.

1. Nominee should be a Member of the Massachusetts Psychiatric Society.
2. Please send the following:
  - a. Nomination letter
  - b. Curriculum Vitae of nominee
  - c. A letter of support (if nominee has an academic appointment, a letter from the department head would be helpful).

The award categories are as follows:

**Lifetime Achievement:** This award is given to a senior psychiatrist who has made significant contributions over the course of his/her career which is now winding down.

**Advancement of the Profession:** This award is given to a psychiatrist who has advanced an area of the profession by highlighting and/or clarifying an area which has been in the background, bringing it forward, and developing it; e.g., women's issues, disaster psychiatry, refugee issues, etc.

**Clinical Psychiatry:** This award is given to a psychiatrist who is an outstanding clinician; someone who is known for having worked to clarify a particular area of interest or type of therapy and practiced it successfully.

**Education:** This award is given to a psychiatrist who has made a significant contribution to psychiatric education, e.g., establishing a residency, creating a nationally attended course, developing educational materials which can be used nationally for medical student or resident teaching. Being training director per se is not enough.

**Research:** This award is given to a psychiatrist who has made significant contributions to the development of an area of psychiatric research.

**Public Sector:** This award is given to a psychiatrist who has worked in the public sector and has been influential in reorganization or in leadership in that area or who has significantly influenced the political system in lobbying for patient's welfare.

**Early Career Psychiatry:** A psychiatrist who is in the first 10 years after completing residency (not fellowship training) who has done something outstanding in any of the above categories.

Please send your nominee's name, the award you are nominating for and a brief reason for the nomination to Mayuri Patel - mpatel@mms.org or call 781-237-8100 x1 by January 26, 2024.

Thank you!

Fe Erlita D. Festin, MD, DLFAPA  
Chairperson of MPS Awards Committee

## Call for nominations/self-nominations for MPS representative on the Massachusetts Medical Society (MMS) House of Delegates (HOD)

MPS member is expected to attend MMS HOD meetings held two times a year and give a brief report to the MPS Council meeting immediately after the MMS HOD meeting. This is a terrific opportunity to participate in organized medicine at the state level and engage in the promotion of MPS policy planning synergy with MMS. Please submit your name or that of a colleague with contact information to Debbie Brennan @ dbrennan@mms.org by October 20<sup>th</sup>, 2023.

## MPS Committee Happenings

**The MPS Consultation/Liaison Committee** invites you to a virtual meeting regarding psychiatric practice in the critical care setting. The meeting will be held on Thursday, October 5 at 7:00 PM and the discussion will be led by Janelle Poyant, a board certified critical care pharmacist

If you are interested in attending, please RSVP to Mayuri Patel by email at [mpatel@mms.org](mailto:mpatel@mms.org) or (781)237-8100 x1 in order to receive the Zoom Link.

Looking forward to seeing you on October 5<sup>th</sup>.

Cristina Montalvo, MD  
Elliott Baker, MD  
Katherine Crist, MD

### **The MPS Retirement Committee will meet via Zoom on Thursday, October 12th from 7:00 to 8:30 PM.**

The topic will be "Making decisions about retirement. What gets in the way?" Dr. Jim Sabin, who has successfully negotiated the process, and Dr. Carl Salzman, who is "in the middle of the struggle," have agreed to start us off.

We look forward to a lively and useful discussion.

The committee meets three or four times a year to discuss topics that include retirement planning, closing practices, and early and later post-retirement concerns. We welcome all psychiatrists interested in retirement. If you don't receive the announcement email, let Mayuri Patel know at [mpatel@mms.org](mailto:mpatel@mms.org).

Looking forward to seeing you on October 12<sup>th</sup>.

Joe McCabe, MD, Co-chair  
Burns Woodward, MD, Co-chair

### **Disaster Readiness Challenge "from MPS"**

The tragic loss of life to fires in Hawaii, the devastating flooding in Vermont, the Midwest and Southern US heatwave and drought, and other disasters and crises -- just this summer, in the US alone -- speak to the growing frequency and unpredictability of the disasters and crises we will be facing. No matter where you practice, we are all becoming disaster psychiatrists and disaster behavioral health specialists.

