



# Massachusetts Psychiatric Society

*your information source for psychiatry in Massachusetts*

Issue 234 September 2023

[www.psychiatry-mps.org](http://www.psychiatry-mps.org)

## FROM THE PRESIDENT

John A. Fromson, MD, DLFAPA



### Physician Health Parity Victory

I am so happy to share some really good news with you. On August 9, 2023 Gov. Maura Healey signed a \$55.98 billion state budget for Fiscal Year 2024 (FY24), making historic investments in healthcare. Included in the budget is language allowing physicians to use Physician Health Services (PHS), a 501 (c) 3 subsidiary of the Massachusetts Medical Society (MMS), for mental health issues as a Massachusetts Board of Registration in Medicine approved diversionary program. Specifically, amending M.G.L. c.112, § 5 (f) by striking out, in line 23, the word “drug” and inserting in place thereof the following words: - mental health, drug.

Since its inception decades ago, the law stated that any physician or health care provider must report to the Board of Registration in Medicine, “any physician who is habitually drunk, addicted to drugs or alcohol, or has their ability to practice medicine impaired by ‘mental instability.’” The law went on to say that if there is no evidence of harm to patients, instead of reporting a physician who is addicted to drugs or alcohol to the Board, instead, the mandated reporter could report them *directly* to PHS. However, this “diversion” from the Board was only for physicians using drugs and alcohol and *not* for other mental health issues. What the leadership of your Massachusetts Psychiatric Society (MPS) has been relentlessly advocating for is the expansion of PHS’s role as a diversionary program from the Board not only for substance use disorders (SUDs), i.e., drugs and alcohol, but also for psychiatric and behavioral issues. In other words, instead of having to report physicians with mental health problems who pose no risk to patients or have caused no patient harm to the Board of Registration in Medicine, mandated reporters will now be able to report them to PHS so they can receive rigorous monitoring and be referred for treatment, akin to what PHS now does so successfully with SUDs.

Since its founding, PHS has helped identify, refer to treatment, and guide the recovery of over 3,500 Massachusetts physicians. Amending the law to include mental health issues is a definitive win-win for physicians and patients, i.e., encouraging physicians to come forward to get help with mental health issues, thereby assuring that they practice medicine with requisite skill and safety and thereby protect the public. I am pleased and proud

to report that MPS elected leadership, Executive Committee Advisors, Council members, and staff were unanimously in support of this paradigm changing amendment. A special acknowledgment and thank you must also go to MPS government affairs consultant, Lisa Simonetti. Her in depth knowledge of current statutes, State House protocol, and direct access to legislative champions of the work of MPS made this happen.

The potential for PHS to help more Massachusetts physicians with mental health issues, especially in the context of rampant burn-out, and make PHS a national model for mental health support is now a reality that is sustainable and budgetarily neutral for PHS and the Commonwealth.

Other important healthcare items included in the budget that will go into effect 90 days from the signing on August 9 include<sup>1</sup>:

- \$173 million for Chapter 257 rate increases for human service providers;
- \$192 million from the Behavioral Health Trust Fund for one time programming aimed at recruiting and supporting a diverse behavioral workforce, including a \$100 million enhancement to the Loan Repayment Program for mental and behavioral health professionals;
- An increase of \$44.6 million for behavioral health initiatives at the Department of Mental Health to expand inpatient and community capacity;
- The addition of \$6.1 million for immigrant and refugee services, including \$1.8 million for health assessments and \$1.5 million for employment programs;
- \$2.75 million for Technology Forward to provide assistive technology and remote supports/monitoring;
- Support for a pilot to expand subsidized ConnectorCare coverage to individuals at or below 500 percent of the federal poverty limit; and

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TBD

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Mayuri Patel  
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## RESIDENT FELLOW MEMBER CORNER

Lily Millen, D.O.

### Is it Fall Debt?

For some, the crisp autumnal air, enveloping warm cinnamon sugar smell of apple cider donuts, and whirling reds, yellows, and oranges of the changing foliage are just some of the many welcome signs that Fall has arrived.

For others, September will mark the last month before student loan repayments resume.

On June 30, 2023, the US Supreme Court (USSC) overturned the Biden Administration's student-loan debt-forgiveness plan. This ruling affects nearly 45 million Americans set to benefit from an almost half-trillion-dollar program.

The Biden administration responded by hastily pursuing an alternative plan for student debt cancellation, relying on a different legal route than the one recently upended by the USSC. The process could take a year or longer, and there is no timeline or guarantee for relief.

To my colleagues and resident-fellow peers with student loan debts: prepare for repayment now.

### **What did the USSC decide?**

The USSC ruled in two cases on the same day.

In a unanimous decision, all nine justices determined that the first case, *Department of Education v. Brown*, lacked standing. The plaintiffs were two individuals not covered by the full extent of the debt forgiveness plan. They claimed to be harmed by the inability to participate in a "notice-and-comment" period, where they could advocate for more expansive debt relief. The USSC determined the plaintiffs "fail to establish that any injury they suffer from not having their loans forgiven is fairly traceable to the" debt cancellation plan.

In the second case, *Biden v. Nebraska*, a 6-3 majority of justices ruled that the debt relief plan enacted under the Higher Education Relief Opportunities for Students (HEROES) Act of 2003 was unconstitutional. Nebraska and five other states – Arkansas, Iowa, Kansas, Missouri, and South Carolina – alleged that the student debt forgiveness plan would harm state tax revenue and certain state-based loan agencies.

Missouri was the only state that established 'standing'; a decision hinged on the nuances of the student loan servicer, the Missouri Higher Education Loan Authority (MOHELA). The

USSC's decision asserts that the Secretary of Education, Miguel Cardona, exceeded statutory authority by establishing that the HEROES Act granted him the power to cancel over 400 billion dollars of student loan debt.

### **How did we arrive here, and what looms ahead for borrowers?**

The COVID-19 pandemic wreaked financial havoc on many, and its ripple effects permeate the global economy. Invoked several times during the pandemic, the HEROES Act allowed the government to pause student loan payments.

The first iteration of the law was enacted following the September 11, 2001 attacks and gave the Secretary of Education the power to relieve borrowers affected by terrorist attacks. In 2003, Congress expanded the law to include borrowers who encountered economic hardship due to war, military operation, a national emergency, or being called to active duty.

