

Saturday, November 7, 2026

8:15 a.m.–4:00 p.m.

Virtual Program

Massachusetts Psychiatric Society's 37th Annual Psychopharmacology Update

Program Overview

Each year the psychopharmacology update course chair and co-chair review feedback from the previous year including suggestions for topics of interest. Also, the organizers have extensive experience consulting with psychiatrists who have psychopharmacology questions and become aware of prescribing issues that are not well understood by practitioners. From these sources a set of presentations was developed. The program begins with an appraisal of hypnotics for chronic insomnia. A second speaker will focus on Clozapine-resistant schizophrenia. This will be followed by a speaker describing menopausal mood disorders, ending the

morning sessions with a potential algorithm for treatment resistant depression. The program continues with a discussion on insomnia in ADHD, followed by the final lecture on nicotine cessation pharmacotherapy algorithm. After a lunch break, there is a discussion on integrating focal psychotherapy interventions into routine pharmacotherapy. The program will end with questions and answers on any topic in psychopharmacology with a panel of the day's speakers.

Learning Objectives

At the conclusion of this activity, participants should be able to:

- Prescribe medications without being subject to undue influence by drug company marketing.
- Know when it might be appropriate to use hypnotics for chronic insomnia.
- Select the most evidence-supported medications for efficacy and safety for patients with schizophrenia.
- Appreciate the evidence-based way of prescribing in menopausal mood disorders.
- Select the most evidence-supported medications for efficacy and safety for patients with treatment resistant depression.
- Select the most evidence-supported medications for efficacy and safety for patients with insomnia in ADHD.
- Select the most evidence-supported medications for efficacy and safety for patients with nicotine use disorder.

[CLICK TO REGISTER ONLINE](#)

AMA Credit Designation Statement

The Massachusetts Psychiatric Society designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation Statement

The Massachusetts Psychiatric Society is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

REGISTRATION FEE

☐ MPS/APA/MMS MEMBER	\$175
☐ NON-MEMBER	\$225
☐ RESIDENT/FELLOW	\$15
☐ MEDICAL STUDENT (PROOF OF MEDICAL SCHOOL REQUIRED)	\$0

NEW OFFERING:

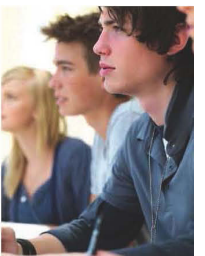
Want access to the program recordings, too? Register for the **bundle** to attend the live sessions and receive fully edited recordings. (*Recordings will be shared approximately one week later once edited*)

☐ MPS/APA/MMS MEMBER	\$225
☐ NON-MEMBER	\$275
☐ RESIDENT/FELLOW	\$65

Questions?

**Call (781) 237-8100, 8 a.m.–4 p.m. Monday
thru Friday**

**Please note the link for the conference will be
sent on November 6**



Program Schedule

8:15-8:30 a.m.

Welcome and Introduction

Anderson Chen, MD, Activity Chair

David N. Osser, MD, Activity Co-Chair

8:30-9:30 a.m.

An Appraisal of Hypnotics for Chronic Insomnia

David N. Osser, MD

9:30-10:30 a.m.

Clozapine-Resistant Schizophrenia

Dost Öngür, MD, PhD

10:30-10:45 a.m.

BREAK

10:45-11:45 p.m.

Menopausal Mood Disorders

Ruta Nonacs, MD, PhD

11:45-12:45 p.m.

A Potential Algorithm for Treatment Resistant Depression

Anderson Chen, MD

12:45-1:30 p.m.

LUNCH

1:30-2:30 p.m.

Insomnia in ADHD

Margaret Weiss, MD, PhD

2:30-3:30 p.m.

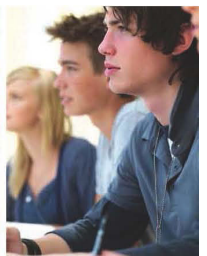
Nicotine Cessation Pharmacotherapy Algorithm

Afrah Mohammad, MD

3:30-4:00 p.m.

More Questions and Answers

Panel of the Speakers



Faculty



Anderson Chen, MD

President, Massachusetts Psychiatric Society

Psychiatrist, Massachusetts General Hospital

Instructor in Psychiatry, Harvard Medical School



Dost Öngür, MD, PhD

William P. and Henry B. Test Professor of Psychiatry, Harvard Medical School

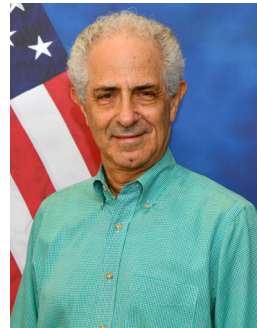
Chief, Psychotic Disorders Division, McLean Hospital



Ruta Nonacs, MD, PhD

Psychiatrist, Center for Women's Mental Health at MGH

Instructor, Harvard Medical School



David N. Osser, MD

Associate Professor of Psychiatry, Harvard Medical School at VA Boston Healthcare System



Afrah Mohammad, MD

*PGY-4 Adult Psychiatry Resident
Harvard South Shore Psychiatry Residency Program*



Margaret Danielle Weiss, MD, PhD

Director of Neurodevelopmental Disorders

Cambridge Health Alliance

Associate Professor, Harvard Medical School Dept. of Psychiatry