The Disaster Readiness Committee of MPS invites you to join an **"MPS Disaster Readiness Challenge."** The Challenge seeks to engage you as MPS members in strengthening our capacity in the Commonwealth of Massachusetts to be ready for the next unpredictable crisis. **The Challenge involves completing a new, useful and free course developed by the APA Committee on the Psychiatric Dimensions of Disaster: "Disaster and Preventive Psychiatry: Protecting Health and Fostering Community Resilience."** This course will update your knowledge on this topic area. It is now available at the American Psychiatric Association's online Learning Center, which includes 8 Continuing Education credits at no charge.

Log in to the APA Learning Center here: <https://www.psychiatry.org/psychiatrists/education/apa-learning-center>

Find the course **Disaster and Preventive Psychiatry: Protecting Health and Fostering Community Resilience**

This 9-module (8-hour), interactive course is a comprehensive online training in this critical topic area, focusing heavily on public mental health principles to support individuals and communities impacted by disasters, and will be highly informative to Psychiatrists and other healthcare workers, disaster responders, and community leaders. Once you complete the course, please send Debbie Brennan an email at: [dbrennan@mms.org](mailto:dbrennan@mms.org)

We also invite you to attend one of our next **MPS Disaster Readiness Committee meetings, on December 7, from 6-7:30 pm.** At our committee meetings we will discuss the application of the principles learned to our readiness in the Commonwealth of MA, and how you would like to see us collectively be ready and respond to emerging needs in the Commonwealth. To receive a Zoom invitation to the committee meetings, please send Debbie Brennan an email at: [dbrennan@mms.org](mailto:dbrennan@mms.org)

Giuseppe Raviola, MD MPH, Katie Koh, MD MSc.  
MPS Disaster Readiness Committee Co-Chairs





## Massachusetts Psychiatric Society's

# 34<sup>th</sup> Annual Psychopharmacology Update

## Program Overview

Each year the psychopharmacology update course chair and cochair review feedback from the previous year including suggestions for topics of interest. Also, the chair has extensive experience consulting with psychiatrists who have psychopharmacology questions and become aware of prescribing issues that are not well understood by practitioners. From these sources a set of presentations was developed. The program begins with a discussion on the differential diagnosis and treatment of mania with psychosis, schizoaffective disorder, and schizophrenia. A second speaker will

focus on cannabis use in adults. After a break, a speaker will discuss hallucinogen persisting perception disorder. This will be followed by a speaker providing updates on ADHD treatments in adults. Following a lunch break, the program continues with a discussion on the treatment of agitation in patients with mania or schizophrenia. The final lecture will be on the topic of the treatment of substance use disorder during pregnancy and postpartum period. The program will end with questions and answers on any topic in psychopharmacology with a panel of the day's speakers.

## Learning Objectives

At the conclusion of this activity, participants will be able to:

- Prescribe medications without being subject to undue influence by drug company marketing
- Select the most evidence-supported medications for efficacy and safety for patients with cannabis use
- Select the most evidence-supported medications for efficacy and safety for patients with hallucinogen persisting perception disorder
- Select the most evidence-supported medications for efficacy and safety for patients with ADHD
- Select the most evidence-supported medications for efficacy and safety for patients with agitation in context of mania or schizophrenia
- Select the most evidence-supported medications for efficacy and safety for patients with substance use disorder during pregnancy and postpartum period
- Select the most evidence-supported medications for efficacy and safety for patients with schizoaffective disorder

[CLICK TO REGISTER ONLINE](#)

## AMA Credit Designation Statement

The Massachusetts Psychiatric Society designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Accreditation Statement

The Massachusetts Psychiatric Society is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

**Saturday**

**NOVEMBER 4, 2023**

**8:15 a.m.–4:00 p.m.**

**Virtual Program**

## Faculty

### **Bushra Awidi, MD**

*Psychiatrist, Partial Hospital Program  
Cape Cod & Islands CMHC  
Child and Adolescent Psychiatrist  
Massachusetts General Hospital*