In March 2020, a \$2.2 trillion economic stimulus bill, the Coronavirus Aid, Relief and Economic Security (CARES) Act, was passed by Congress and signed into law in response to the economic fallout of the pandemic. Under the authority of the HEROES Act, then-Secretary of Education Betsy DeVos paused repayment obligations for roughly \$1.6 trillion of federal student loans for more than 45 million Americans as part of a relief measure during the national emergency declared due to the COVID-19 pandemic.

This pause extended through the remainder of the Trump and Biden administrations until December 31, 2022. Before this, in August 2022, the Biden administration developed a plan under the authority of the HEROES Act to help those individuals at increased risk of delinquency or default on federal student loans in the wake of the pandemic.

The plan included directing the Department of Education to issue up to \$10,000 in student loan relief to borrowers with an adjusted gross income under \$125,000 (or \$250,000 for borrowers filing jointly) and up to \$20,000 in student loan relief for qualifying Pell Grant borrowers (who have fewer resources and are at greater risk of default)<sup>2</sup>.

In a White House statement, more than 40 million borrowers qualified for the plan, with nearly 90% of the relief benefits from borrowers earning less than \$75,000 per year<sup>2</sup>. The White

(continued on page 3)



**(continued from page 2) - RESIDENT FELLOW MEMBER**

House opened debt relief applications in October 2022. Approximately 26 million borrowers applied or were deemed automatically eligible for relief, and the Department of Education approved over 16 million<sup>2</sup>.

One month later, as opposing lawsuits erupted, the government halted applications, and loan servicers were prevented from canceling the debt. On May 11, 2023, the national COVID-19 emergency ended. In June, borrowers had their answer: payments start in October.

**Will there be any loan forgiveness for Massachusetts mental health providers?**

The COVID-19 pandemic critically strained our state's health and human service systems. We saw burnout, early retirement, and many leaving healthcare entirely. The resultant clinician and patient support staff shortage was met with a global mental health crisis and increased need for mental health and substance use professionals.

Massachusetts (MA) Loan Repayment Program (MRP) sought to address the additional disruption and strain of repaying over \$130 million in student loans across MA by aiming to support key staff in community health centers, community mental health centers, inpatient psychiatric hospitals, psychiatric units of acute care hospitals, and substance use providers. Applications for MRP opened in December 2022 and closed at the end of January 2023.

As of August 2023, any loan repayment awards through this program have yet to be received.

**What to know this Fall**

Student debt is a polarizing political topic and probably not one you want to use to kick off Thanksgiving dinner with your family this year.

Nevertheless, many residents, fellows, and current psychiatrists carry this financial weight with them incessantly. And, it is a substantial weight. That is, the average medical graduate's debt rate outpaces the inflation of academic costs, which outpaces economic inflation<sup>3</sup>. So, in 1978, the average medical school debt in the US was \$13,500, which would now be \$60,580 if adjusted for inflation. Then in 2022, this figure climbed to \$250,990 in *total* student loan debt<sup>3</sup>. If debt continues to outpace medical school costs, the average medical student debt will exceed \$300,000 by 2024<sup>3</sup>.

Student loan interest will resume on September 1, 2023, and borrowers must restart payments in October 2023. General things to consider when preparing to resume federal loan payments:

- Get organized, which includes thinking about career, family, life plans, and budget, amongst other things, while planning loan repayment.
- Log in to your Federal Student Aid (FSA) account to verify your loan details and update your contact information.
- Know your loan servicer. If unsure, visit the FSA Website: <https://studentaid.gov>
- or call the FSA Information Center (FSAIC) at 1-800-433-3243.
- Check your mail and e-mail for communication from the Department of Education, your servicer, or FSA regarding your loans.
- Speak with your servicer or a financial advisor now and ask questions. Some suggested topics to discuss include
  - Federal loan consolidation and if your institution qualifies for Public Service Loan Forgiveness (PSLF)
  - Income-driven repayment (IDR) plans that set your monthly bill at a percentage of your income and family size. IDR plans include the new Saving on Valuable Education (SAVE) Plan that replaces the Revised Pay As You Earn (REPAYE) Plan.
  - Eligibility to have your federal student loans forgiven, canceled, or discharged, meaning you will not have to pay back some or all of your loans (ex. Public Service Loan Forgiveness or PSLF).
  - Any potential concerns for late payments.

The FSA website has been updated significantly over the past year and is a helpful resource for learning more about your loans.

**The Disparities of Debt**

The menace of medical school debt is significant and disproportionately distributed across socioeconomic and racial-ethnic demographics. Low-income students are attending medical school at decreasing rates in the face of mounting debt<sup>3</sup>. Among US citizens, Black and African American medical students owe more, on average, than their peers of any other race or ethnicity<sup>3</sup>.

The threatening debt and volatile economic landscape likely mean fewer people can afford medical school. Debt and financial insecurity also potentially perpetuate further socioeconomic, racial, and ethnic disparities in medical school enrollment and healthcare overall.

As we approach the upcoming election cycle, reflect on the student debt crisis and urge policymakers to develop comprehensive solutions prioritizing equity and access to education and opportunity for all.

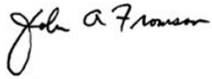
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1. "Biden v. Nebraska & Department of Education v. Brown." *American Bar Association*, [www.americanbar.org/groups/public\\_education/publications/preview\\_home/biden-v-nebraska/](http://www.americanbar.org/groups/public_education/publications/preview_home/biden-v-nebraska/). Accessed 10 Aug. 2023.
2. "Fact Sheet: Biden-Harris Administration Releases New Data Showing 26 Million People in All 50 States Applied or Were Automatically Eligible for One-Time Student Debt Relief." *The White House*, 27 Jan. 2023, [www.whitehouse.gov/briefing-room/statements-releases/2023/01/27/fact-sheet-biden-harris-administration-releases-new-data-showing-26-million-people-in-all-50-states-applied-or-were-automatically-eligible-for-one-time-student-debt-relief/](http://www.whitehouse.gov/briefing-room/statements-releases/2023/01/27/fact-sheet-biden-harris-administration-releases-new-data-showing-26-million-people-in-all-50-states-applied-or-were-automatically-eligible-for-one-time-student-debt-relief/).
3. Hanson, Melanie, and Fact Checked. "Average Medical School Debt [2023]: Student Loan Statistics." *Education Data Initiative*, 1 Jan. 2023, [educationdata.org/average-medical-school-debt](http://educationdata.org/average-medical-school-debt).
4. *Supreme Court of the United States*, [www.supremecourt.gov/opinions/22pdf/22-535\\_i3kn.pdf](http://www.supremecourt.gov/opinions/22pdf/22-535_i3kn.pdf). Accessed 10 Aug. 2023

## (continued from page 1) - FROM THE PRESIDENT

- Expansion of access to contraceptives by allowing pharmacists to prescribe and dispense hormonal contraceptives to individuals without previous prescriptions.

