



## **CLINICAL PSYCHIATRY - Kerry Bloomingdale, MD**



Dr. Kerry Bloomingdale graduated magna cum laude from Yale University with honors in psychology. He then attended Harvard Medical School and completed his residency in psychiatry at the Massachusetts Mental Health Center, where he worked with Dr. Joseph Schildkraut's research group in studies on biogenic amines. He then did a fellowship in the Clinical Research Training Program at the National Institute of Mental Health. Following his training, he joined the staff of the New England Deaconess and assisted in its incorporation into the integrated psychiatric service of the Beth Israel Deaconess Medical Center (BIDMC).

Dr. Bloomingdale's primary interest has been in affective disorders and in electro-convulsive treatment (ECT) efficacy and complications. He has expanded the ECT service at BIDMC and reached out to work with physicians from other disciplines to make ECT available to medically ill patients who require additional supports to ensure safe treatment. Dr. Bloomingdale's reputation for providing excellent clinical care and his readiness to serve patients who are medically ill and severely compromised has led to his service becoming a referral center from other physicians and hospitals in the region.

Dr. Bloomingdale also has a large ambulatory clinical practice consisting of tertiary care and complex cases with patients who have not responded to treatments offered in other settings.

Dr. Bloomingdale is also an outstanding teacher and mentor, attracting to his service residents from other residencies as well as medical students and practicing psychiatrists who are interested in learning ECT. He has written on affective disorders and ECT and its complications and is also interested in other neuromodulation treatments. He has also prepared educational materials and non-print materials on ECT.

For his decades-long commitment to serving patients afflicted with affective disorders, his contributions to expanding access to ECT, and his teaching, which has helped destigmatize ECT, the MPS is pleased to award Dr. Kerry Bloomingdale with the MPS 2019 Outstanding Psychiatrist Award in Clinical Psychiatry.