### **Anderson Chen, MD**

*Psychiatrist  
Massachusetts General Hospital  
Instructor in Psychiatry  
Harvard Medical School*

### **Kevin P. Hill, MD, MHS**

*Director, Division of Addiction Psychiatry  
Beth Israel Deaconess Medical Center*

*Associate Professor of Psychiatry  
Harvard Medical School*

### **Steven E. Locke, MD, DLFAPA**

*Former Associate Professor of Psychiatry  
Harvard Medical School  
Affiliate Psychiatrist  
Beth Israel Deaconess Medical Center  
Principal  
Behavioral Health Integration Solutions, LLC*

### **David N. Osser, MD**

*Associate Professor of Psychiatry  
Harvard Medical School  
at VA Boston Healthcare System*

### **Edwin Raffi, MD, MPH**

*Perinatal and Reproductive Psychiatrist  
Massachusetts General Hospital's  
Ammon-Pinizzotto Center for Women's  
Mental Health*

*Director of Behavioral Health,  
MGH HOPE clinic for Pregnant & Postpartum  
Women with Substance Use Disorder*

*Instructor in Psychiatry  
Harvard Medical School*

### **Sean Stetson, MD**

*Assistant Professor of Psychiatry, BUSM;  
secondary with HMS*

*Staff Psychiatrist / Director of Mental Health  
Emergency Services, Boston VA*





## Program Schedule

<b>8:15-8:30 a.m.</b>	<b>Welcome and Introduction</b> <i>Anderson Chen, MD, Activity Chair</i> <i>David N. Osser, MD, Activity Co-Chair</i>
<b>8:30-9:30 a.m.</b>	<b>Differential Diagnosis and Psychopharmacology Treatment of Mania with Psychosis, Schizoaffective Disorder, and Schizophrenia</b> <i>David N. Osser, MD</i>
<b>9:30-10:30 a.m.</b>	<b>Cannabis Use in Adults</b> <i>Kevin P. Hill, MD, MHS</i>
<b>10:30-10:45 a.m.</b>	<b>BREAK</b>
<b>10:45-11:45 a.m.</b>	<b>Hallucinogen Persisting Perception Disorder (HPPD): The Trip That Never Ends</b> <i>Steven Locke, MD, DLFAPA</i>
<b>11:45-12:45 p.m.</b>	<b>ADHD Treatments in Adults</b> <i>Bushra Awidi, MD</i>
<b>12:45-1:30 p.m.</b>	<b>LUNCH</b>
<b>1:30-2:30 p.m.</b>	<b>Treatment of Agitation in Patients with Mania or Schizophrenia</b> <i>Sean Stetson, MD</i>
<b>2:30-3:30 p.m.</b>	<b>Treatment of Substance Use Disorder During Pregnancy and Postpartum Period</b> <i>Edwin Raffi, MD, MPH</i>
<b>3:30-4:00 p.m.</b>	<b>More Questions and Answers</b> <i>Panel of the Speakers</i>

**Boston Medical Center (BMC)** is the largest safety-net hospital in New England and the primary teaching affiliate of the nationally ranked **Boston University Chobanian & Avedisian School of Medicine (BUSM)**.

**Employment Opportunities:** Led by Dr. David Henderson, the Psychiatry Department is seeking skilled, passionate, mission driven **Psychiatrists**. This is an opportunity to become a member of a **growing academic department** with a range of clinical opportunities and potential for research/educational contributions.

- **Outpatient Adult, Child/Adolescent, & Addiction Psychiatrists:** We are seeking psychiatrists to provide acute and longitudinal outpatient services in a **new clinical space opening 2024**, adjacent to pediatrics, general and family medicine.
- **MEDICAL DIRECTOR, BMC Community Behavioral Health Center (CBHC):** We are seeking an Adult or Child/Adolescent Psychiatrist to provide medical leadership for the BMC CBHC, one of 25 sites across the commonwealth, providing mobile crisis intervention, community crisis stabilization and walk in outpatient services for adults and children. This is a unique opportunity to participate in the statewide effort to innovate access to behavioral health care.
- **Inpatient Psychiatry:** This is an opportunity to join a **brand new (Winter 2023) inpatient behavioral health facility** in Brockton, working collaboratively with a multidisciplinary team to provide exceptional care to patients. Teaching opportunities will be available and physicians are eligible for BUSM appointments.