Thank you MPS, for supporting this important language change that gives doctors with drug, alcohol, and now mental health issues the chance to obtain much needed professional assistance so that they can experience a sustained recovery and care for their patients with requisite skill and safety.



John A. Fromson, MD, DLFAPA

President, Massachusetts Psychiatric Society

## References

1. <https://www.mass.gov/news/governor-healey-and-lieutenant-governor-driscoll-sign-56-billion-fiscal-year-2024-budget>

## Disclosure

Dr. Fromson was the founding director and president of PHS.

## Call for nominations/self-nominations for MPS representative on the Massachusetts Medical Society (MMS) House of Delegates (HOD)

MPS member is expected to attend MMS HOD meetings held two times a year and give a brief report to the MPS Council meeting immediately after the MMS HOD meeting. This is a terrific opportunity to participate in organized medicine at the state level and engage in the promotion of MPS policy planning synergy with MMS. Please submit your name or that of a colleague with contact information to Debbie Brennan @dbrennan@mms.org



- Washington, D.C.
- Thursday, Oct. 12 - Friday, Oct. 13, 8:00 a.m. - 6:00 p.m.
- Saturday, Oct. 14, 8:00 a.m. - Noon ET

The Mental Health Services Conference brings together the whole team caring for those with mental illness, including psychiatrists, nurse practitioners, primary care physicians, social workers, and more, to collaborate on practical advice to influence systems-level change for their patients.

## Call for Nominations for MPS Leadership

Each year the MPS elects members to leadership positions for the next term beginning on May 1, 2024. The Nominating Committee would like to solicit nominations from the membership and encourage broad participation in the election process and to fully represent the diverse membership of our organization.

### Positions for Nomination:

- President-elect (3 years total – President-elect, President and Immediate Past President)
- Secretary (1 position - 2 years)
- APA Representatives (1 position - 3-year term)
- MPS Councilor (2 positions - 3-year term)
- Resident Fellow Member (1 position - 2-year term)
- Nominating Committee (2 positions – 2-year term)

### Information about Positions:

The MPS Council meets on the 2nd Tuesday of every month with some variation due to holidays. In addition, the Executive Committee (Presidents, Secretary, Treasurer and Senior APA Representative) meets on the 4th Tuesday of most months, also with some variation. Council members must participate in a minimum of 80% of the Council meetings each year. APA Representatives are expected to attend two Area 1 meetings in the New England Area and two APA Assembly meetings per year.

### The Nominating Process

The Nominating Committee will hold conference calls between October and November to set the slate of candidates for approval by Council on December 12, 2023.

To submit the name of a colleague or your name for a leadership position, please send a brief bio which includes your current practice setting, subspecialty (if appropriate), specific areas of interest, and past roles or participation in MPS to our Administrative Director, Debbie Brennan ([dbrennan@mms.org](mailto:dbrennan@mms.org)). The deadline for nominations is Monday, October 23, 2023. All Nominating Committee correspondence is strictly confidential. If you submit someone else's name, please let us know if you have communicated your nomination to the person. The Nominating Committee will consider all nominations and will select a slate of candidates to be presented to the membership in the spring prior to the election which will take place via electronic ballots. The new leadership will be announced at the annual meeting on April 30, 2024.

If you have any questions, please do not hesitate to contact us.

Grace Chang, MD, MPH, Nominating Committee Chair

John A. Fromson, MD, MPS President

Nassir Ghaemi, MD, MPH, President-Elect

## Mentoring Kick Off Event, Thursday September 28, 2023 at 6:30pm

Mentoring is crucial for growth, development, support and networking. While especially true early in our careers, it can be vital at any time we seek to make a change or to expand our horizons and can help us successfully manage the many challenges we navigate in psychiatric practice.

The Antiracism Committee, in collaboration with the Early Career and Retirement Committees, is inviting you to be part of the MPS Mentoring Project and to join us for a kickoff event for current and potential mentors and mentees!

This event will be held on Thursday September 28, 2023 at 6:30pm. This will be an informal gathering to meet and greet at the Boston home of Sally Reyring, MD, which is accessible by public transportation. Drinks and a light buffet will be provided. Please RSVP to Debbie Brennan [dbrennan@mms.org](mailto:dbrennan@mms.org).

We are pleased to have already linked a substantial number of mentor/mentee pairs and remain poised to continue this process as more members join the program. If you are interested in participating, please complete the following form [clicks.memberclicks-mail.net](https://clicks.memberclicks-mail.net) (Please note that BORIM requires that a mentor have an active license.)

We envision mentor/mentee and peer mentor relationships that support almost any aspect of our practice or identity – including type of practice, populations we serve, specialty services, research, education, administration, leadership, and advocacy. Mentorship of those from historically marginalized groups has the potential to combat systemic barriers, everyday injustices, and their impact. Those with more experience have a vital role to play in supporting the next generation of psychiatrists across the state.

Please join us!

For any questions regarding the mentoring program, please reach out to Marie Hobart, MD, [mariehobart@me.com](mailto:mariehobart@me.com).

## Call for Nominations 2024 MPS Outstanding Psychiatrist Awards

MPS Awards Committee is soliciting nominations for the 2024 MPS Outstanding Psychiatrist Awards

Please consider nominating a colleague who you believe is deserving of this honor. Self-nominations are also welcome.

1. Nominee should be a Member of the Massachusetts Psychiatric Society.
2. Please send the following:
  - a. Nomination letter
  - b. Curriculum Vitae of nominee
  - c. A letter of support (if nominee has an academic appointment, a letter from the department head would be helpful).

The award categories are as follows:

**Lifetime Achievement:** This award is given to a senior psychiatrist who has made significant contributions over the course of his/her career which is now winding down.

**Advancement of the Profession:** This award is given to a psychiatrist who has advanced an area of the profession by highlighting and/or clarifying an area which has been in the background, bringing it forward, and developing it; e.g., women's issues, disaster psychiatry, refugee issues, etc.

**Clinical Psychiatry:** This award is given to a psychiatrist who is an outstanding clinician; someone who is known for having worked to clarify a particular area of interest or type of therapy and practiced it successfully.

