



Massachusetts Psychiatric Society's Psychiatry for the Primary Care Physician

Program Overview

As in most areas across the country, Massachusetts Primary Care Physicians are often the de facto providers of psychiatric care. Compared to the past, PCPs today are often responsible for diagnosing and treating patients with more serious, complicated, and chronic psychiatric disorders. We at the Massachusetts Psychiatric Society understand the clinical and professional challenges our PCP colleagues face in treating psychiatric disorders in our current clinical and social environment. As a result, we have designed this course to provide PCPs and other clinicians with lectures on salient topics of psychiatric diagnosis and treatment in Primary Care. The lectures, all from Massachusetts psychiatric experts, will offer practical updates of clinical knowledge and standards of care for common psychiatric conditions. There will be emphasis on

straightforward, experienced-based guidance, including pragmatic “what to do and how to do it” advice and skills. The course will include lectures on the following topics encountered in Primary Care: Sleep Disorders, Cognitive Decline in the Elderly, Substance Use Disorders and Approaches to Managing Alcohol and Opioid Use, Anxiety and PTSD, Depression, Suicide Assessment and Treatment with Emphasis on Risk Management, and When/Why/How to Consult Psychiatry. There will be ample time allotted to each lecture for questions/answers as well as a moderated panel session for general questions/answers to conclude the conference.

While presentations will focus on clinical issues relevant to Primary Care, MPS members are welcome and encouraged to attend.

Program Objectives

At the conclusion of this activity, participants will be able to:

- Diagnose and treat common depressive and anxiety disorders
- Understand how suicidal ideation and behavior are seen in Primary Care, assess and document suicidal seriousness, minimize risk and maximize healthy outcome

- Identify and manage common disorders of substance abuse in Primary Care
- Understand how to evaluate and manage acute and chronic sleep disturbances
- Understand how to evaluate and manage cognitive decline in the elderly
- Understand the reasons and methods of consulting Psychiatry

[CLICK TO REGISTER ONLINE](#)

AMA Credit Designation Statement

The Massachusetts Psychiatric Society designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

1.0 credit of this activity meets the criteria of the Massachusetts Board of Registration in Medicine for Risk Management Study.

1.0 credit of this activity meets the Massachusetts Board of Registration in Medicine's requirement for Risk Management Study in Opioid Education and Pain Management

Accreditation Statement

The Massachusetts Psychiatric Society is accredited by the Massachusetts Medical Society to provide medical education for physicians.

Saturday
April 29, 2023
8:15 a.m.–3:45 p.m.
Virtual Program

Faculty

John Bradley, MD, DFAPA

Immediate Past-President, Massachusetts Psychiatric Society
Director, Mental Health Service
VA Boston Healthcare System
Associate Professor of Psychiatry, Harvard Medical School

Grace Chang, MD, MPH

President, Massachusetts Psychiatric Society
Professor of Psychiatry, Harvard Medical School
Chair of the Harvard Medical School Executive Committee of Psychiatry
Head of Harvard Psychiatry, VA Boston Healthcare System
Adjunct Professor of Psychiatry, Boston University School of Medicine

Cristina Cusin, MD

Depression Clinical and Research Program
Director, Ketamine Clinic, Massachusetts General Hospital
Associate Professor in Psychiatry, Harvard Medical School

James M. Ellison MD, MPH

Director, Swank Center for Memory Care and Geriatric Consultation, ChristianaCare, Wilmington, Delaware
Swank Foundation Endowed Chair in Memory Care and Geriatrics
Professor of Psychiatry and Human Behavior, Sidney Kimmel Medical College, Thomas Jefferson University
Editor in Chief, Journal of Geriatric Psychiatry and Neurology

Robert M. Levin, MD, MPH

Assistant Professor, Psychiatry, University Massachusetts Medical School
Active Staff, Department of Psychiatry, Mount Auburn Hospital

David N. Osser, MD

Associate Professor of Psychiatry, Harvard Medical School at VA Boston Healthcare System

Margaret Cheng Tuttle, MD

Instructor in Psychiatry, Harvard Medical School
Psychiatrist, Massachusetts General Hospital
Primary Care Psychiatry, Functional Neurological Disorder Unit, and Somatic Symptom Disorder Group Chair, MPS CME Committee
Co-Chair, MPS Psychotherapy Committee

John Winkelman, MD, PhD

Professor of Psychiatry, Harvard Medical School
Chief of the Sleep Disorders Clinical Research Program, Department of Psychiatry, Massachusetts General Hospital



Program Schedule

8:15-8:30 a.m.

Welcome and Introduction

Grace Chang, MD, MPS President
Robert M. Levin, MD, MPH Activity Co-Chair
Margaret Cheng Tuttle, MD, Activity Co-Chair

8:30-9:30 a.m.

Substance Use Disorders: Approaches to Managing Alcohol and Opioid Use

Grace Chang, MD
This session meets the MA Board of Registration in Medicine's requirement for Risk Management Study in Opioid Education and Pain Management

9:30-10:30 a.m.

Suicide in Primary Care

John Bradley, MD
This session meets the criteria of the Massachusetts Board of Registration in Medicine for Risk Management Study

10:30-10:45 a.m.

BREAK

10:45-11:30 a.m.

Depression in Primary Care

Cristina Cusin, MD

11:30 a.m-12:15 p.m.

Sleep Disorders in Primary Care

John Winkelman, MD, PhD

12:15-12:45 p.m.

LUNCH BREAK

12:45-1:30 p.m.

Mild Neurocognitive Disorder: Primary Care Decisions at Dementia's Gateway

James M. Ellison, MD, MPH

1:30-2:15 p.m.

Anxiety and PTSD: Diagnosis and Treatment in Primary Care

David Osser, MD

2:15-3:00 p.m.

When/Why/How to Consult Psychiatry

Robert M. Levin, MD, MPH

3:00-3:45 p.m.

Moderated Panel Q&A

Moderators: Robert M. Levin, MD, MPH and Margaret C. Tuttle, MD

Panel: Grace Chang, MD, MPH, James M. Ellison, MD, MPH and David Osser, MD



Psychiatry for the Primary Care Physician

REGISTRATION FEE

<input type="checkbox"/> MPS/APA/MMS MEMBER	\$150
<input type="checkbox"/> NON-MEMBER	\$175
<input type="checkbox"/> ALLIED HEALTH PROFESSIONAL	\$125
<input type="checkbox"/> RESIDENT/FELLOW	\$15
<input type="checkbox"/> STUDENT	\$0

[CLICK HERE TO REGISTER](#). Please note the link for the conference will be sent on April 28. If you are unable to register online, please contact the office to register by phone.

Questions?

Call (781) 237-8100, 8 a.m.–4 p.m. Monday thru Friday