**Compensation:** Boston University Chobanian & Avedisian School of Medicine offers a competitive salary commensurate with academic training and practice experience as well as eligibility for Faculty appointment at BUSM, tuition discount for provider and family at BU and other excellent benefits.

**These positions are consistent with prioritized criteria as per significant loan repayment program** <https://www.mass.gov/news/baker-polito-administration-announces-historic-130-million-workforce-loan-repayment-program-for-health-care-workers>

**Apply:** Please include a cover letter and CV to [karin.laping@bmc.org](mailto:karin.laping@bmc.org) or via this [job posting](#).



DEPARTMENT OF PSYCHIATRY – SALEM HOSPITAL

A MASSACHUSETTS GENERAL BRIGHAM FACILITY

ADULT INPATIENT PSYCHIATRIST POSITION



MASSACHUSETTS  
GENERAL HOSPITAL

The Department of Psychiatry at Salem Hospital has an outstanding opportunity for a full-time or part-time **BC/BE adult inpatient psychiatrist**.

The Epstein Center for Behavioral Health is a 120-bed inpatient facility established in affiliation with Massachusetts General Hospital (Mass General) that includes two adult units, one child and adolescent unit, and one geriatric unit, embedded in a full-service medical center. Each unit includes a team of social workers and a psychiatric Nurse Practitioner to support physicians, optimize workflow, and improve patient care.

Other clinical opportunities involve possibility of participating on the Consultation-Liaison service or in the Adult Outpatient Department.

There are multiple opportunities for teaching on-site, and a Tufts Medical School faculty appointment is available for physicians who participates in medical student training. There are also educational and research opportunities at Mass General and Harvard Medical School for the appropriate interested candidate.

Salaries are extremely competitive. Evening and weekend call are very reasonable and provide significant additional compensation.

Salem is located on the North Shore of Massachusetts, only 15 miles north of Boston. This region features all the advantages of proximity to a wonderful metropolitan area.

Interested individuals should send their CV and letter of interest to Louis Caligiuri, Executive Director of Physician Recruiting at [lcaligiuri@partners.org](mailto:lcaligiuri@partners.org).

Salem Hospital is an affirmative action/equal opportunity employer. Minorities and women are strongly encouraged to apply. Pre-employment drug screening is required. The position is eligible to participate in the federal Public Service Loan Forgiveness Program.

## UMass Memorial Health and the University of Massachusetts Chan Medical School currently have openings within the Department of Psychiatry.

The Department of Psychiatry is a national leader in addiction, biological, child and adolescent, and public sector, psychiatry, neuropsychiatry, psychosocial rehabilitation, and women's mental health. We integrate our clinical, research, teaching and community partnership activities to help individuals and families transform their lives through recovery from mental illness and addiction. We are the largest provider of psychiatric services in central Massachusetts, with over 400 faculty members and 12 hospitals and community mental health centers in varied settings across the state.

Our residency program trains 7 residents per year, including general psychiatry and specialty tracks for combined adult and child psychiatry and combined psychiatry and neurology. We offer fellowships in Addiction, Adult Developmental Disabilities, Child and Adolescent, Forensic Psychiatry, and Neuropsychiatry.

Diversity, equity, and inclusion are integral to the commitment of the Department and University. Accordingly, the Department seeks qualified candidates who can contribute to racial equity, diversity and inclusion through service, mentorship, teaching and scholarship. Candidates from historically underrepresented group(s) in higher education and medicine are encouraged to apply. Candidates who possess personal characteristics that might be considered as diversifying elements among the clinical team and the larger psychiatry faculty at UMass Chan are invited to identify themselves during the application process.

