



## **EARLY CAREER PSYCHIATRY - Michelle P. Durham, MD, MPH, FAPA**



Dr. Michelle P. Durham matriculated at Louisiana State University as the Ronald E. McNair Scholar and made Dean's List all four years. After graduation from college with a BS in Microbiology, she went to Emory University to earn a master's in public health, Health Policy and Management. While in Atlanta, she worked as the Assistant Director for the Center of Excellence on Health Disparities at the Morehouse School of Medicine and then returned to the Louisiana State University for medical school. She was awarded several Scholarships and Travel Grants from the American Psychiatric Association and Future Leaders in Preventive Medicine.

She then came to Boston for her adult psychiatry residency at Boston Medical Center. In 2011, she was the first psychiatric resident to receive a Massachusetts Psychiatric Society Presidential Award, was inducted into the Alpha Omega Alpha National Medical Honor Society, selected for the APA/SAMHSA Minority Fellowship Program and received the American Medical Association Foundation Leadership Award. She fast tracked into the Child and Adolescent Psychiatry training program at the Yale Child Study Center in New Haven Connecticut where she served as the Chief Resident during her second year of fellowship training. After her fellowship, she returned to Boston initially holding positions at both Boston Children's Hospital and Boston Medical Center. By 2016, her work was centered in the Department of Psychiatry at Boston Medical Center. She holds Board Certification in Adult Psychiatry & Neurology, Subspecialty Board Certification in Child & Adolescent Psychiatry and Subspecialty Board Certification in Addiction Medicine.

Throughout her career, she is committed and passionate about serving marginalized communities, working for health equity and advocating for equitable mental health treatment both locally and globally. She is an academic powerhouse committed to clinical care, teaching, and research. At BMC, she is the Adult Psychiatry Residency Training Director, Public Psychiatry Fellowship Training Director, and Vice Chair of Education. Her research focuses on workforce development in groups historically excluded from medicine, training and education for both the pediatric workforce and mental health professionals. She is the Director of Clinical training for the BMC Transforming and Expanding Access to Mental Health in Urban Pediatrics (TEAM UP) which is a grant funded initiative to bring mental health care into the pediatric primary care setting in federally qualified community health centers. Through the TEAM UP initiative, she developed an e-course for the pediatric care team to build foundational skills in working with children and adolescents with behavioral health concerns.

Additionally, she is the Principal Investigator for two federally funded HRSA grants: Maternal and Child health Collaborative Office Rounds and the Achieving Culturally Competent and Equitable Substance Use Services (ACCESS) Training Program. Dr. Durham has a global reach through her work. She served as Conference Director for the African Diaspora Global Mental Health Conference in Cape Town Africa, Director of Training and the Executive Committee of the African Global Mental Health Institute, and Associate Director, Global and Local Center for Mental Health Disparities at BMC/BU School of Medicine. She has numerous presentations internationally on child mental health, trauma, behavioral assessment and treatment, Autism, and her research findings in Columbia South America, Singapore, throughout the Continent of Africa and more recently through webinars. She presents her clinical and research findings regularly at the APA's Annual meeting and the Institute of Psychiatric Services. Throughout the COVID-19 Pandemic, she has participated in webinars about racial inequities and the impact of the pandemic on youth. Additionally, this past year, she has been featured in Medscape, Psychiatric News, WGBH News, and Boston 25 News.

She currently serves as the MPS Representative to the APA Assembly, is a member of the APA Council on International Psychiatry and Global Health, the AACAP's Committee on Health Promotion and Prevention, and the ABPN Clinical Psychiatry Committee. She has received the status of Fellow of the American Psychiatric Association and Distinguished Fellow of the American Association of Child & Adolescent Psychiatry.

With such an outstanding record of professional activities within the first 10 years of her career, her enduring commitment to health disparities research and advocacy for racial equity in health care, she was resoundingly awarded the 2021 MPS Outstanding Psychiatrist Award for Early Career Psychiatry.