**Education:** This award is given to a psychiatrist who has made a significant contribution to psychiatric education, e.g., establishing a residency, creating a nationally attended course, developing educational materials which can be used nationally for medical student or resident teaching. Being training director per se is not enough.

**Research:** This award is given to a psychiatrist who has made significant contributions to the development of an area of psychiatric research.

**Public Sector:** This award is given to a psychiatrist who has worked in the public sector and has been influential in reorganization or in leadership in that area or who has significantly influenced the political system in lobbying for patient's welfare.

**Early Career Psychiatry:** A psychiatrist who is in the first 10 years after completing residency (not fellowship training) who has done something outstanding in any of the above categories.

Please send your nominee's name, the award you are nominating for and a brief reason for the nomination to Mayuri Patel - mpatel@mms.org or call 781-237-8100 x1 by January 26, 2024.

Thank you!  
Fe Erlita D. Festin, MD, DLFAPA  
Chairperson of MPS Awards Committee

THE DEADLINE FOR SUBMISSION IN THE  
OCTOBER 2023 MPS NEWSLETTER SEPTEMBER 13, 2023.  
FOR ADDITIONAL ADVERTISING INFORMATION,  
PLEASE CONTACT THE MPS OFFICE AT  
(781) 237-8100 x1 OR MPS@MMS.ORG

## MPS is pleased to welcome the following New Members

### General Member:

Ruth Young Dottin, MD  
Shih Yee-Marie Tan Gipson, MD  
Mary B. O'Malley, MD  
Ashwini Nadkarni, MD

### Resident Fellow Member:

Aleena Arshad, MD  
Tiffany Chang, MD  
Joonhee Cho, MD  
Elliot Reuben Egan, MD  
Kayleigh Helgesen, MD  
Sarah B. Kovan, MD  
Christopher Laboe, MD  
Alexander Lichtenberg, MD  
Syeda Mashara, MD  
Pooja Modi, MD  
Weronika Ewa Pasciak, MD

### Transfer In:

Isabella Kathryn Caldwell, MD  
Crystal Han, MD  
Sara Kashani, MD  
Victoria Trump Redd, MD  
Ibrahim Mohamad Faisal Sabri, MD  
Elizabeth Steuber, MD



**MPS**  
Welcomes  
new residents to the  
Massachusetts  
Psychiatric Society!!

Our best wishes for your  
continued success!!



### Recently moved or planning to move.....

Remember to notify the MPS  
of any change in your mailing ad-  
dress or your email.

This will ensure that you don't miss any of the updates  
that the MPS provides during the month.



DEPARTMENT OF PSYCHIATRY – SALEM HOSPITAL

A MASSACHUSETTS GENERAL BRIGHAM FACILITY

### ADULT INPATIENT PSYCHIATRIST POSITION

The Department of Psychiatry at Salem Hospital has an outstanding opportunity for a full-time or part-time **BC/BE adult inpatient psychiatrist**.

The Epstein Center for Behavioral Health is a 120-bed inpatient facility established in affiliation with Massachusetts General Hospital (Mass General) that includes two adult units, one child and adolescent unit, and one geriatric unit, embedded in a full-service medical center. Each unit includes a team of social workers and a psychiatric Nurse Practitioner to support physicians, optimize workflow, and improve patient care.

Other clinical opportunities involve possibility of participating on the Consultation-Liaison service or in the Adult Outpatient Department.

There are multiple opportunities for teaching on-site, and a Tufts Medical School faculty appointment is available for physicians who participates in medical student training. There are also educational and research opportunities at Mass General and Harvard Medical School for the appropriate interested candidate.

Salaries are extremely competitive. Evening and weekend call are very reasonable and provide significant additional compensation.

Salem is located on the North Shore of Massachusetts, only 15 miles north of Boston. This region features all the advantages of proximity to a wonderful metropolitan area.

Interested individuals should send their CV and letter of interest to Louis Caligiuri, Executive Director of Physician Recruiting at [lcaligiuri@partners.org](mailto:lcaligiuri@partners.org).

Salem Hospital is an affirmative action/equal opportunity employer. Minorities and women are strongly encouraged to apply. Pre-employment drug screening is required. The position is eligible to participate in the federal Public Service Loan Forgiveness Program.



MASSACHUSETTS  
GENERAL HOSPITAL





## Massachusetts Psychiatric Society's

# 34<sup>th</sup> Annual Psychopharmacology Update

## Program Overview

Each year the psychopharmacology update course chair and cochair review feedback from the previous year including suggestions for topics of interest. Also, the chair has extensive experience consulting with psychiatrists who have psychopharmacology questions and become aware of prescribing issues that are not well understood by practitioners. From these sources a set of presentations was developed. The program begins with a discussion on the differential diagnosis and treatment of mania with psychosis, schizoaffective disorder, and schizophrenia. A second speaker will

focus on cannabis use in adults. After a break, a speaker will discuss hallucinogen persisting perception disorder. This will be followed by a speaker providing updates on ADHD treatments in adults. Following a lunch break, the program continues with a discussion on the treatment of agitation in patients with mania or schizophrenia. The final lecture will be on the topic of the treatment of substance use disorder during pregnancy and postpartum period. The program will end with questions and answers on any topic in psychopharmacology with a panel of the day's speakers.

## Learning Objectives

At the conclusion of this activity, participants will be able to:

- Prescribe medications without being subject to undue influence by drug company marketing
- Select the most evidence-supported medications for efficacy and safety for patients with cannabis use
- Select the most evidence-supported medications for efficacy and safety for patients with hallucinogen persisting perception disorder
- Select the most evidence-supported medications for efficacy and safety for patients with ADHD
- Select the most evidence-supported medications for efficacy and safety for patients with agitation in context of mania or schizophrenia
- Select the most evidence-supported medications for efficacy and safety for patients with substance use disorder during pregnancy and postpartum period
- Select the most evidence-supported medications for efficacy and safety for patients with schizoaffective disorder

[CLICK TO REGISTER ONLINE](#)

## AMA Credit Designation Statement

The Massachusetts Psychiatric Society designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Accreditation Statement

The Massachusetts Psychiatric Society is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

**Saturday**

**NOVEMBER 4, 2023**

**8:15 a.m.–4:00 p.m.**

**Virtual Program**

## Faculty

### **Bushra Awidi, MD**

*Psychiatrist, Partial Hospital Program  
Cape Cod & Islands CMHC  
Child and Adolescent Psychiatrist  
Massachusetts General Hospital*