### UMass Chan Medical School

**Area Medical Director:** DMH Southeast Area - Support the delivery of clinically effective and high-quality behavioral healthcare to the diverse persons served by DMH.

**Facility Medical Director (Cape Cod and Islands Mental Health Center, Pocasset, MA)** - Provides administrative and clinical oversight for the DMH-operated and contracted state hospital and community support programs. Clinical Care in our Partial Hospital program.

**Full-Time Psychiatrist, Worcester Recovery Center and Hospital (WRCH)** - 2 inpatient positions.

**Director of Therapeutic Services, Child and Adolescent Psychologist, Worcester Recovery Center and Hospital (WRCH)**

**Part-Time Researcher, Implementation Science and Practice Advances Research Center (iSPARC), UMass Chan Medical School**

**Geriatric Researcher, Psychologist/Psychiatrist, UMass Chan Medical School**

For additional information on the above, please contact **Brian Daly, MD, Vice Chair, Public Sector Psychiatry**  
**bdaly@communityhealthlink.org**

Interested applicants should apply directly at <https://academicjobsonline.org/ajo/UMASSMED/Psych> (J-1 and H-1B candidates are welcome to apply)

### UMass Memorial Health

**Medical Director, Psychiatric Treatment and Recovery Center (PTRC)** - oversee all program functions for this 26-bed locked, acute psychiatric unit as well as coordinate and deliver clinical care

**Attending, Psychiatric Treatment and Recovery Center (PTRC)** - provide direct clinical services and work with medical students & residents on this teaching unit

**Attending, Psychiatrist (Rotating/Cross Coverage)** - provide clinical rotating cross-coverage within the Department of Psychiatry for vacations and extended medical leaves.

**Associate Medical Director, Community Healthlink (CHL)** - the ideal candidate will have a demonstrated commitment and passion for community psychiatry and an interest in a leadership role advocating for and promoting the wellbeing of traditionally underserved populations.

Interested applicants should submit a letter of interest and curriculum vitae addressed to  
**Kimberly A. Yonkers, MD**  
**c/o Carolina Mallea**  
**[carolina.mallea@umassmemorial.org](mailto:carolina.mallea@umassmemorial.org)**

<http://jobs.jobvite.com/umassmemorialmedicalgroupphysicians/search?q=&d=Psychiatry>

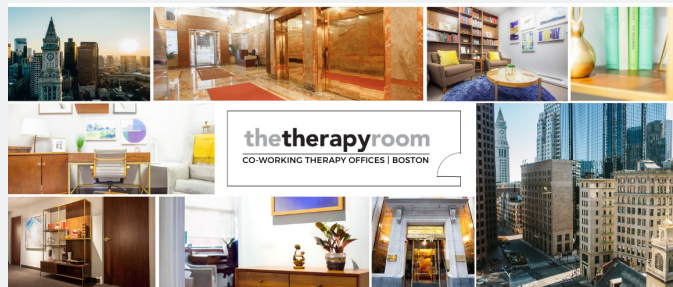
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Offering full- time private therapist office with 2 windows and deck in recently renovated/re-decorated Condo suite. Beautifully furnished, large, sunny office and shared waiting room. 24/7 access, handicap compliant, elevator and free abundant parking. Easy commute to/from Rte.2, Rte.128, and Rte.3. Next to Starbucks. Priced at \$1300. plus \$40 electric per month. Contact: Noelle Cappella (617) 875-8717 [nmcapp22@gmail.com](mailto:nmcapp22@gmail.com)



## Downtown Boston - The Therapy Room -

[www.txroom.com](http://www.txroom.com): Prestigious location. Selection of office spaces to choose from. Designed and fully furnished offices set up for mental health practices. Flexible rental options: part-time, full-time, and by weekday for hybrid work. Affordable prices. Check availability and pricing at [www.txroom.com/offices](http://www.txroom.com/offices). Call Dr. Tomasz Vav at 617-706-2601 or email [txroom@txroom.com](mailto:txroom@txroom.com) for details.

