



LIFETIME ACHIEVEMENT – Paul Summergrad, MD, DLFAPA



Paul Summergrad, M.D. is the Dr. Frances S. Arkin professor and chairman of the Department of Psychiatry and professor of psychiatry and medicine at Tufts University, School of Medicine, and psychiatrist in chief at Tufts Medical Center positions he has held since 2004 and from which he will step down this Spring. He also served as the chairman of the Tufts Medical Center Physicians Organization. He is the Secretary for Finances and a member of the executive committee of the World Psychiatric Association Among other leadership roles Dr. Summergrad is a past president of the American Association of Chairs of Departments of Psychiatry.

Dr. Summergrad earned his medical degree from the Jacobs School of Medicine at the University at Buffalo in 1978 where he was elected to Alpha Omega Alpha in his junior year. He first completed training in internal medicine at Boston City Hospital and Boston University School of Medicine and later completed psychiatry training at the Massachusetts General Hospital and Harvard Medical School. He is also a graduate of the Boston Psychoanalytic Society and Institute. Dr. Summergrad is board certified in psychiatry, internal medicine, and psychosomatic medicine.

Dr. Summergrad is an international leader in medical psychiatric disorders and care with research focused on medical-psychiatric comorbidity. He has published over 150 peer reviewed articles and book chapters. He has edited three books: *The Textbook of Medical Psychiatry*, *Integrative Care in Psychiatry*, and *Primary Care Psychiatry*.

He currently serves on the editorial boards of *World Psychiatry*, *Current Psychiatry* and *Personalized Medicine in Psychiatry*. He was a member of the APA DSM-5 Scientific Review Committee and the DSM-5 Steering Committee. He also chaired the APA Work Group on the Role of Psychiatry in Health Care Reform.

Dr. Summergrad is the recipient of many awards in the field of Psychiatry. These awards reflect the considerable impact he has had on our field. They include: being a Distinguished Life Fellow of the APA, a Fellow of the American College of Psychiatry, a Fellow of the American College of Physicians, a Fellow of the Royal College of Physicians Edinburgh and the Leadership award of the American Association of Chairs of Departments of Psychiatry. In 2011 he was the recipient of the MPS Outstanding Psychiatrist award for the Advancement of the Profession. In 2015 he received the Distinguished Faculty Award from Tufts University School of Medicine. In 2020, he was elected to the Honorary Fellowship of the Royal College of Psychiatrists, their highest honor.

Dr. Paul Summergrad's leadership contributions to our field locally and nationally are legion. His leadership in integrating psychiatry and medicine academically and clinically and his distinguished leadership of the Tufts University Department of Psychiatry for almost 20 years are among the most notable along with his service as a past President of the Massachusetts Psychiatry Society and as the 141st President of the American Psychiatric Association from 2014-15. In recognition of his outstanding contributions to our field, the Massachusetts Psychiatric Society is honored and privileged to present Dr. Paul Summergrad with its 2023 Lifetime Achievement Award.