### **Anderson Chen, MD**

*Psychiatrist  
Massachusetts General Hospital  
Instructor in Psychiatry  
Harvard Medical School*

### **Kevin P. Hill, MD, MHS**

*Director, Division of Addiction Psychiatry  
Beth Israel Deaconess Medical Center*

*Associate Professor of Psychiatry  
Harvard Medical School*

### **Steven E. Locke, MD, DLFAPA**

*Former Associate Professor of Psychiatry  
Harvard Medical School  
Affiliate Psychiatrist  
Beth Israel Deaconess Medical Center  
Principal  
Behavioral Health Integration Solutions, LLC*

### **David N. Osser, MD**

*Associate Professor of Psychiatry  
Harvard Medical School  
at VA Boston Healthcare System*

### **Edwin Raffi, MD, MPH**

*Perinatal and Reproductive Psychiatrist  
Massachusetts General Hospital's  
Ammon-Pinizzotto Center for Women's  
Mental Health*

*Director of Behavioral Health,  
MGH HOPE clinic for Pregnant & Postpartum  
Women with Substance Use Disorder*

*Instructor in Psychiatry  
Harvard Medical School*

### **Sean Stetson, MD**

*Assistant Professor of Psychiatry, BUSM;  
secondary with HMS*

*Staff Psychiatrist / Director of Mental Health  
Emergency Services, Boston VA*





## Program Schedule

<b>8:15-8:30 a.m.</b>	<b>Welcome and Introduction</b> <i>Anderson Chen, MD, Activity Chair</i> <i>David N. Osser, MD, Activity Co-Chair</i>
<b>8:30-9:30 a.m.</b>	<b>Differential Diagnosis and Psychopharmacology Treatment of Mania with Psychosis, Schizoaffective Disorder, and Schizophrenia</b> <i>David N. Osser, MD</i>
<b>9:30-10:30 a.m.</b>	<b>Cannabis Use in Adults</b> <i>Kevin P. Hill, MD, MHS</i>
<b>10:30-10:45 a.m.</b>	<b>BREAK</b>
<b>10:45-11:45 a.m.</b>	<b>Hallucinogen Persisting Perception Disorder (HPPD): The Trip That Never Ends</b> <i>Steven Locke, MD, DLFAPA</i>
<b>11:45-12:45 p.m.</b>	<b>ADHD Treatments in Adults</b> <i>Bushra Awidi, MD</i>
<b>12:45-1:30 p.m.</b>	<b>LUNCH</b>
<b>1:30-2:30 p.m.</b>	<b>Treatment of Agitation in Patients with Mania or Schizophrenia</b> <i>Sean Stetson, MD</i>
<b>2:30-3:30 p.m.</b>	<b>Treatment of Substance Use Disorder During Pregnancy and Postpartum Period</b> <i>Edwin Raffi, MD, MPH</i>
<b>3:30-4:00 p.m.</b>	<b>More Questions and Answers</b> <i>Panel of the Speakers</i>



## Psychiatrist, Outpatient – Atrius Health – Metro Boston

Atrius Health, a physician-led primary and specialty care group in the Boston Metro area treating one in ten Massachusetts residents, and a nationally recognized leader in value-based population health care, has an excellent opportunity to join the Division of Psychiatry in the Behavioral Health Department for outpatient position for both Child & Adolescent and Adult Psychiatrists. Both part-time and full-time positions are available, with telehealth and/or hybrid telehealth/office-based options in any of our Quincy, and Beverly locations.

In this capacity, the psychiatrist is an active member of a collaborative multidisciplinary team inclusive of other MDs, PhDs, PMHNPs, LICSWs, and Care Facilitators among others, providing psychiatric expertise and support. In addition to traditional psychiatric services, the psychiatrist may provide consultation services to any of the pediatric, primary and specialty care services as part of the Integrated Behavioral Health services. Teaching, research opportunities and faculty appointments are available through our Academic Institute and our affiliations with Harvard Medical School and Tufts University School of Medicine.

### Who are we?

Atrius Health, a pioneer and leader of value-based care in the country, is nationally recognized for transforming healthcare through clinical innovations and quality improvement. Academically affiliated, Atrius Health and its 700 and more physicians deliver an effective system of connected care for more than 705,000 adult and pediatric patients at over 30 medical practice locations in eastern and central Massachusetts. Atrius Health is committed to transforming the behavioral health care delivery system.

### Why work with us?

You have the desire to transform psychiatric care in our communities and are committed to providing high quality, evidenced based care to a diverse and growing patient population, in addition to having an exceptional compensation and benefits package including:

- Very competitive productivity-based salary with a two-year base salary guarantee.
- Generous 401(k) matching with additional 457(b) option and health savings account.
- Up to \$3,000 CME reimbursement, in addition to medical and specialty boards' licensures and other professional fees reimbursement.
- Exceptional benefits package including health, dental, life, disability, & long-term care insurance.
- Six weeks of PTO per year and ten paid holidays.

As well as a unique and supportive clinical practice with the following highlights:

- Traditional outpatient psychiatric clinic with great administrative support including scheduling, prior authorizations, refills, etc.
- Integrated care with Primary Care Providers, Pediatricians and Developmental & Behavioral Pediatricians
- Telehealth and Hybrid (Tele/Office) modalities of care delivery with great schedule flexibility enabling greater work-life balance.
- Standard clinical encounter time with one-hour for initial psychiatric evaluations and 20-30 minutes for follow-up appointments
- After hours telephonic clinical triage services
- Advanced EMR with all that EPIC can offer

### Qualifications:

- BC/BE in Child or Adult Psychiatry with recent graduates highly encouraged to apply
- Demonstrated ability to work in a team environment
- Fellowship in Addiction, in Community and Public Psychiatry, and Buprenorphine-waiver are highly desirable
- Fluency in other languages such as Spanish, Mandarin, Cantonese and other is a plus.

If this speaks to you and your career aspirations, please reach out.

Interested applicants should submit a letter of interest and curriculum vitae addressed to the Chair of Behavioral Health, Manjola Van Alphen, MD, PhD, MBA.

Lisa Scully, Physician Recruitment, Atrius Health, 275 Grove Street, Suite 3-300 Newton, MA 02466; T: 800-222-4606 or 617-559-8275 within Massachusetts;

E: [Lisa\\_Scully@atriushealth.org](mailto:Lisa_Scully@atriushealth.org) EOE/AA. [www.atriushealthproviders.org](http://www.atriushealthproviders.org)

## UMass Memorial Health and the University of Massachusetts Chan Medical School currently have openings within the Department of Psychiatry.