# PRMS SUPPORTS SUICIDE PREVENTION

PRMS® is proud to support the American Foundation for Suicide Prevention, an organization that works to save lives and provide a support network through research, education, and advocacy.

According to AFSP, ninety percent of people who die by suicide have an underlying - and potentially treatable - mental health condition. As a psychiatry-specific professional liability insurance program, we are dedicated to supporting our clients, as well as the greater mental healthcare community.

Thank you, doctors, for all you do to prevent suicide and support your patients.

Our team of expert risk managers has compiled suicide assessment tools to help protect practices and patients. Visit [www.PRMS.com/Prevention](http://www.PRMS.com/Prevention) to access your free resources today.

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## **UHS** Universal Health Services, Inc.

### **Psychiatrist Opportunities in Massachusetts**

Universal Health Services (UHS), one of the nation's leading hospital management companies is seeking psychiatrists at behavioral health hospitals in Massachusetts. The new associates will enjoy a Monday – Friday schedule, and there is no call requirement; opportunity for per diem work is available for additional stipend. The region offers a plethora of recreational activities allowing for a professional career and a fulfilling personal lifestyle while in close proximity to Boston and Cape Cod.

Psychiatrist opportunities are available at the following locations:

**Fuller Hospital in Attleboro**  
**Pembroke Hospital in Pembroke**

#### **We are proud to offer:**

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For consideration, please contact **Stephanie Figueroa**, In-house Physician Recruiter, Universal Health Services, at [stephanie.figueroa@uhsinc.com](mailto:stephanie.figueroa@uhsinc.com) or **(484) 695-9913**.



**MASSACHUSETTS  
GENERAL HOSPITAL**

#### **DEPARTMENT OF PSYCHIATRY – SALEM HOSPITAL** In affiliation with **MASSACHUSETTS GENERAL HOSPITAL** **Job opening for Consultation-Liaison Psychiatrist**

The Department of Psychiatry at Mass General Brigham Salem Hospital has an outstanding opportunity for a Consultation-Liaison (CL) psychiatrist. While completion of a CL, psychosomatics program is preferred, this position is also open to other candidates who have demonstrated interest and experience in consultation-liaison psychiatry. There is a potential leadership opportunity for the appropriate candidate.

Salem Hospital is unique in its breadth of psychiatric services a general hospital setting. The Epstein Center for Behavioral Health is a 120-bed inpatient facility that includes two adult units, one child and adolescent unit, and one geriatric unit, all fully part of the Medical Center and available to take patients from the emergency department and medical floors. There are also 3 outpatient sites, a separate partial hospital program for adults and for adolescents, and a team of psychiatric crisis clinicians in the emergency department 24 hours/day, 7 days/week.

Qualified candidates will receive a clinical appointment at Mass General Brigham Salem Hospital and have opportunity for a Tufts Medical School faculty appointment. There are multiple opportunities for teaching on-site. There are also educational and research opportunities at Mass General and Harvard Medical School for the appropriate interested candidate.

Salaries are extremely competitive. Evening and weekend call are very reasonable, and provide significant additional compensation.

Salem is located on the North Shore of Massachusetts, only 15 miles north of Boston. This region features all the advantages of proximity to a wonderful metropolitan area.

Interested individuals should send their CV and letter of interest to Louis Caligiuri, Executive Director of Physician Recruiting at [lcaligiuri@partners.org](mailto:lcaligiuri@partners.org).

Salem Hospital is an affirmative action/equal opportunity employer. Minorities and women are strongly encouraged to apply. Pre-employment drug screening is required. The position is eligible to participate in the federal Public Service Loan Forgiveness Program.



### AMBULATORY PSYCHIATRY POSITION

Beth Israel Deaconess Medical Center, a 650+ bed tertiary care teaching affiliated with Harvard Medical School, is recruiting for a part time ambulatory psychiatrist to provide general psychiatry and psycho-pharmacology services at our flagship community health center in Dorchester. The successful candidate for this position may be considered for a Harvard Medical School appointment at the rank of Instructor or Assistant Professor, Part-Time, commensurate with experience, achievements and teaching contributions.

