



2023 MPS OUTSTANDING PSYCHIATRIST AWARDS

EDUCATION - Richard Gomberg, MD



Dr. Richard Gomberg was graduated Summa Cum Laude from Yale University where he was elected to Phi Beta Kappa during his junior year. He then went on to Harvard Medical School from which he was graduated in 1995. During a summer he served as Congressional Fellow in the office of Senator Paul Wellstone, where Dr. Gomberg wrote legislation which addressed national mental health care and substance abuse treatment needs.

After completing a medical internship at Boston's Beth Israel Hospital, Dr. Gomberg began a psychiatric residency at the Cambridge Health Alliance where he was appointed chief resident in psychopharmacology. Following residency, he worked as an attending at Cambridge Health Alliance. The residents there awarded him the Outstanding Early Career Psychiatrist Award for his mentorship and integrative teaching of psychopharmacology and psychodynamic psychotherapy. Dr. Gomberg also taught at Harvard Medical School in the Psych- 700 Course and in the four-week Psychopharmacology Seminar.

During his last year of residency, Dr. Gomberg was accepted for training at the Boston Psychoanalytic Institute (BPSI). Upon completion of training, he applied for and received certification as a psychoanalyst by the American Psychoanalytic Association in 2013. He was appointed as Training and Supervising Analyst at BPSI in 2015. For the last 12 years Dr. Gomberg has been the Director of Psychotherapy Training and co-chair of the Education Division at BPSI. In that role he has overseen the one-year fellowship in Psychoanalytic Psychotherapy and the three-year Advanced Training Program in Psychoanalytic Psychotherapy. He was also instrumental in creating the Child Fellowship in Psychoanalytic Psychotherapy. These programs which provide psychodynamic psychotherapy education to psychiatrists, psychiatric residents, psychologists, social workers, and other mental health clinicians are nationally recognized for their excellence. Dr. Gomberg has also mentored generations of new teachers and helped recent BPSI graduates begin their careers.

Dr. Gomberg became a Training Analyst in 2015 and has taught a wide variety of courses to analytic candidates at all levels. Students have repeatedly commented on his ability to explain complicated, abstract theories in ways that make them come alive and feel clinically relevant.

Dr. Gomberg has also served as Chair of BPSI'S Academic Lecture Committee, where he helped many students give their first public presentations. He has served on the Inclusion and Diversity in Education Committee at BPSI, and he is committed to increasing the diversity of students, graduates, and faculty in our academic institutions.

Students have repeatedly commented on his ability to explain complicated, abstract theories in ways that make them come alive and feel clinically relevant. One of his students recently wrote: "Richard was hands down the most phenomenal instructor I've ever had in all my graduate and post graduate training. He set the tone for a safe, playful, curious atmosphere, and skillfully facilitated a group process wherein we all took up the work joyfully together with respect and camaraderie. He was incredibly supportive and encouraging, while delivering feedback that was clearly grounded in a wealth of expertise and commanding knowledge of theory and technique. His contributions regularly called me to think about clinical material in a new way, consider a new angle, with deep and authentic compassion for the patient as the foundation. He did a deft job of bringing in manageable pieces of theory to understand a formulation. or an intervention and was a wonderfully organizing and synthesizing force in the room."

The Massachusetts Psychiatric Society is pleased to present Dr. Richard Gomberg with the 2023 MPS Outstanding Psychiatrist Award for Education.