The Department of Psychiatry is a national leader in addiction, biological, child and adolescent, and public sector, psychiatry, neuropsychiatry, psychosocial rehabilitation, and women's mental health. We integrate our clinical, research, teaching and community partnership activities to help individuals and families transform their lives through recovery from mental illness and addiction. We are the largest provider of psychiatric services in central Massachusetts, with over 400 faculty members and 12 hospitals and community mental health centers in varied settings across the state.

Our residency program trains 7 residents per year, including general psychiatry and specialty tracks for combined adult and child psychiatry and combined psychiatry and neurology. We offer fellowships in Addiction, Adult Developmental Disabilities, Child and Adolescent, Forensic Psychiatry, and Neuropsychiatry.

Diversity, equity, and inclusion are integral to the commitment of the Department and University. Accordingly, the Department seeks qualified candidates who can contribute to racial equity, diversity and inclusion through service, mentorship, teaching and scholarship. Candidates from historically underrepresented group(s) in higher education and medicine are encouraged to apply. Candidates who possess personal characteristics that might be considered as diversifying elements among the clinical team and the larger psychiatry faculty at UMass Chan are invited to identify themselves during the application process.

### UMass Chan Medical School

**Area Medical Director:** DMH Southeast Area - Support the delivery of clinically effective and high-quality behavioral healthcare to the diverse persons served by DMH.

**Facility Medical Director (Cape Cod and Islands Mental Health Center, Pocasset, MA)** - Provides administrative and clinical oversight for the DMH-operated and contracted state hospital and community support programs. Clinical Care in our Partial Hospital program.

**Full-Time Psychiatrist, Worcester Recovery Center and Hospital (WRCH)** - 2 inpatient positions.

**Director of Therapeutic Services, Child and Adolescent Psychologist, Worcester Recovery Center and Hospital (WRCH)**

**Part-Time Researcher, Implementation Science and Practice Advances Research Center (iSPARC), UMass Chan Medical School**

**Geriatric Researcher, Psychologist/Psychiatrist, UMass Chan Medical School**

For additional information on the above, please contact **Brian Daly, MD, Vice Chair, Public Sector Psychiatry**  
**bdaly@communityhealthlink.org**

Interested applicants should apply directly at <https://academicjobsonline.org/ajo/UMASSMED/Psych>  
 (J-1 and H-1B candidates are welcome to apply)

### UMass Memorial Health

**Medical Director, Psychiatric Treatment and Recovery Center (PTRC)** - oversee all program functions for this 26-bed locked, acute psychiatric unit as well as coordinate and deliver clinical care

**Attending, Psychiatric Treatment and Recovery Center (PTRC)** - provide direct clinical services and work with medical students & residents on this teaching unit

**Attending, Psychiatrist (Rotating/Cross Coverage)** - provide clinical rotating cross-coverage within the Department of Psychiatry for vacations and extended medical leaves.

**Associate Medical Director, Community Healthlink (CHL)**  
 - the ideal candidate will have a demonstrated commitment and passion for community psychiatry and an interest in a leadership role advocating for and promoting the wellbeing of traditionally underserved populations.

Interested applicants should submit a letter of interest and curriculum vitae addressed to  
**Kimberly A. Yonkers, MD**  
**c/o Carolina Mallea**  
**[carolina.mallea@umassmemorial.org](mailto:carolina.mallea@umassmemorial.org)**

<http://jobs.jobvite.com/umassmemorialmedicalgroupphysicians/search?q=&d=Psychiatry>

*As the leading employer in the Worcester area, we seek talent and ideas from individuals of varied backgrounds and viewpoints*



## OFFICE SPACE

**Back Bay, Boston** - Prestigious professional building on Marlborough Street near Public Gardens, a former 19th century mansion retaining its period detailing. Beautiful office with large windows, fireplace, high ceilings, and internet. Also, several offices with hours to sublet. Shared waiting areas, friendly, collegial atmosphere, elevator. Call Elizabeth: 617-267-0766 or email: erm82@aol.com.

**Cambridge Harvard Square** 1105 Massachusetts Ave. 11th floor. Quiet, well maintained renovated 3 office suite. 2 offices: prior master bedroom \$1280/month; prior 2nd bedroom \$1080/month. Waiting room. 1 ½ baths. Utilities, weekly cleaning included. Photos available. donaldmeyer@earthlink.net 617-491-6868

### OFFICE SUITE 1180 BEACON STREET BROOKLINE

3 offices available. Central air, kitchen, large waiting room, parking.

Price range: \$1100 - \$1475 per month

Derek Polonsky MD derekpolonsky@gmail.com



### Psychiatrist for Collaborative Multi-Disciplinary Team within Primary Care - Amherst, Massachusetts

Atkinson Family Practice, locally renowned for State-of-the-Art Collaborative Medical-Behavioral care in the Pioneer Valley is seeking a Full-time or Part-time Psychiatrist.

Work in a Primary Care Certified Medical Home with all the support structures in place for Family Practice.

Become part of our supportive practice with daily check-in huddles, multidisciplinary rounds and team meetings with PCP and Psychiatry.

We offer so much for our patients to help break the mental health barriers including classes on ACEs, Heart Math, SSP, Polyvagal, Support groups for elders living alone, those with SUD and people with chronic illnesses.

- AFP offers an abundance of administrative support to do most of your paperwork— Billing, insurance verification, Rx refills, prior authorizations, disability forms etc., so you can concentrate on patient care.
- Join our Behavioral Health team with Advanced Practitioners and therapists who provide patient-centered, trauma-informed, evidence-based psychiatry services including Spravato (nasal Ketamine) treatment and Transcranial magnetic stimulation (TMS).
- Make your own schedule with NO CALL! Limited panel size (60-minute new patient appointments and 30-minute follow-up appointments)
- We offer competitive pay and benefits for fulltime including:  
Medical and Company Paid Vision/Dental Plans  
Flex savings accounts for Health and Childcare Reimbursement  
Company paid life insurance  
Company paid Short Term Disability Insurance  
Generous Paid Time Off

To apply or for further information contact katkinson@doctorkate.net



## Outpatient Psychiatry Opportunities

### Cambridge Health Alliance (CHA)



HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL

**The Harvard Medical School Department of Psychiatry at Cambridge Health Alliance (CHA)** is seeking Full-time and Part-time **Psychiatrists, APRNs, and PAs** for our Adult Outpatient Psychiatry service and our new Community Behavioral Health Center. This first-of-its kind model removes barriers to accessing care for our underserved communities, providing walk-in/urgent care and evidence-based outpatient treatment for mental health and substance use disorders.