The Bowdoin Street Health Center is a multi-specialty practice serving the Bowdoin-Geneva community. We provide comprehensive primary care and behavioral health services, and are staffed by 12 medical providers as well as five clinical social workers and two part-time psychiatrists. Our behavioral health department is highly collaborative and is very committed to meeting patient need. In addition, the behavioral health department is fully integrated within the health center as a whole and there is ample opportunity for close collaboration with the primary care providers.

Founded in Boston's Dorchester neighborhood in 1972 by community residents, Bowdoin Street Health Center remains focused on providing outstanding medical care while maintaining a tradition of working with residents to identify and meet their unique health needs. The mission of the health center is to provide excellent, compassionate care to our patients and support the health of the entire community.

Recognizing how social and economic factors in the community can also influence an individual's health status, Bowdoin Street actively engages with community organizations and public entities to prevent violence improve access to healthy, affordable foods and promote wellness through exercise and stress reduction.

For more information on the health center please visit our Web Site:

<http://www.bidmc.org/CentersandDepartments/Departments/CommunityHealthCenters/BowdoinStreetHealthCenter.aspx>

Applications are made online at [www.hmfphysicians.org/careers](http://www.hmfphysicians.org/careers). Please respond to requisition #201385. We are an equal opportunity employer and all qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability status, protected veteran status, gender identity, sexual orientation, pregnancy and pregnancy-related conditions or any other characteristic protected by law.



MASSACHUSETTS  
GENERAL HOSPITAL

### Child Psychiatrist Opportunity, Near Boston, MA

Mass General Brigham - Salem Hospital has an exciting opportunity for a child psychiatrist to join a thriving and growing psychiatric service in Salem, MA about 15 miles north of Boston. Salem Hospital is part of the prestigious Mass General Brigham health care system, and the Department of Psychiatry is closely aligned with Massachusetts General Hospital (MGH).

There are opportunities for this to be an inpatient, outpatient or combined position, depending on the candidate's interest and experience and matching this with Department needs.

Salem Hospital provides a full spectrum of psychiatric care, including adult inpatient psychiatry, an older adult inpatient unit, a child and adolescent inpatient unit, separate partial hospital programs for adults and for adolescents, and several outpatient clinics. Inpatient care is provided at the Epstein Center for Behavioral Health, a spectacular, newly renovated facility that provides unique outdoor recreational space for patients. The Department is involved in clinical research in collaboration with our Mass General Brigham colleagues, and is a hub for the Massachusetts Child Psychiatry Access Project (MCPAP), a state supported outpatient consultation service for area pediatricians. We have a vibrant educational program, and teaching opportunities and an academic appointment are available. Physicians in the department enjoy a collegial and supportive practice environment.

Compensation is very competitive. The call schedule is very reasonable and requires no in-house coverage.

Interested candidates should forward their CV to Louis Caligiuri, Executive Director of Physician Recruiting at [lcaligiuri@partners.org](mailto:lcaligiuri@partners.org). Salem Hospital, a member of Mass General Brigham, is an affirmative action/equal opportunity employer. Minorities and women are strongly encouraged to apply.





## Psychiatrist, Outpatient – Atrius Health – Metro Boston

Atrius Health, a physician-led primary and specialty care group in the Boston Metro area treating one in ten Massachusetts residents, and a nationally recognized leader in value-based population health care, has an excellent opportunity to join the Division of Psychiatry in the Behavioral Health Department for outpatient position for both Child & Adolescent and Adult Psychiatrists. Both part-time and full-time positions are available, with telehealth and/or hybrid telehealth/office-based options in any of our Quincy, and Beverly locations.

In this capacity, the psychiatrist is an active member of a collaborative multidisciplinary team inclusive of other MDs, PhDs, PMHNPs, LICSWs, and Care Facilitators among others, providing psychiatric expertise and support. In addition to traditional psychiatric services, the psychiatrist may provide consultation services to any of the pediatric, primary and specialty care services as part of the Integrated Behavioral Health services. Teaching, research opportunities and faculty appointments are available through our Academic Institute and our affiliations with Harvard Medical School and Tufts University School of Medicine.