CHA's Department of Psychiatry is one of the primary departments of the Harvard Medical School (HMS) Department of Psychiatry. Faculty are eligible for HMS appointment at the Instructor, Assistant or Associate Professor level, commensurate with HMS appointment criteria, candidate qualifications and commitment to teaching responsibilities for HMS students, residents, and fellows. The department also has an active program of research.

Successful candidates will work with a multidisciplinary team serving the local community and providing high quality care to our underserved and diverse patient population. Candidates will also have the opportunity to contribute to teaching and supervision of residents and other trainees. Candidates must be BE or BC in Psychiatry and possess strong clinical skills and a commitment to public health populations.

CHA offers competitive compensation and a comprehensive benefits package including health and dental insurance, 403b retirement accounts with matching, generous PTO, CME allotment (time and dollars) and much more.

Qualified candidates may submit their CV through our website at [www.CHAproviders.org](http://www.CHAproviders.org), or by email to Melissa Kelley at [ProviderRecruitment@challiance.org](mailto:ProviderRecruitment@challiance.org). The Department of Provider Recruitment may be reached by phone at (617) 665-3555.

*In keeping with federal, state and local laws, Cambridge Health Alliance (CHA) policy forbids employees and associates to discriminate against anyone based on race, religion, color, gender, age, marital status, national origin, sexual orientation, relationship identity or relationship structure, gender identity or expression, veteran status, disability or any other characteristic protected by law. We are committed to establishing and maintaining a workplace free of discrimination. We are fully committed to equal employment opportunity.*

## **UHS** Universal Health Services, Inc.

### **Psychiatrist Opportunities in Massachusetts**

Universal Health Services (UHS), one of the nation's leading hospital management companies is seeking psychiatrists at behavioral health hospitals in Massachusetts. The new associates will enjoy a Monday – Friday schedule, and there is no call requirement; opportunity for per diem work is available for additional stipend. The region offers a plethora of recreational activities allowing for a professional career and a fulfilling personal lifestyle while in close proximity to Boston and Cape Cod.

Psychiatrist opportunities are available at the following locations:

**Fuller Hospital in Attleboro  
Pembroke Hospital in Pembroke**

#### **We are proud to offer:**

- \$375k Base Compensation
- Commencement bonus
- Resident/Fellowship Stipend
- 30 Days Paid Time Off
- Health Insurance
- \$3,000 CME
- Matching 401k
- Employee stock purchase plan
- Relocation
- Malpractice

Scan to view job descriptions  
and to apply directly



For consideration, please contact **Stephanie Figueroa**, In-house Physician Recruiter, Universal Health Services, at [stephanie.figueroa@uhsinc.com](mailto:stephanie.figueroa@uhsinc.com) or **(484) 695-9913**.



**MASSACHUSETTS  
GENERAL HOSPITAL**

#### **DEPARTMENT OF PSYCHIATRY – SALEM HOSPITAL** In affiliation with **MASSACHUSETTS GENERAL HOSPITAL** **Job opening for Consultation-Liaison Psychiatrist**

The Department of Psychiatry at Mass General Brigham Salem Hospital has an outstanding opportunity for a Consultation-Liaison (CL) psychiatrist. While completion of a CL, psychosomatics program is preferred, this position is also open to other candidates who have demonstrated interest and experience in consultation-liaison psychiatry. There is a potential leadership opportunity for the appropriate candidate.

Salem Hospital is unique in its breadth of psychiatric services a general hospital setting. The Epstein Center for Behavioral Health is a 120-bed inpatient facility that includes two adult units, one child and adolescent unit, and one geriatric unit, all fully part of the Medical Center and available to take patients from the emergency department and medical floors. There are also 3 outpatient sites, a separate partial hospital program for adults and for adolescents, and a team of psychiatric crisis clinicians in the emergency department 24 hours/day, 7 days/week.

Qualified candidates will receive a clinical appointment at Mass General Brigham Salem Hospital and have opportunity for a Tufts Medical School faculty appointment. There are multiple opportunities for teaching on-site. There are also educational and research opportunities at Mass General and Harvard Medical School for the appropriate interested candidate.

Salaries are extremely competitive. Evening and weekend call are very reasonable, and provide significant additional compensation.

Salem is located on the North Shore of Massachusetts, only 15 miles north of Boston. This region features all the advantages of proximity to a wonderful metropolitan area.

Interested individuals should send their CV and letter of interest to Louis Caligiuri, Executive Director of Physician Recruiting at [lcaligiuri@partners.org](mailto:lcaligiuri@partners.org).

Salem Hospital is an affirmative action/equal opportunity employer. Minorities and women are strongly encouraged to apply. Pre-employment drug screening is required. The position is eligible to participate in the federal Public Service Loan Forgiveness Program.



### AMBULATORY PSYCHIATRY POSITION

Beth Israel Deaconess Medical Center, a 650+ bed tertiary care teaching affiliated with Harvard Medical School, is recruiting for a part time ambulatory psychiatrist to provide general psychiatry and psycho-pharmacology services at our flagship community health center in Dorchester. The successful candidate for this position may be considered for a Harvard Medical School appointment at the rank of Instructor or Assistant Professor, Part-Time, commensurate with experience, achievements and teaching contributions.

The Bowdoin Street Health Center is a multi-specialty practice serving the Bowdoin-Geneva community. We provide comprehensive primary care and behavioral health services, and are staffed by 12 medical providers as well as five clinical social workers and two part-time psychiatrists. Our behavioral health department is highly collaborative and is very committed to meeting patient need. In addition, the behavioral health department is fully integrated within the health center as a whole and there is ample opportunity for close collaboration with the primary care providers.

Founded in Boston's Dorchester neighborhood in 1972 by community residents, Bowdoin Street Health Center remains focused on providing outstanding medical care while maintaining a tradition of working with residents to identify and meet their unique health needs. The mission of the health center is to provide excellent, compassionate care to our patients and support the health of the entire community.

Recognizing how social and economic factors in the community can also influence an individual's health status, Bowdoin Street actively engages with community organizations and public entities to prevent violence improve access to healthy, affordable foods and promote wellness through exercise and stress reduction.

For more information on the health center please visit our Web Site:

<http://www.bidmc.org/CentersandDepartments/Departments/CommunityHealthCenters/BowdoinStreetHealthCenter.aspx>

Applications are made online at [www.hmfphysicians.org/careers](http://www.hmfphysicians.org/careers). Please respond to requisition #201385. We are an equal opportunity employer and all qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability status, protected veteran status, gender identity, sexual orientation, pregnancy and pregnancy-related conditions or any other characteristic protected by law.



MASSACHUSETTS  
GENERAL HOSPITAL

### Child Psychiatrist Opportunity, Near Boston, MA

Mass General Brigham - Salem Hospital has an exciting opportunity for a child psychiatrist to join a thriving and growing psychiatric service in Salem, MA about 15 miles north of Boston. Salem Hospital is part of the prestigious Mass General Brigham health care system, and the Department of Psychiatry is closely aligned with Massachusetts General Hospital (MGH).

There are opportunities for this to be an inpatient, outpatient or combined position, depending on the candidate's interest and experience and matching this with Department needs.

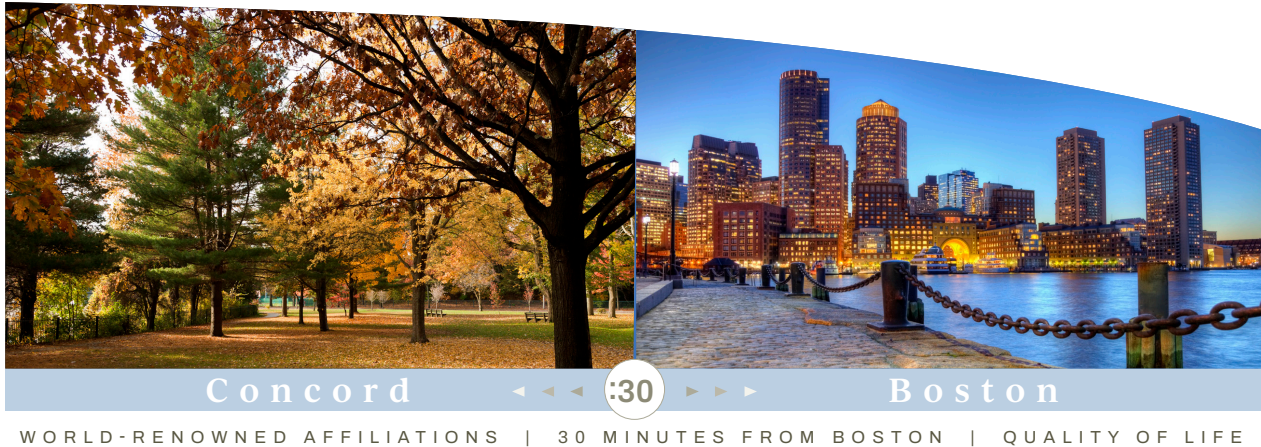
Salem Hospital provides a full spectrum of psychiatric care, including adult inpatient psychiatry, an older adult inpatient unit, a child and adolescent inpatient unit, separate partial hospital programs for adults and for adolescents, and several outpatient clinics. Inpatient care is provided at the Epstein Center for Behavioral Health, a spectacular, newly renovated facility that provides unique outdoor recreational space for patients. The Department is involved in clinical research in collaboration with our Mass General Brigham colleagues, and is a hub for the Massachusetts Child Psychiatry Access Project (MCPAP), a state supported outpatient consultation service for area pediatricians. We have a vibrant educational program, and teaching opportunities and an academic appointment are available. Physicians in the department enjoy a collegial and supportive practice environment.

Compensation is very competitive. The call schedule is very reasonable and requires no in-house coverage.

Interested candidates should forward their CV to Louis Caligiuri, Executive Director of Physician Recruiting at [lcaligiuri@partners.org](mailto:lcaligiuri@partners.org). Salem Hospital, a member of Mass General Brigham, is an affirmative action/equal opportunity employer. Minorities and women are strongly encouraged to apply.



# Location, Location, Location



Exciting opportunity to join the behavioral health department at Emerson Hospital, a vibrant community hospital located in historic Concord, Massachusetts. We have full-time as well as moonlighting opportunities available. Primary responsibilities include:

- Treatment of patients on our 31-bed adult inpatient unit
- Average daily caseload of 8 or less per physician
- Performing psychiatric consults on the medical/surgical floors and collaboration with our medical colleagues
- Coverage of emergency room psychiatric patients
- Competitive salary and compensation package
- Additional income for weekend call

## For inquiries, please contact:

Diane Forte Willis,  
Director of Physician Recruitment and Relations  
dfortewillis@emersonhosp.org  
Phone: 978-287-3002 • Fax: 978-287-3600

## About Concord, MA and Emerson Health



Our core mission is to deliver exceptional, patient-centered care that is highly reliable, safe, compassionate, equitable, efficient and coordinated. While

we provide most of the services that patients will ever need, the hospital's strong clinical collaborations with Boston's academic medical centers ensures our patients have access to world-class resources for more advanced care.

Located just 20 miles northwest of Boston in historic Concord, Massachusetts—known for its rich history, revolutionary war sites and many famous authors.

Great place to raise children with top ranked public and private schools.

Many recreational activities including hiking, biking, skiing and easy access to both the mountains and ocean.





MASSACHUSETTS  
PSYCHIATRIC SOCIETY  
860 Winter Street  
Waltham, MA 02451-1411

ADDRESS SERVICE REQUESTED

## MPS Calendar of Events

SEMPs	September 6 at 7:00 PM via Zoom	mpatel@mms.org
Antiracism Committee	September 7 at 7:00 PM via Zoom	mpatel@mms.org
Women in Psychiatry	September 11 at 7:00 PM via Zoom	mpatel@mms.org
Disaster	September 11 at 7:00 PM via Zoom	dbrennan@mms.org
Council	September 12 at 7:00 PM via Zoom	dbrennan@mms.org
HCSF	September 19 at 7:00 PM via Zoom	dbrennan@mms.org
Public Sector	September 21 at 7:00 PM via Zoom	mpatel@mms.org
Sexual Disorders	September 26 at 7:00 PM via Zoom	mpatel@mms.org
Psychotherapy	September 27 at 7:00 PM via Zoom	dbrennan@mms.org
Mentoring Kick Off Event	September 28 at 6:30 PM - In Boston	dbrennan@mms.org