### Who are we?

Atrius Health, a pioneer and leader of value-based care in the country, is nationally recognized for transforming healthcare through clinical innovations and quality improvement. Academically affiliated, Atrius Health and its 700 and more physicians deliver an effective system of connected care for more than 705,000 adult and pediatric patients at over 30 medical practice locations in eastern and central Massachusetts. Atrius Health is committed to transforming the behavioral health care delivery system.

### Why work with us?

You have the desire to transform psychiatric care in our communities and are committed to providing high quality, evidenced based care to a diverse and growing patient population, in addition to having an exceptional compensation and benefits package including:

- Very competitive productivity-based salary with a two-year base salary guarantee.
- Generous 401(k) matching with additional 457(b) option and health savings account.
- Up to \$3,000 CME reimbursement, in addition to medical and specialty boards' licensures and other professional fees reimbursement.
- Exceptional benefits package including health, dental, life, disability, & long-term care insurance.
- Six weeks of PTO per year and ten paid holidays.

As well as a unique and supportive clinical practice with the following highlights:

- Traditional outpatient psychiatric clinic with great administrative support including scheduling, prior authorizations, refills, etc.
- Integrated care with Primary Care Providers, Pediatricians and Developmental & Behavioral Pediatricians
- Telehealth and Hybrid (Tele/Office) modalities of care delivery with great schedule flexibility enabling greater work-life balance.
- Standard clinical encounter time with one-hour for initial psychiatric evaluations and 20-30 minutes for follow-up appointments
- After hours telephonic clinical triage services
- Advanced EMR with all that EPIC can offer

### Qualifications:

- BC/BE in Child or Adult Psychiatry with recent graduates highly encouraged to apply
- Demonstrated ability to work in a team environment
- Fellowship in Addiction, in Community and Public Psychiatry, and Buprenorphine-waiver are highly desirable
- Fluency in other languages such as Spanish, Mandarin, Cantonese and other is a plus.

If this speaks to you and your career aspirations, please reach out.

Interested applicants should submit a letter of interest and curriculum vitae addressed to the Chair of Behavioral Health, Manjola Van Alphen, MD, PhD, MBA.

Lisa Scully, Physician Recruitment, Atrius Health, 275 Grove Street, Suite 3-300 Newton, MA 02466; T: 800-222-4606 or 617-559-8275 within Massachusetts;

E: [Lisa\\_Scully@atriushealth.org](mailto:Lisa_Scully@atriushealth.org) EOE/AA. [www.atriushealthproviders.org](http://www.atriushealthproviders.org)



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THE DEADLINE FOR SUBMISSION IN THE  
NOVEMBER/DECEMBER MPS NEWSLETTER OCTOBER 13, 2023.  
FOR ADDITIONAL ADVERTISING INFORMATION,  
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(781) 237-8100 x1 OR [MPS@MMS.ORG](mailto:MPS@MMS.ORG)

### MPS Calendar of Events

Women in Psychiatry	October 2 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Advocacy Day	October 4 at 9:30-11:30 a.m. at the State House pre-registration required	<a href="mailto:dbrennan@mms.org">dbrennan@mms.org</a>
SEMPs	October 4 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Antiracism	October 5 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Consultation/Liaison	October 5 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Council	October 10 at 7:00 PM via Zoom	<a href="mailto:dbrennan@mms.org">dbrennan@mms.org</a>
Retirement	October 12 at 7:00 PM via Zoom	<a href="mailto:mpatel@mms.org">mpatel@mms.org</a>
Executive Committee	October 17 at 7:00 PM via Zoom	<a href="mailto:dbrennan@mms.org">dbrennan@mms.org</a>
Healthcare Systems & Finance	October 17 at 7:00 PM via Zoom	<a href="mailto:dbrennan@mms.org">dbrennan@mms.org</a>
Nominating	October 24 at 7:00 PM via Zoom	<a href="mailto:dbrennan@mms.org">dbrennan@mms.org</a>